



# Direct Debit 2025

JANUARY						
S	M	T	W	T	F	S
			1	2	3	4
<b>5</b>	6	7	8	<b>9</b>	10	11
12	13	14	15	16	17	18
<b>19</b>	20	21	22	<b>23</b>	24	25
26	27	28	29	30	31	

FEBRUARY						
S	M	T	W	T	F	S
						1
<b>2</b>	3	4	5	<b>6</b>	7	8
9	10	11	12	13	14	15
<b>16</b>	17	18	19	<b>20</b>	21	22
23	24	25	26	27	28	

MARCH						
S	M	T	W	T	F	S
						1
<b>2</b>	3	4	5	<b>6</b>	7	8
9	10	11	12	13	14	15
<b>16</b>	17	18	19	<b>20</b>	21	22
23	24	25	26	27	28	29
<b>30</b>	31					

APRIL						
S	M	T	W	T	F	S
		1	2	<b>3</b>	4	5
6	7	8	9	10	11	12
<b>13</b>	14	15	16	<b>17</b>	18	19
20	21	22	23	24	25	26
<b>27</b>	28	29	30			

MAY						
S	M	T	W	T	F	S
				<b>1</b>	2	3
4	5	6	7	8	9	10
<b>11</b>	12	13	14	<b>15</b>	16	17
18	19	20	21	22	23	24
<b>25</b>	26	27	28	<b>29</b>	30	31

JUNE						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
<b>8</b>	9	10	11	<b>12</b>	13	14
15	16	17	18	19	20	21
<b>22</b>	23	24	25	<b>26</b>	27	28
29	30					

JULY						
S	M	T	W	T	F	S
		1	2	3	4	5
<b>6</b>	7	8	9	<b>10</b>	11	12
13	14	15	16	17	18	19
<b>20</b>	21	22	23	<b>24</b>	25	26
27	28	29	30	31		

AUGUST						
S	M	T	W	T	F	S
					1	2
<b>3</b>	4	5	6	<b>7</b>	8	9
10	11	12	13	14	15	16
<b>17</b>	18	19	20	<b>21</b>	22	23
24	25	26	27	28	29	30
<b>31</b>						

SEPTEMBER						
S	M	T	W	T	F	S
	1	2	3	<b>4</b>	5	6
7	8	9	10	11	12	13
<b>14</b>	15	16	17	<b>18</b>	19	20
21	22	23	24	25	26	27
<b>28</b>	29	30				

OCTOBER						
S	M	T	W	T	F	S
			1	<b>2</b>	3	4
5	6	7	8	9	10	11
<b>12</b>	13	14	15	<b>16</b>	17	18
19	20	21	22	23	24	25
<b>26</b>	27	28	29	<b>30</b>	31	

NOVEMBER						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
<b>9</b>	10	11	12	<b>13</b>	14	15
16	17	18	19	20	21	22
<b>23</b>	24	25	26	<b>27</b>	28	29
30						

DECEMBER						
S	M	T	W	T	F	S
	1	2	3	4	5	6
<b>7</b>	8	9	10	<b>11</b>	12	13
14	15	16	17	18	19	20
<b>21</b>	22	23	24	<b>25</b>	26	27
28	29	30	31			

### Key to payment schedule

- Thursday direct debit date
- Submit changes to or cancellation of membership on the Sunday before the start of the next direct debit date

### Direct debit dates

The start of the fortnightly billing date occurs each second Thursday (as indicated in 'red'). These are what we call our direct debit dates. Payments for your membership and any other fees will be deducted around this date. So please be sure your account is in order to avoid your account going into arrears.

### Changes to your membership

If you'd like to make any changes to your membership or personal training such as freezing, upgrading or transferring your membership, please let us know by completing a Change of Circumstances Request Form in writing by close of business on the Sunday before the direct debit date (as indicated in 'black')

### Cancelling your membership

If you wish to cancel your membership, please complete a Break Up Form in person at your Home Club, by close of business on the Sunday before the start of the next direct debit date (which is the