



# Lung Cancer Awareness Month

You are encouraged to discuss risk factors and lifesaving screenings with your health care provider. Schedule an appointment today!

**EasySchedule**

[EasySchedule.com](http://EasySchedule.com)

## Wellness Education

Register in advance for these seminars at [ebaptisthealthcare.org/events](http://ebaptisthealthcare.org/events). Questions? Call 448.227.4938.

### Diabetes Awareness

**Friday, Nov. 7, 11:30 a.m. lunch; noon to 1 p.m. seminar**

Kelsey Cochran, MSN, FNP-C, Baptist Medical Group

Family Medicine — North Hill

Baptist Medical Park — Nine Mile, 9400 University Parkway, Azalea Room

### Rotator Cuff Tear: Symptoms and Treatment

**Friday, Nov. 14, 11:30 a.m. lunch; noon to 1 p.m. seminar**

Tracy Fox Nelson, P.A., Andrews Institute for Orthopaedics & Sports Medicine

Andrews Institute Athletic Performance & Research Pavilion,

1020 Gulf Breeze Parkway, Conference Room B

### Heart Failure: Signs, Symptoms and Treatment

**Wednesday, Nov. 19, 11:30 a.m. lunch; noon to 1 p.m. seminar**

Toinetta Coolie, DNP, APRN, FNP-BC, cardiology, Baptist Heart &

Vascular Institute

Bear Family Foundation Health Center, 125 Baptist Way,

2nd Floor Conference Room

## November

*events at Baptist Health Care*

**More Primary Care Providers.  
More Appointments.**

**Better at Baptist**



**Faith Health Network:  
Understanding Diabetes**



**Thursday, Nov. 13, 6 p.m.,  
dinner and program**

Christin Perron, registered dietitian, public health  
nutrition consultant, Escambia County Dept. of Health

**Bear Family Foundation Health Center  
125 Baptist Way, 2nd Floor Conference Center**

Register in advance by calling 448.227.PRAY(7729).

## Support Groups

### Weight-Loss Surgery Support

**Tuesday, Nov. 11, noon to 1 p.m.**

Register in advance by calling Weight-Loss Support  
at 448.227.6250.

### Patient and Family Cancer Support

**Tuesday, Nov. 11, 4 to 5 p.m.**

Register in advance by calling Cancer Support Services  
at 448.227.6000.

### Prostate Cancer Support

**Thursday, Nov. 13, 5 to 6 p.m.**

Register in advance by calling Cancer Support Services  
at 448.227.6000.

### Breast Cancer Support

**Tuesday, Nov. 18, 4 to 5 p.m.**

Register in advance by calling Cancer Support Services  
at 448.227.6048.

### Postpartum Support Group

These sessions are individually scheduled upon request.  
Please call 448.227.3840.

## Prenatal Education

To register for any of these classes, visit [easyschedule.com](http://easyschedule.com) or call 448.227.1511.

For more information, visit [ebaptisthealthcare.org/birth/baptist-babies](http://ebaptisthealthcare.org/birth/baptist-babies).

### Breastfeeding

**Tuesday, Nov. 18, 6 to 9 p.m.**

\$25 per series

### Grandparenting 101

**Wednesday, Nov. 19, 1 to 3 p.m.**

\$15 per person

### Clases de parto y posparto en español

Estas clases en español se programan previa  
solicitud. Por favor llame 448.227.1511.

\$125



[ebaptisthealthcare.org](http://ebaptisthealthcare.org)