

# Repetition skills

## ACE - Grow Your Skills



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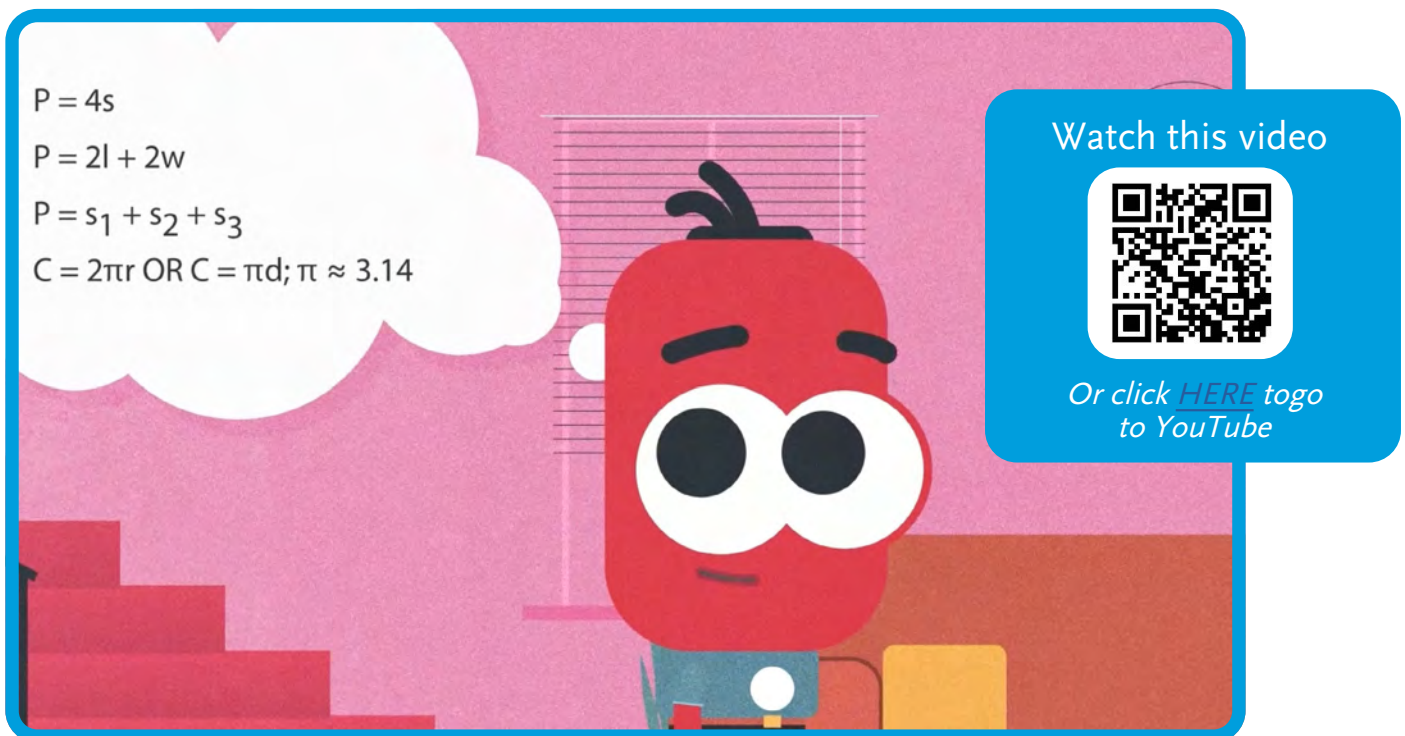
# Repetition skills

*To repeat and practice learning material.*

## Description


If you have studied and structured the study material (see the lesson plans elaboration skills and organizational skills), it is time to repeat the material. By repetition skills we mean the skill of repeating and practicing learning material, for example by rereading a text, repeating the material aloud, etc.

You are literally repeating the material and thus memorizing the material. Repeating material is important because you forget some of the learned information within a few days after learning it.



$P = 4s$   
 $P = 2l + 2w$   
 $P = s_1 + s_2 + s_3$   
 $C = 2\pi r$  OR  $C = \pi d$ ;  $\pi \approx 3.14$

Watch this video



Or click [HERE](#) to go to YouTube

## Tips

- *Spread repeating the material over several days, weeks and/or months and repeat the material several times. For example, schedule time every day or every few days to repeat the material.*
- *Repeat learning in different sequences and "drill" words/definitions.*
- *Literally copy a piece of text.*
- *Underline or highlight key words or phrases in a text.*
- *While performing a task, repeat a rule or mnemonic to yourself.*
- *Before a test, read through the material several times.*
- *Try to memorize what you learn without looking at the notes.*
- *Create flashcards with questions on one side and answers on the other so you can practice the material.*





## Assignment 2 *Making questions*

Repetition through your own questions.

In pairs, you create questions about a chapter from a text book that you have to study for a subject. Each person comes up with 10 questions about the chapter, including some open-ended questions. Write down the 10 questions below

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_
4. \_\_\_\_\_  
\_\_\_\_\_
5. \_\_\_\_\_  
\_\_\_\_\_
6. \_\_\_\_\_  
\_\_\_\_\_
7. \_\_\_\_\_  
\_\_\_\_\_
8. \_\_\_\_\_  
\_\_\_\_\_
9. \_\_\_\_\_  
\_\_\_\_\_
10. \_\_\_\_\_  
\_\_\_\_\_

Next, you will do the following:

**Step 1:** Take turns asking each other 5 questions with the book at hand.

**Step 2:** Then take turns asking each other the remaining 5 questions without the book.

**Step 3:** Then think of another question for each other to explore whether repeating the information helped retain the information.



# Literature

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