



Serving our community for 71 years and beyond

A LEGACY OF GROUNDBREAKING CARE

WELLNESS EDUCATION

Register in advance for these seminars at ebaptisthealthcare.org/events. Questions? Call 850.469.7897.

You Call the Shots: Vaccinations for Adults

Thursday, Jan. 12, noon to 1 p.m. Light lunch served at 11:30 a.m.
Hejab Khan, PharmD and Dana Williams, PharmD
Baptist Towers Medical Meeting Rooms, 1717 North E St., Avery Street Entrance

You Call the Shots: Vaccinations for Adults

Thursday, Jan. 19, noon to 1 p.m. Light lunch served at 11:30 a.m.
Hejab Khan, PharmD and Dana Williams, PharmD
Baptist Medical Park – Nine Mile, 9400 University Parkway, Azalea Room

Non-Surgical Orthopaedics

Friday, Jan. 27, noon to 1 p.m. Light lunch served at 11:30 a.m.
Nicholas Goyeneche, M.D., non-surgical sports medicine, Andrews Institute
Orthopaedics & Sports Medicine
Andrews Institute Athletic Performance & Research Pavilion, 1020 Gulf Breeze Parkway, Conference Room B

SUPPORT GROUPS

Weight-Loss Surgery Support

Tuesday, Jan. 10, noon to 1 p.m.
Register in advance by calling Weight-Loss Support at 850.437.8746.

Stroke Recovery

Tuesday, Jan. 10, noon to 1 p.m.
For more information, visit ebaptisthealthcare.org/stroke/events.

Patient and Family Cancer Support

Tuesday, Jan. 10, 4 to 5 p.m.
Register in advance by calling Cancer Support Services at 850.469.2224.

Prostate Cancer Support

Thursday, Jan. 12, 5 to 6 p.m.
Register in advance by calling Cancer Support Services at 850.469.2224.

PRENATAL CARE

All classes are in person, but class size will be limited and safety measures including masking and hand hygiene will be in place. To register for any of these classes, visit easyschedule.com or call 850.434.4567. Or for more information, visit ebaptisthealthcare.org/birth/baptist-babies.

Baby Care Basics

Saturday, Jan. 21, 9 a.m. to 1 p.m.
\$20 per class

Prepared Childbirth

Monday-Thursday, Jan. 2-5, 6 to 9 p.m.
\$90 per series

Baptist Birth Experience

Friday, Jan. 13, 5:30 to 7:30 p.m.
Free

Breastfeeding Class

**Tuesday, Jan. 24 and Thursday
Jan. 26, 6 to 9 p.m.**
\$25 per series

Sibling Class

Wednesday, Jan. 18, 4 to 5:30 p.m.
\$10 per child

Understanding Fertility

Monday, Jan. 30, 6 to 7:30 p.m.
Free

WHAT'S COOKING WITH BAPTIST

Thursday, Jan 19, noon to 2 p.m.

Ever'man Cooperative Grocery & Cafe
315 West Garden St.

Ever'man charges \$5 for the class, and participants receive an Ever'man coupon for \$5 off purchases of \$25 or more.

Register at ebaptisthealthcare.org/stroke/events.

JANUARY



FAITH HEALTH NETWORK

SELF-CARE VISION BOARD PARTY

Thursday, Jan. 19, 6 p.m.

Baptist Towers Medical Meeting Rooms
1717 North E St., Avery Street Entrance

Register in advance at ebaptisthealthcare.org/faithhealthnetwork.
For questions, call 850.469.PRAY (7729).

TRANSFORMING BAPTIST for the FUTURE



Looking Back on a Year of Progress

As 2022 comes to a close, we look back on the amazing progress made in the construction of our new campus on Brent Lane. At this time, nearly all exterior work on the 10-story hospital and the six-story Bear Family Foundation Health Center is complete, and work on the Behavioral Health Unit is moving forward at a quick pace. The park-like setting of the Town Square is becoming more evident as sidewalks take shape and outdoor furniture is placed beneath the towering heritage oak trees. Thanks to the outstanding efforts of our construction partners and the hundreds of men and women who have shared their special skills in building this transformational project, we remain on schedule to open in September 2023. We are grateful for their commitment to our vision to increase access to quality care in a beautiful, nurturing setting.

To learn more, visit
ebaptisthealthcare.org/transforming-baptist.

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