



**Wishing you
happy,
healthy
holidays!**

Wellness Education

Register in advance for these seminars at ebaptisthealthcare.org/events.
Questions? Call 448.227.4938.

Stroke Awareness

Friday, Dec. 6, 11:30 a.m. lunch; noon to 1 p.m. seminar
Kate Rogers, BSN, R.N., stroke coordinator, Baptist Hospital
Andrews Institute Athletic Performance & Research Pavilion
1020 Gulf Breeze Parkway, Conference Room B

Understanding Blood Pressure

Wednesday, Dec. 11, 11:30 a.m. lunch; noon to 1 p.m. seminar
Paris Christodoulides, M.D., family medicine
Baptist Medical Group Primary Care — East Hill
Bear Family Foundation Health Center
125 Baptist Way, 2nd Floor Conference Room

Device Therapies to Treat Heart Failure

Thursday, Dec. 19, 11:30 a.m. lunch; noon to 1 p.m. seminar
Sumit Verma, M.D., FACC, FHRS, electrophysiology
Baptist Heart & Vascular Institute
Baptist Medical Park — Nine Mile
9400 University Parkway, Azalea Room

Support Groups

Weight-Loss Surgery Support

Tuesday, Dec. 10, noon to 1 p.m.
Register in advance by calling Weight-Loss Support at 448.227.6250.

Stroke Recovery

Tuesday, Dec. 10, noon to 1 p.m. at Baptist Medical Park – Navarre
Monday, Dec. 23, noon to 1 p.m. at Baptist Hospital
For more information, visit ebaptisthealthcare.org/stroke/events.

Patient and Family Cancer Support

Tuesday, Dec. 10, 4 to 5 p.m.
Register in advance by calling Cancer Support Services at
448.227.6000.

Postpartum Support Group

Dec. 11, 11 a.m. to noon
Register in advance at easyschedule.com or call 448.227.1511.

Prostate Cancer Support

Thursday, Dec. 12, 5 to 6 p.m.
Register in advance by calling Cancer Support Services at
448.227.6000.

Breast Cancer Support Group

Tuesday, Dec. 17, 4 to 5 p.m.
Bear Family Foundation Health Center, Suite 1C
For more information, call 448.227.6048.

Prenatal Education

All classes are in person, but class size will be limited and safety measures including masking and hand hygiene will be in place. To register for any of these classes, visit EasySchedule.com or call 448.227.1511. For more information, visit ebaptisthealthcare.org/birth/baptist-babies.

Infant CPR Class

Dec. 6, 6 to 8 p.m.
\$30 per person

Sibling Class

Dec. 18, 4 to 5:30 p.m.
\$10 per child

December

events at Baptist Health Care



Emergency Room & Urgent Care Christmas Day Hours

*If you need prompt care this Christmas Day holiday,
Baptist Urgent Care is here for you.*

Baptist Urgent Care — Airport

5100 North 12th Ave., Suite 101, Pensacola
850.208.6130
7 a.m. to 7 p.m.

Baptist Emergency Room & Urgent Care Locations

Baptist Medical Park — Nine Mile

9400 University Parkway, Suite 101A, Pensacola
448.227.4500

Baptist Medical Park — Navarre

8888 Navarre Pkwy, Navarre
850.908.8888

Emergency Room Open 24 Hours, 7 days a week
Urgent Care is open from 7 a.m. to 8 p.m.

Pharmacy Holiday Hours

Baptist Medical Park – Nine Mile and Towers pharmacies
will be closed on Christmas and New Years Day.
Baptist Medical Park – Nine Mile pharmacy will
observe reduced hours of 9 a.m. to 1 p.m. on
Christmas Eve and New Years Eve.

Blood Drive

Baptist Hospital
Dec. 23, 10 a.m. to 4 p.m.,
Location: Big Red Bus on campus
(Bear Health Center West Entrance)

