



# Safe Skin Screening event

Friday, July 11, 8 a.m. to noon

Casino Beach Public Safety Building, Pensacola Beach

## Wellness Education

Register in advance for these seminars at [ebaptisthealthcare.org/events](http://ebaptisthealthcare.org/events).  
Questions? Call 448.227.4938.

### Understanding Cholesterol

Wednesday, July 16, 11:30 a.m. lunch; noon to 1 p.m. seminar

William Lindsay, D.O., internal medicine, Baptist Medical Group Primary Care — East Hill  
Bear Family Foundation Health Center, 125 Baptist Way,  
2nd Floor Conference Room

### A Failing Heart: The Basics of Heart Failure

Friday, July 25, 11:30 a.m. lunch; noon to 1 p.m. seminar

Toinetta Coolie, DNP, APRN, FNP-BC, cardiology,  
Baptist Heart & Vascular Institute  
Andrews Institute Athletic Performance & Research Pavilion,  
1020 Gulf Breeze Parkway, Conference Room B

# July

*events at Baptist Health Care*

## Support Groups

### Weight-Loss Surgery Support

Tuesday, July 8, noon to 1 p.m.

Register in advance by calling Weight-Loss Support at 448.227.6250.

### Stroke Recovery

Tuesday, July 8, noon to 1 p.m. at Baptist Medical Park – Navarre

Tuesday, July 22, noon to 1 p.m. at Baptist Hospital

For more information, visit [ebaptisthealthcare.org/stroke/events](http://ebaptisthealthcare.org/stroke/events).

### Patient and Family Cancer Support

Tuesday, July 8, 4 to 5 p.m.

Register in advance by calling Cancer Support Services  
at 448.227.6000.

### Prostate Cancer Support

Thursday, July 10, 5 to 6 p.m.

Register in advance by calling Cancer Support Services at 448.227.6000.

### Breast Cancer Support

Tuesday, July 15, 4 to 5 p.m.

Register in advance by calling Cancer Support Services at 448.227.6048.

## Blood Drives

We host blood drives  
throughout the year  
at our campuses.



Follow us on Facebook for dates and times.

[Facebook.com/BaptistHealthCare](https://Facebook.com/BaptistHealthCare)

## Faith Health Network: Advocating and Navigating the Health System



June 17, 6 p.m.

Bear Family Foundation Health Center

Register in advance by calling 448.227.PRAY(7729).

## Diabetes Management Class

Thursday, July 24, 5 to 6 p.m.

For more information, contact the Pharmacotherapy Clinic at  
448.227.6221 or email [pharmacotherapy@bhcnps.org](mailto:pharmacotherapy@bhcnps.org).

## Postpartum Support Group

These sessions are individually scheduled upon request.  
Please call 448.227.3840.

## Prenatal Education

To register for any of these classes, visit [easyschedule.com](http://easyschedule.com) or call 448.227.1511.

For more information, visit [ebaptisthealthcare.org/birth/baptist-babies](http://ebaptisthealthcare.org/birth/baptist-babies).

### Prepared Childbirth

July 7 - 10, 6 to 9 p.m.

\$90 per series

### Sibling Class

July 9, 4 to 5:30 p.m.

\$10 per child

### Baptist Birth Experience

July 17, 5:30 to 8 p.m.

Free

### Grandparenting 101

July 30, 1 to 3 p.m.

\$15 per person

### Clases de parto y posparto en español

Estas clases en español se programan previa  
solicitud. Por favor llame 448.227.1511.

\$125

### Postpartum Depression Support Group

These sessions are individually scheduled upon  
request. Please call 448.227.3840.



[ebaptisthealthcare.org](http://ebaptisthealthcare.org)