

**Our new  
campus is  
now open  
at Brent Lane  
and I-110!**



## October

*events at Baptist Health Care*



**October is Breast Cancer Awareness Month  
Early Detection:  
The Key to Success in the Fight Against Breast Cancer**

A woman's chance of developing breast cancer in her lifetime is 1 in 8. Speak with your primary care physician if there is a history of breast cancer in your family. Decide together when a mammogram would be right for you. If you are age 40 or older, it's time to start getting regular mammograms. **Join us Sunday, Oct. 15 for Pink Ribbon Sunday at participating churches throughout Pensacola. For more information, contact the Faith Health Network at 850.469.PRAY(7729) or visit [eBaptistHealthCare.org/FaithHealthNetwork](http://eBaptistHealthCare.org/FaithHealthNetwork).**



For more than 10 years, the Baptist Health Care Foundation has provided mammograms to those who are not able to afford one. **Donate to the Mammogram Fund today!** [baptisthealthcarefoundation.org](http://baptisthealthcarefoundation.org)

### Wellness Education

Register in advance for these seminars at [ebaptisthealthcare.org/events](http://ebaptisthealthcare.org/events). Questions? Call 850.469.7897.

#### What You Need to Know About Your Annual Wellness Visit

**Thursday, Oct. 19, 11:30 a.m. lunch; noon to 1 p.m. seminar**  
Emily Purvis, population health program manager, Baptist Health Care  
Baptist Medical Park — Nine Mile, 9400 University Parkway, Azalea Room

#### What You Need to Know About Your Annual Wellness Visit

**Friday, Oct. 27, 11:30 a.m. lunch; noon to 1 p.m. seminar**  
Emily Purvis, population health program manager, Baptist Health Care  
Andrews Institute Athletic Performance & Research Pavilion  
1020 Gulf Breeze Parkway, Conference Room B

### Support Groups

#### Weight-Loss Surgery Support

**Tuesday, Oct. 10, noon to 1 p.m.**  
Register in advance by calling Weight-Loss Support at 850.437.8746.

#### Patient and Family Cancer Support

**Tuesday, Oct. 10, 4 to 5 p.m.**  
Register in advance by calling Cancer Support Services at 850.469.2224.

#### Stroke Recovery

**Tuesday, Oct. 10, noon to 1 p.m. at Baptist Medical Park — Navarre**  
**Tuesday, Oct. 24, noon to 1 p.m. at Baptist Hospital**  
For more information, visit [ebaptisthealthcare.org/stroke/events](http://ebaptisthealthcare.org/stroke/events).

#### Prostate Cancer Support

**Thursday, Oct. 12, 5 to 6 p.m.**  
Register in advance by calling Cancer Support Services at 850.469.2224.

### Prenatal Education

To register for any of these classes, visit [easyschedule.com](http://easyschedule.com) or call 850.434.4567. All classes are in person, but class size will be limited, and safety measures including hand hygiene will be in place.

#### Understanding Fertility

**Monday, Oct. 30, 6 to 7:30 p.m.**  
Free

#### Baptist Birth Experience

**Friday, Oct. 20, 5:30 to 7:30 p.m.**  
Free

#### Baby Care Basics

**Saturday, Oct. 21, 9 a.m. to 1 p.m.**  
\$20 per class

#### Breastfeeding Class

**Tuesday, Oct. 24 and Thursday, Oct. 26, 6 to 9 p.m.**  
\$25 per series



[ebaptisthealthcare.org](http://ebaptisthealthcare.org)