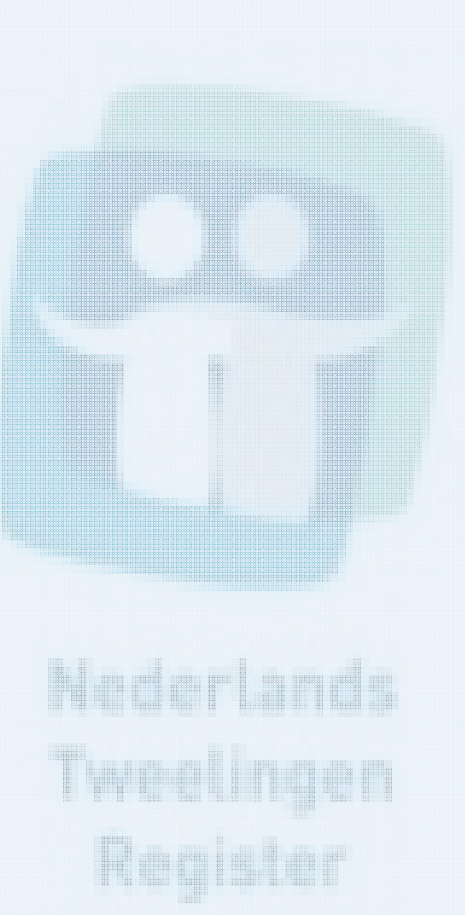


Wellbeing: A Dynamic Interplay Between Genes and Environment

BML Baselmans^{1,2}, DI Boomsma^{1,2}, M Bartels^{1,2}

1. Department of Biological Psychology, VU University Amsterdam, The Netherlands
2. EMGO⁺ Institute for Health and Care Research, VU University Amsterdam, The Netherlands.



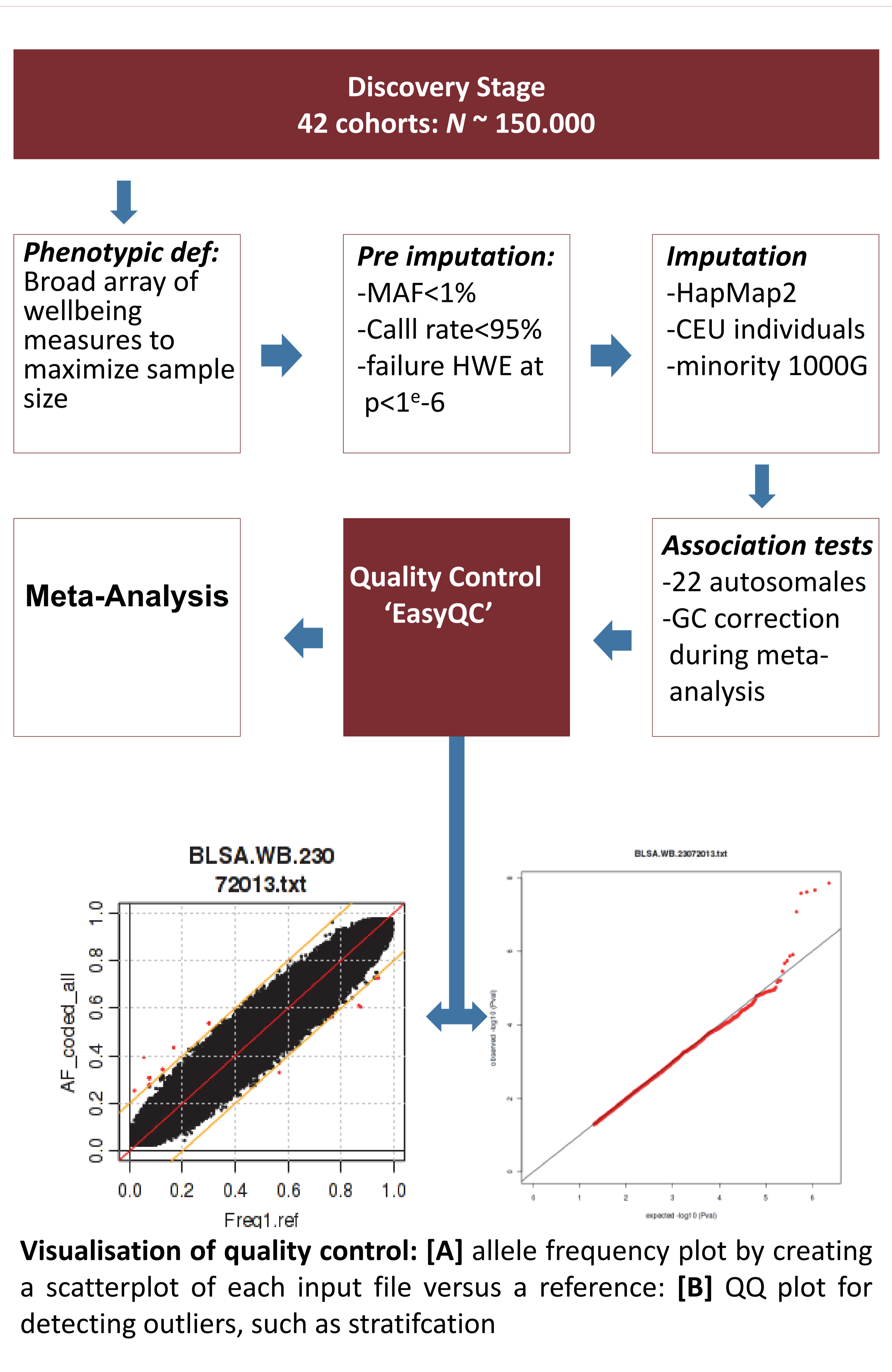
Background

In recent years, wellbeing has become a topic of research across several scientific disciplines. Wellbeing (WB) is associated with physical health, mental health, and resilience. It predicts longevity among healthy populations and the observed positive effect is of similar magnitude as the **negative effect of smoking**.

