

TERMS & CONDITIONS

By signing up for Club Games 2025, you agree to agree to be bound by the following terms and conditions:

1. Eligibility

- Participants must be aged 21 years or older.
- Only active Virgin Active Thailand members are eligible to compete.

2. Registration

- All sign-ups must be completed via Eventbrite between 25 July to 10 August 2025 ("Registration Period").
- Each member and team can compete in only one race and represent only one club. Multiple registrations will be voided.
- All registrations are final and non-transferable.
- If you're unable to attend due to medical reasons or other unforeseen circumstances, please email marketing@virginactive.co.th with your team substitution request.
- All substitutions must be communicated 3 days before the competition date.

3. Event dates

Club Games is scheduled to commence on 12 - 21 August 2025 across clubs in Thailand, on various dates as follows:

Club	Date	Time Slots & Capacity per club
Virgin Active True Digital Park	12 August 2025	
Virgin Active Empire Tower	13 August 2025	 Slot 1 - 11:00 – 12:00 (15 pairs)
Virgin Active Siam Discovery	14 August 2025	Slot 2 - 17:30 – 19:00 (25 pairs) Sot 3 - 19:30 – 20:30 (15 pairs)
Virgin Active EmQuartier	18 August 2025	
Virgin Active Wireless Road	19 August 2025	
Virgin Active West Gate	20 August 2025	
Virgin Active Chiang Mai	20 August 2025	
Virgin Active EastVille	21 August 2025	

The above schedule may be subject to change as deemed necessary by Virgin Active Thailand.

4. Event Format

- This is a team-based competition, with teams of 2 same-gender participants.
- The team will be disqualified should there be only one participant on the day of the event.
- Participants must arrive at least 15 minutes before your time slot starts on the event day.
- Teams will be assigned to their starting work out by the Virgin Active Thailand team.



- The Club Games' competition format requires each team to participate in a turn-based ("You Go I Go") manner, where players alternate turns until all 8 stations are completed. Each station is to be completed this one's an EMOM (Every Minute On Minute) style, working in a 50 second on, 10 second off.
- Partner A goes first, then Partner B. You'll keep switching and pushing all the way through. within an 8-minute timeframe.
- There are 4 exercises for competition
 - o Shuttle Run (8m) Rounds
 - o Dumbbell Single-Arm Devil Press Reps
 - Kettlebell Goblet Squat Reps
 - o Kettlebell Walking Lunge Reps
- Workout Flow: A-B-A-B-B-A-B-A
- The equipment weights for this competition have been specified by Virgin Active Thailand as follows:
 - o Male-male teams: 20 kg kettlebell and/or 15 kg dumbbells.
 - o Female-female teams: 12 kg kettlebell and/or 10 kg dumbbells.

5. Attire & Equipment

- Only proper athletic footwear and apparel are allowed.
- Use of chalk, lifting belts, knee sleeves, grips, or any external support gear is not permitted.
- All equipment will be provided. Personal equipment is not allowed.

6. Scoring, Judging & Winners

- There will be two (2) winning teams per club, one (1) top male and one (1) top female pair.
- Awards will be presented to winning teams at each club location.
- Winners will be determined by the highest accumulative number of rounds and repetitions completed within the 8-minute time frame.
- In the event where any rep is not carried out accurately, "no-reps" will be called out. Judges' decisions are final.
- Movement standards will be briefed on the event day before each workout.
- In the event of scoring a tie, a tie-breaker round will take place on 22 August 2025, to decide the champion. Failure to participate in the tiebreaker round with the original team members as scheduled will result in forfeiture. The winning team will be the team that records the highest cumulative number of rounds and repetitions within the 8-minute timeframe.
- Where applicable, Virgin Active will provide details of the tiebreaker to applicable participants involved on the day of the Club Games. For example, should there be a tie for Club Games at Virgin Active Siam Discovery's Slot 2 on 14 August 2025, Virgin Active will contact applicable participants by 23:59 hours on 14 August 2025.

7. Prizes

- The top male and top female teams (total of 2 teams per club) will win a Limited-Edition Virgin Active Windbreaker Jacket (valued at 1,000 Baht per each) or equal value.
- Virgin Active Thailand will be contact the final winners by 31 August 2025 via email and winner must collect reward at club's reception desk by 15 October 2025. Any prize not collected within the said period will be forfeited.
- Virgin Active Thailand reserves the right to discard any prize(s) not collected.
- The reward cannot be exchange for cash or any Virgin Active Thailand service.



8. Conduct & Sportsmanship

- All participants must demonstrate sportsmanship and respect towards judges, staff, and fellow competitors.
- Unsportsmanlike conduct may result in penalties or disqualification.
- Virgin Active Thailand team may stop a participant if safety is at risk.

9. Media Consent

 By joining the event, you agree to be bound by these Term & Conditions and grant permission to Virgin Active Thailand to take photos or videos and use in promotional literature, not limited to website and social media channels.

10. Code of Conduct & Disqualification

- The event organisers reserve the right to disqualify any team or individual at any point for:
 - o Cheating or breaching movement standards
 - o Deliberate interference with another team
 - o Failure to follow staff or judge instructions
 - o Disrespectful or aggressive behaviour toward other participants, staff, or judges

11. Informed Consent & Risk Acknowledgement

- By registering, participants acknowledge that Club Games is a physically demanding event and involves potential risk of injury.
- Participants confirm that they are medically and physically fit to take part in the event.
- Virgin Active Thailand and its staff will not be held responsible for any injury, loss, or damage incurred during the event.

12. Changes to Programming

- Virgin Active Thailand team reserves the right to modify workouts, equipment, schedules, and movement standards at any time for safety, fairness, or logistical reasons.
- Any changes will be communicated before the affected workouts begin.

13. Late Arrival Policy

• Teams who fail to arrive and check in by 15 minutes before the competition may risk forfeiting their participation in the event.

14. Event Changes and Cancellation

- Virgin Active Thailand reserves the right to change the terms, rules, and prizes (of equal value) without prior notice.
- Virgin Active Thailand reserves the right to amend, withdraw or terminate the activity or alter the specification without prior notice.

15. Authority and Final Decision



• Virgin Active Thailand reserves the right to make the final decision on all matters relating to the terms, participation, rules, eligibility and prizes (of equal value) in activities, and the interpretation of these terms. Such decisions shall be final and binding, and no correspondence or appeal will be entertained.