

Information lecture study advisors master Onco, Cardio, Epi

Academic year 2021-2022

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1. Field of work

The study advisors aim to help you solve all kinds of problems that hinder your study progress. You can contact us if you have doubt about your study technique, with study planning issues, exam anxiety and motivation problems. You can also come by when private circumstances affect your studies or may cause a study delay. Also, if you are not sure who to contact with which question, you can contact us.

You can contact the study advisors with questions about or problems with:

- Study planning, study technique, exam preparation
- Concentration/ discipline/ procrastination
- Personal problems
- Self-image issues
- Fear of failure, perfectionism, performance pressure, stress
- Quitting your master program (temporary or permanent)
- Studying with a disability or chronic condition (dyslexia, physical disabilities, depressive symptoms, etc.)
- Referral within and outside the faculty for multiple matters
- Complaints and signals

2. Profile fund

If you experience study delay due to personal issues, family circumstances, disability, top performance or administrative activities, you may be eligible for financial aid. This is done through the Profile Fund. The most important condition for eligibility for reimbursement is that you must have reported the situation in question to the study advisor within three months after occurrence. For more information about the requirements and procedure, see: <https://vu.nl/en/student/finances/profile-fund>

3. Complaints

What is a complaint? You disagree with the way things are going. For example, you are dissatisfied with the organization or the quality of education. See: <https://vu.nl/en/student/suggestions-and-complaints/reports-suggestions-and-complaints>

4. Inappropriate behavior

When does something cross a line? If you think that verbal, non-verbal or physical behavior is really

unacceptable. For example: a supervisor who makes discriminatory remarks about a research participant. A student laughing at a fellow student during a lecture. A teacher who makes a sexual innuendo. Or worse: someone is touching you. In short, there is something going on that makes you feel embarrassed, unsafe or uncomfortable. And if you remain silent, nothing changes. Would you say something? See: <https://www.studioovu.nl/onderwijsinitiatieven/zouikwatzeggen/default.aspx> and download the app 'Zou ik wat zeggen' in the app store (in Dutch).

5. Student counselors, student psychologists and courses

The Central Student Counseling in the main building, the CSB, provides the following services, among others:

- Student counselors

You can contact them for questions that are not related to the content of the study, but have to do with studying, such as student grants, diploma term, housing and funds (Profile Fund). See: <https://vu.nl/en/student/contact-student-guidance-and-support/student-counsellor>

- Student psychologists

If you suffer from, for example, failure anxiety, procrastination or a negative self-image, you can go there for short-term guidance, see: <https://vu.nl/en/student/contact-student-guidance-and-support/student-psychological-counsellors>

- Courses and workshops

See: <https://vu.nl/en/student/training/courses-to-optimize-studying>

6. Contact details/making an appointment

- You can schedule your own appointment with the study advisor. To do this, visit our page at <https://vu.nl/en/student/contact-student-guidance-and-support/academic-advisor-faculty-of-medicine>

- Online drop-in sessions: Monday and Thursday from 14:00-15:00.

- Location consultation rooms: GH-0. Ground floor medical faculty, opposite the student desk. Only on Tuesday and Wednesday.

You can e-mail general questions to: studieadviseurs@vumc.nl. Always include your student number in your e-mail.

The study advisors are:

Marjolein Pouw Mon/Tue/Wed/Thu

Renate Dekker Tue/Wed/Thurs/Fri