

Breast Cancer Awareness Month

Early detection saves lives. Let Baptist make it better! Schedule your mammogram today **Easy** Schedule at easyschedule.com

For the past 15 years, the Baptist Health Care Foundation has provided mammograms to those in our community who are uninsured and continues to raise awareness and support for early detection.

> Donate to the Mammogram Fund today! baptisthealthcarefoundation.org

> > October

events at Baptist Health Care

Wellness Education

Register in advance for these seminars at ebaptisthealthcare.org/events. Questions? Call 448.227.4938.

Mammograms: Your Essential Tool for Early Breast Cancer Detection

Wednesday, Oct. 15, 11:30 a.m. lunch; noon to 1 p.m. seminar Vikki Jordan, R.T., Senior Manager of Imaging Services Bear Family Foundation Health Center, 125 Baptist Way,

2nd Floor Conference Room

Mammograms: Your Essential Tool for Early Breast Cancer Detection

Thursday, Oct. 16, 11:30 a.m. lunch; noon to 1 p.m. seminar Vikki Jordan, R.T., Senior Manager of Imaging Services

Baptist Medical Park - Nine Mile, 9400 University Parkway, Azalea Room

Mammograms: Your Essential Tool for Early

Breast Cancer Detection

Friday, Oct. 24, 11:30 a.m. lunch; noon to 1 p.m. seminar Vikki Jordan, R.T., Senior Manager of Imaging Services Andrews Institute Athletic Performance & Research Pavilion. 1020 Gulf Breeze Parkway, Conference Room B

Blood Drives

We host blood drives throughout the year at our campuses.



Follow us on Facebook to find out when our next blood drive is. facebook.com/baptisthealthcare

Support Groups Prostate Cancer Support

Thursday, Oct. 9, 5 to 6 p.m.

Register in advance by calling Cancer Support Services at 448.227.6000.

Weight-Loss Surgery Support

Tuesday, Oct. 14, noon to 1 p.m.

Register in advance by calling Weight-Loss Support at 448.227.6250.

Stroke Recovery

Tuesday, Oct. 14, noon to 1 p.m. at Baptist Medical Park - Navarre Tuesday, Oct. 28, noon to 1 p.m. at Baptist Hospital

For more information, visit ebaptisthealthcare.org/stroke/events.

Patient and Family Cancer Support

Tuesday, Oct. 14, 4 to 5 p.m.

Register in advance by calling Cancer Support Services at 448.227.6000.

Breast Cancer Support

Tuesday, Oct. 21, 4 to 5 p.m.

Register in advance by calling Cancer Support Services at 448.227.6048.

Postpartum Support Group

These sessions are individually scheduled upon request. Please call 448.227.3840.

Prenatal Education

To register for any of these classes, visit easyschedule.com or call 448.227.1511. For more information, visit ebaptisthealthcare.org/birth/baptist-babies.

Baby Care Basics

Saturday, Oct. 4, 9 a.m. to 12:30 p.m. \$20 per class

Baby Saver - Infant CPR Saturday, Oct. 11, 10 a.m. to noon \$30 per person or two for \$50

Breastfeeding

Tuesday, Oct. 14 and Thursday, Oct. 16, 6 to 9 p.m. \$25 per series

Clases de parto y posparto en español

Estas clases en español se programan previa solicitud. Por favor llame 448.227.1511. \$125

