

SOUND THERAPY KIT INCLUDES:

Sound therapy disks, installation brackets, installation bolts and nuts, and sound therapy receiver.

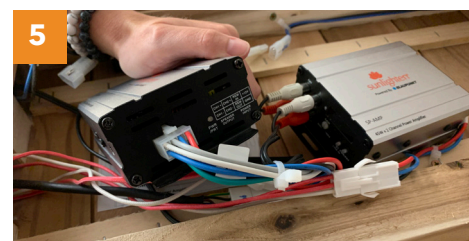
TOOLS NEEDED PRIOR TO INSTALLATION:

Screwdriver (power drill if you have one), stepstool, and a friend if needed to remove bench(es).

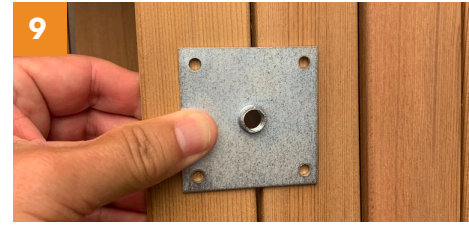
INSTALLATION STEPS

- 1 Before installation, shut down and unplug your sauna for safety.
- 2 While facing the sauna, the front, right dust cover (in mPulse) or the front dust cover (in Signature and Amplify) on the roof will need to be unscrewed and removed to reveal the hardware and wiring in the roof.
- 3 Locate the applied paper template of the receiver where it will be installed. This will be near the Bluetooth receiver. These silver boxes will look alike.
- 4 Hold the receiver with the RCA cable ports facing you. Then find the loose RCA cables of red and white to plug into CH1 and CH2 (left column) on the receiver. Match white to white and red to red.
- 5 Locate the 8-pin plug on the back of the receiver. Plug in the 8-pin (E5) cable to the back of the receiver.
- 6 Using the brackets, screw into the roof of the sauna to secure the receiver in place.
- 7 Replace the dust cover.
- 8 In the sauna, remove your heater covers, then the bench(es) (no tools required).

Instructions continued on back.



- 9 The silver brackets for the sound therapy speakers will need to be installed on the bottom of the bench. Square the bracket to the edge of the bench and position it to where the holes are aligned, then screw in each corner.
- 10 Twist the top thread of the speakers into the thread on the silver bracket. This will lock the speakers into place.
- 11 Before reinstalling the bench, plug the red/black plugs directly into the back wall of the sauna. You can leave this cord hanging for the moment. Then, install the bench and heater covers.
- 12 Connect the cord plugged into the sauna wall and the Sound Therapy speaker together. Extra slack on the cabling can be tucked underneath the bench.



CONNECTING TO AUDIO BLUETOOTH RECEIVER

- 13 Ensure your unit is plugged in and receiving power.
- 14 Open the Bluetooth menu in your device.
- 15 Connect to the Bluetooth line named "Sunlighten."
- 16 You will now be connected to the Bluetooth receiver in your Sunlighten Sauna.
- 17 Please visit sunlighten.com/music to access the Sound Therapy tracks.

You will control your selection and volume through the connected device instead of through the receiver in your sauna.

Another option is to download the Sunlighten mobile app on your phone via the App Store (for iPhone 12 or later) or Google Play store (for Android 8 or later). Search for Sunlighten. Once downloaded, you will see a Welcome screen. Click on Audio. Connect to Bluetooth per the instructions.

To ensure the integrity of your Sunlighten sauna and Bluetooth device, we advise that you do not bring your device inside of the unit; instead, select your playlist or tracks and adjust volume prior to entering your sauna.