



eMed[®]

Weight Loss Programme Employee Benefit

**Make a life changing difference to
your Employee's Health & Wellbeing**

Overweight and obesity in the workplace

A growing issue

- **3 in 5 adults** in the UK are **obese or overweight** (BMI > 25)¹
- **Obesity is a risk factor** for a range of chronic health condition including **MSK, Diabetes, Cardiovascular Diseases (CVD) and Cancer**
- **Overweight/Obese Employees** are more likely to report **Mental Health disorders (+66%)**²



Impacting workplace absenteeism and presenteeism

- Overweight/Obese employees typically take an **extra 4 days sick leave** every year³
- In the workplace obese employees often have to contend with stigma, prejudice, **discrimination and bullying, which will impact on their performance**⁴
- For an organisation employing **1,000 people**, lost productivity caused by obesity could **cost more than £126,000 a year**⁴

¹ <https://www.gov.uk/government/statistics/obesity-profile-update-may-2023>

² [IPSO Research](#)

³ [Oxford Academy / CHAP Study](#)

⁴ [Obesity in the workplace](#)

GLP-1 medications effectiveness is now proven and recommended

GLP-1 medications are effective

- **22% average weight loss** for participants dosed correctly¹
- **20% lower risk of heart attack, stroke, or death** due to cardiovascular disease²

NICE National Institute for Health and Care Excellence

Recommends the use of GLP-1 semaglutide for managing overweight and obesity³

NHS

Since 2023 GLP-1 medication has been offered as part of Tier 3 Weight Management services (BMI >35)⁴



Medicines & Healthcare products Regulatory Agency

MHRA approves GLP-1 (Wegovy) to reduce risk of serious heart problems (CVD)⁵

BDA The Association of UK Dietitians

British Nutrition Foundation

Food and nutrition experts (BDA, BNF) welcome the prescribed use of GLP-1 for people living with obesity and/ or type 2 diabetes⁶

¹ Figure based on findings from The New England Journal of Medicine. Published June 4, 2022. Weight loss is achieved when combined with lifestyle changes

² [Study - University College of London](#)

³ [NICE](#)

⁴ [Department of Health & Social care](#)

⁵ [MHRA](#)

⁶ [BDA / BNF](#)

eMed has developed a Weight Loss Programme

Employee Benefit enhancing Affordability, Access and Adherence

Weight management programs challenges



Access to publicly funded (NHS)

Weight management services is (will be) **limited (<20%)**, leaving eligible patient to get access through other channels (employer, health insurer, out-of-pocket)



Optimal outcomes require holistic Patient support

Through live healthcare technicians, clinicians, side effects management and lifestyle (nutrition, exercise) guidance



Risk of waste

(qualified participants do not take their medications properly), **Fraud** (unqualified participants gain access to medications) and **Abuse** (qualified participants sell or give away their GLP-1 medications)



eMed[®]

A doctor-led weight loss solution

Our clinically-proven **Weight Loss Programme** is a safe and supported service you can access anytime, anywhere.

- Effective weight loss medication
- Easy-to-use GLP-1 weight loss injection pens
- Weekly health check-ins with eMed weight loss specialists
- Access to clinical experts and GP appointments
- Side effect management backed by video GP appointments

eMed Weight Management **offer for your employees**

1

Free introductory webinar

- Group Weight Management Online Webinar
- FREE for your whole workforce
- 1hr webinar
- Agenda covering: Weight management understanding, Nutrition, Physical activity, GLP-1 medications, Behavioural strategies for success

2

Free eligibility checking

- Individual Employee online eligibility checking
- FREE for your whole workforce
- BMI assessment based on height and weight

3

10% discount

Tailored programme including

- Clinician prescribed GLP-1 weight loss medication, at-home delivered
- Weekly check-ins with eMed Weight management specialist
- 24/7 ongoing support
- Side effect management backed by video GP appointments

eMed weight loss programme **outperform the market**

20%

PROGRAM PERFORMANCE

Average weight loss for participants dosed correctly

+70%

MEDICATION ADHERENCE

Increase in adherence via check ins and weekly text reminders

11x

WEEKLY CHECK-INS

11x More likely to lose >5% of weight in 6 months with consistent self-reporting

-50%

SIDE EFFECT SUPPORT

Decrease in medication discontinuation from unmanaged side effects

eMed Weight Loss programme **drives employee satisfaction**



I've lost more than 3 stones so far...

I've had a good experience with the weight loss programme from eMed. The results are truly remarkable and visible! I've lost more than 3 stones so far.. The support is very helpful and the medications are sent at home. Highly recommended!

James



eMed transformed my life!

The eMed weight management programme has supported me in controlling my snacking & reducing my meal sizes. I'm finally starting to understand portion control and adjust to smaller portion sizes, which I've previously not managed to do.

Puja



A life-changing decision

Losing weight was always really difficult for me because I have a thyroid condition. I'd actually stopped trying weight loss solutions a while ago as nothing seemed to work. Then I started the eMed Weight Management Programme and lost 15kg really quickly!

Calinda

eMed Weight Management programme

Compared to other programmes

	eMed	Other programmes
Clinically proven weight loss medication	✓	✓
Health tracking and accountability	✓	✓
Holistic treatment plans tailored to your unique needs	✓	✓
Side effect support from healthcare technician	✓	✗
10 week education pack	✓	✗
On-demand healthcare technician check-ins	✓	✗