

Soak Up The Summer Bucket List



1. Make Nice Cream ([US/CA](#)) and build your own sundaes
2. Take a dip—jump in a lake or pool, snack on Hummus ([US/CA](#)) & chips, or both
3. Make Steamer S'mores ([US/CA](#))
4. Blow bubbles
5. Share the Soak Up the Summer Bucket List with a friend
6. Make Sweet Watermelon Pizza ([US/CA](#))
7. Visit a farmer's market, farm stand, or local grocer
8. Run through a sprinkler or walk barefoot through the grass
9. Have a summer *#DanceParty*
10. Hike a new trail or walk a new route
11. Build a sandcastle or jump rope outside
12. Make fresh lemonade. Try the **2-in-1 Citrus Press** ([US/CA](#)) to strain seeds and pulp.
13. Take a 'Soak Up the Summer' selfie and tag *#EpicureOfficial*
14. Eat juicy summer fruit
15. Watch the sunrise or sunset. Share your pic on social and tag *#SoakUptheSummer*.
16. Have a family game night. Try **Ooey Goopy Queso Dip Mix** & chips ([US/CA](#)).
17. Build the ultimate burger. Try Smokin' Good BBQ Burgers ([US/CA](#)).
18. Snack on 3 Onion Dip ([US/CA](#)) & chips
19. Paint rocks or seashells
20. Start a gratitude jar
21. Perform a random act of kindness
22. Hit a local brewery or winery. Or, set up a DIY tasting in your backyard.
23. Eat a popsicle. Try Iced Hibiscus Bliss Paletas ([US/CA](#)).
24. Have breakfast for dinner. Try Easy Peasy Waffles ([US/CA](#)) or Rancher Style Eggs & Beans ([US/CA](#)).
25. Get creative with sidewalk chalk
26. Throw a *#TacoTuesday* fiesta. Try **Easy Peasy Taco Mix** ([US/CA](#)).
27. Call someone you're missing
28. Camp—in a campground, in your backyard, or in your living room
29. Enjoy cocktails or mocktails with your *#BFFs*. Try Watermelon & Hibiscus Bliss Sangria ([US/CA](#)).
30. Pick flowers or tend to your garden
31. Have a picnic
32. Throw it back to the early pandemic days and make bread! Try our No-Knead Rosemary Garlic Bread ([US/CA](#)).
33. Cool off with a Chocolate Ice Capp ([US/CA](#))
34. Fly a kite or make a paper airplane
35. Create a summer playlist
36. Have a nap in the sun
37. Grill & chill. Try Grilled Corn and Potato Wedges ([US/CA](#)) and Spiced Peach Pops ([US/CA](#)).
38. Enjoy a Piña Colada!
39. Go down in a Glaze of Glory! Try Teriyaki Chicken Kebabs ([US/CA](#)).
40. Bake for your neighbours. Try Sweet Banana Bread & Muffins ([US/CA](#)) or Chocolate Bliss Brownies ([US/CA](#)).
41. Try the August Epicure *#TasteTest*—stay tuned for details on August 5!
42. Get your grill on—invite your friends to a backyard BBQ
43. Grow your community—find five new people or local businesses to follow on Instagram or Facebook
44. Attend Epicure's Great Summer Cookout Event
45. Build your own pizza bar with your family's fave toppings. Throw it on the bbq. Try Grilled Summer Pizza ([US/CA](#))!
46. Go on an outdoor walk
47. Write 5 goals for the fall
48. Dine al fresco
49. Eat dessert—bake your fave Sweet Treat and indulge.
50. Have a family movie marathon. Try Family-Sized Popcorn ([US/CA](#)).
51. Enjoy a day with no agenda
52. Pick up fresh summer corn and steam it! Try Steamer Corn ([US/CA](#)).
53. Play volleyball with a water balloon
54. Gaze at the stars
55. Skewer it up! Try Grilled Chicken & Zucchini Skewers ([US/CA](#)).
56. Join the Fall 2021 Epic Life Challenge ([US/CA](#))! (Stay tuned for registration details).