However, although increased interest:

- environmental and social influences have been studied mostly in isolation of possible genetic background of an individual.
- Genetic studies so far have ignored the dynamic interplay with the environment.

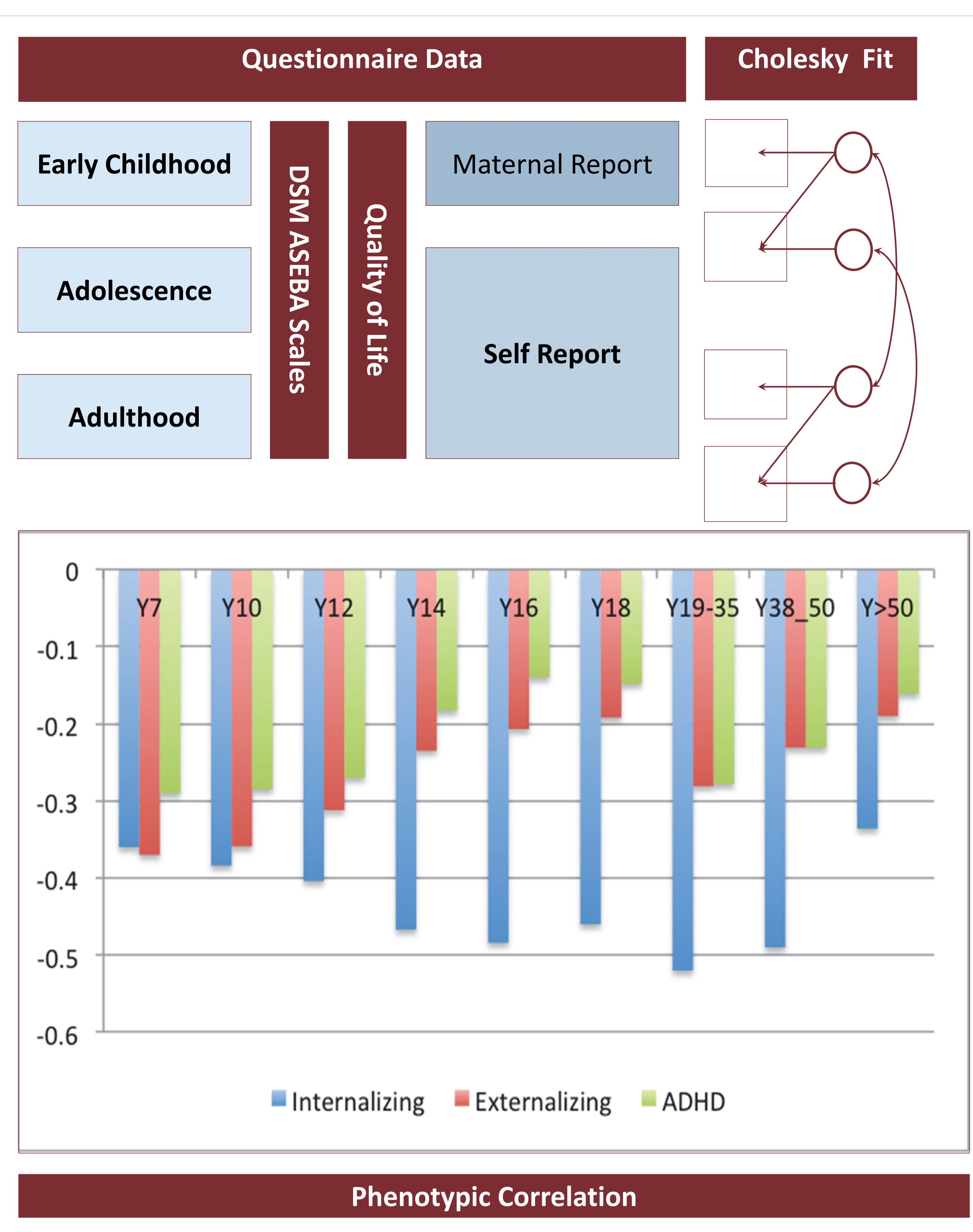
Project 2: Meta-Analysis Genome Wide Association Wellbeing



Future Plans

- Identify molecular mechanisms underlying the prospective health advantages underlying wellbeing using different gene-expression profiles.
- Search for differentially methylated regions based on phenotypic discordance or variance in exposure of promising environmental phenotypes (e.g. loneliness).

Project 1: Association Wellbeing and Psychopathology



Project 3: Polygenic prediction for NEO-PI personalities and wellbeing

