



Wishing you happy, healthy holidays!

WELLNESS EDUCATION

Register in advance for these seminars at ebaptisthealthcare.org/events. Questions? Call 850.469.7897.

Sepsis Prevention

Friday, Dec. 2, noon to 1 p.m. Light lunch served at 11:30 a.m.
Nova Francis, APRN, clinical interventionist, Baptist Health Care Andrews Institute Athletic Performance & Research Pavilion
1020 Gulf Breeze Parkway, Conference Room B

Reducing Inflammation for Health, Healing and Longevity

Tuesday, Dec. 13, noon to 1 p.m. Light lunch served at 11:30 a.m.
Jessica Gilkey, registered dietitian, Baptist Health Care Baptist Towers Medical Meeting Rooms, 1717 North E St. Avery Street Entrance

Management of Hypertension and Hypotension

Thursday, Dec. 15, noon to 1 p.m. Light lunch served at 11:30 a.m.
Toinetta Coolie, DNP, APRN, FNP-BC, cardiology, Baptist Heart & Vascular Institute
Baptist Medical Park – Nine Mile, 9400 University Parkway, Azalea Room

SUPPORT GROUPS

Prostate Cancer Support

Thursday, Dec. 8, 5 to 6 p.m.
Register in advance by calling Cancer Support Services at 850.469.2224.

Weight-Loss Surgery Support

Tuesday, Dec. 13, noon to 1 p.m.
Register in advance by calling Weight-Loss Support at 850.437.8746.

Stroke Recovery

Tuesday, Dec. 13, noon to 1 p.m.
For more information, visit ebaptisthealthcare.org/stroke/events.

Patient and Family Cancer Support

Tuesday, Dec. 13, 4 to 5 p.m.
Register in advance by calling Cancer Support Services at 850.469.2224.

WHAT'S COOKING WITH BAPTIST

Thursday, Dec. 15, noon to 2 p.m.

Ever'man Cooperative Grocery & Cafe
315 West Garden St.

Ever'man charges \$5 for the class, and participants receive an Ever'man coupon for \$5 off purchases of \$25 or more.

Register at ebaptisthealthcare.org/stroke/events.

DECEMBER

Holiday Hours

Urgent Care

Baptist Urgent Care – Airport

5100 North 12th Ave., Suite 101, Pensacola, FL. • 850.208.6130
Open on Christmas Day and New Year's Day, 7 a.m. to 7 p.m.

Baptist Urgent Care – Nine Mile

9400 University Parkway, Suite 101A, Pensacola, FL. • 850.208.6130
Open on Christmas Eve, Saturday, Dec. 24, 7 a.m. to 3 p.m.

Closed on Christmas Day, Sunday, Dec. 25

Open on New Year's Eve, Saturday, Dec. 31, 7 a.m. to 3 p.m.

Closed on New Year's Day, Sunday, Jan. 1

Baptist Pharmacy Hours

Open on Christmas Eve, Saturday, Dec. 24, 8:30 a.m. to 2 p.m.

Closed on Christmas Day, Sunday Dec. 25

Open on New Year's Eve, Saturday, Dec. 31, 8:30 a.m. to 2 p.m.

Closed on New Year's Day, Sunday, Jan. 1

TRANSFORMING

BAPTIST for the FUTURE

Bear Family Foundation Health Center at Our New Campus



As part of the new Baptist Hospital campus, the Bear Family Foundation Health Center is just one of the ways we are increasing easy access to a wide array of health care services for our community. Located adjacent to the hospital, the first floor of the six-story BFFHC is home to our infusion center, outpatient lab, imaging and women's imaging, radiation and medical oncology. The retail pharmacy will offer the convenience of having prescriptions filled on site. Services provided on the second floor include pre-optimization and pre-surgery consult, bariatric weight loss and cardiac rehab. Upper floors offer office space for primary care and specialty care physician practices as well as our wound care center. The new campus is set to open next September. **To learn more, visit ebaptisthealthcare.org/transforming-baptist.**

A Message from the Baptist Health Care Foundation

Our new hospital campus is our latest groundbreaking advancement that will transform health care for the future. Born from a legacy of putting people first through better access, experiences and outcomes, this investment in our Mission of helping people throughout life's journey is about much more than a physical location or a building. It represents our commitment to care for our community for generations to come.

Learn how you can be a part of this commitment by visiting baptisthealthcarefoundation.org or call 850.469.7906.

eBAPTISTHEALTHCARE.ORG

