

INTERNATIONAL COLLEGE SAMPLE TIMETABLE

| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY | |
|-------|--|--|--|--|--|---|---|----------------|
| 7.00 | Breakfast, shower, workout Travel to Centre | | | | | | | |
| 9.00 | SEMINAR CLASSES (17 hours per week) | SELF STUDY TIME (3 hours a day) | | SEMINAR CLASSES (17 hours per week) | SELF STUDY TIME (3 hours a day) | SELF STUDY TIME (4 hours on one weekend day) | SELF STUDY TIME (4 hours on one weekend day) | |
| 10.00 | | | SEMINAR CLASSES (17 hours per week) | SEMINAR CLASSES (17 hours per week) | | | | |
| 11.00 | | | SELF STUDY TIME (3 hours a day) | TUTORIAL CLASSES (1 hour per week) | | | | |
| 12.00 | | | Lunch | Lunch | | | | Lunch |
| 13.00 | SEMINAR CLASSES (17 hours per week) | | SELF STUDY TIME (3 hours a day) | | | Socialise with friends/play a sport | SELF STUDY TIME (4 hours on one weekend day) | |
| 14.00 | | ADDITIONAL ONE-TO-ONE TUTORIAL (3 per term/semester) | | SELF STUDY TIME (3 hours a day) | SEMINAR CLASSES (17 hours per week) | | | |
| 15.00 | | SEMINAR CLASSES (17 hours per week) | SEMINAR CLASSES (17 hours per week) | | | | | See the sights |
| 16.00 | | | | | | Evening meal | | |
| 17.00 | Evening meal | Evening meal | Evening meal | Evening meal | Evening meal | EXTRA-CURRICULAR ACTIVITY E.G. VOLUNTEERING OR PART-TIME WORK (6 hours on one weekend day) | Evening meal | |
| 18.00 | SELF STUDY TIME (3 hours a day) | EXTRA-CURRICULAR ACTIVITY E.G. VOLUNTEERING OR PART-TIME WORK (4 hours on one week day) | Play a sport/ exercise | Go shopping | Eat with friends | | See the sights | |
| 19.00 | | | | | | | | |
| 20.00 | | | | | | | | |
| 21.00 | Eat with friends | | | | | | | |
| 22.00 | | | | | | | | |

EXAMPLE TIMETABLE

This outlines how you can balance your academic studies alongside extra-curricular activities and/or leisure.

It is essential that your academic studies always come first.

- SEMINAR CLASSES
17 hours per week
- SELF STUDY TIME
4 hours on one weekend day
3 hours a day all weekdays
- TUTORIAL CLASSES
1 hour per week
- ADDITIONAL ONE-TO-ONE TUTORIAL
(3 per term/semester)
- EXTRA-CURRICULAR ACTIVITIES
6 hours on one weekend day
4 hours on one week day

Please remember that part-time work is not guaranteed and will depend on your individual timetable for each term or semester.

DISCLAIMER Please note that this is an example timetable, you will receive your personal timetable during your induction.