

April 16–22 is National Head and Neck Cancer Awareness Week.

Are you at risk? Talk to your primary care provider about getting screened.



Wellness Education

Register in advance for these seminars at ebaptisthealthcare.org/events.
Questions? Call 448.227.4938.

Make It Easy! Using Digital Tools to Manage Your Health

Wednesday, April 9, 11:30 a.m. lunch; noon to 1 p.m. seminar
Emily Purvis, population health program manager
Bear Family Foundation Health Center, 125 Baptist Way,
2nd Floor Conference Room

Make It Easy! Using Digital Tools to Manage Your Health

Thursday, April 17, 11:30 a.m. lunch; noon to 1 p.m. seminar
Emily Purvis, population health program manager
Baptist Medical Park — Nine Mile, 9400 University Parkway, Azalea Room

The Obesity Epidemic: Health Impacts and Interventions

Friday, April 25, 11:30 a.m. lunch; noon to 1 p.m. seminar
Madison Johnson, PA-C, primary care
Baptist Medical Group Convenient Care — Southtowne
Andrews Institute Athletic Performance & Research Pavilion
1020 Gulf Breeze Parkway, Conference Room B

Support Groups

Weight-Loss Surgery Support

Tuesday, April 8, noon to 1 p.m.
Register in advance by calling Weight-Loss Support at 448.227.6250.

Stroke Recovery

Tuesday, April 8, noon to 1 p.m. at Baptist Medical Park – Navarre
Tuesday, April 22, noon to 1 p.m. at Baptist Hospital
For more information, visit ebaptisthealthcare.org/stroke/events.

Patient and Family Cancer Support

Tuesday, April 8, 4 to 5 p.m.
Register in advance by calling Cancer Support Services at 448.227.6000.

Prostate Cancer Support

Thursday, April 10, 5 to 6 p.m.
Register in advance by calling Cancer Support Services at 448.227.6000.

Prenatal Education

To register for any of these classes, visit easyschedule.com or call 448.227.1511.
For more information, visit ebaptisthealthcare.org/birth/baptist-babies.

Baby Care Basics

April 5, 9 a.m. to 12:30 p.m.
\$20 per class

Baby Saver - Infant CPR

April 12, 10 a.m.
\$30 per person

Breastfeeding Class

April 22 and 24, 6 to 9 p.m.
\$25 per series

Clases de parto y posparto en español

Estas clases en español se programan previa solicitud. Por favor llame 448.227.1511.
\$125

April

events at Baptist Health Care

Blood Drives

We host blood drives throughout the year at our campuses.

Follow us on Facebook to find out when our next blood drive is.
[Facebook.com/BaptistHealthCare](https://www.facebook.com/BaptistHealthCare)



oneblood
Share your power.

Faith Health Network: Bridges of Hope



Thursday, April 17, 6 p.m.
Guest Speaker: Dr. Twanna House*

125 Baptist Way, Bear Family Foundation Conference Center
Register in advance by calling 448.227.PRAY(7729).

*Provider is not an employee or agent of Baptist Health Care.

Breast Cancer Support Group

Tuesday, April 15, 4 to 5 p.m.
Bear Family Foundation Health Center, Suite 1C
For more information, call 448.227.6048.

Diabetes Management Class

Thursday, April 24, 5 to 6 p.m.
For more information, contact the Pharmacotherapy Clinic at 448.227.6221 or email pharmacotherapy@bhcpns.org.

Postpartum Support Group

These sessions are individually scheduled upon request. Please call 448.227.3840.



ebaptisthealthcare.org