



Andrews Institute- Physical Medicine and Rehabilitation

We are happy to schedule you as a new patient with Dr. Zachariah Weilenman.

We are located at: 1040 Gulf Breeze Pkwy, Suite 210 Gulf Breeze, Florida 32561
Phone: 850.916.8474 Fax: 850.916.8475

Appointment Date: _____ Appointment Time: _____ Arrival Time: _____

In anticipation of your upcoming appointment, we would appreciate your attention to the following information:

- Please complete the enclosed paperwork in its entirety to ensure the most accurate records for our physicians. This includes an up-to-date medication list.
- If you are late to your appointment, we reserve the right to reschedule your appointment. This policy helps ensure a timely schedule for both the physician and our patients.
- It is the patients responsibility to verify that the physician you are seeing is in-network with the health insurance plan you have. You can call the customer service number located on the back of your health insurance card to verify this.
- Please provide our office with any pertinent medical records, x-ray, MRI, or CT reports. This is immensely helpful to the productivity of your appointment. If the imaging was done outside of the Baptist Health Care System, please bring a CD with the images so that they may be viewed by the physician at your appointment.
- Please keep in mind that our office does not take over medication management for controlled substances (i.e. opioids or narcotics).
- Please do not mail your paperwork back to us, bring the completed paperwork with you to your appointment.

We look forward to meeting you at your upcoming appointment.

Thank you for choosing the Andrews Institute Physical Medicine and Rehabilitation for your medical care needs.

Follow My Health Patient Portal Instructions

Thank you for choosing Baptist Health Care for your health needs. We want to help empower you in your health goals. Managing and accessing your care is easy and convenient with Baptist Health Care Patient Portal powered by Follow My Health. Register for this platform to:

- Review your medical information in a safe, secure environment.
- Communicate with clinical team via secure messaging.
- View test results, medications, allergies, conditions, discharge instructions, and education material.
- Request prescription renewals.

Use the Follow My Health Registration link sent to the personal email address you provided and complete the next three steps to sign up and connect. If you have not shared your email address to receive an invitation to our patient portal, you can choose to share it any time in the future by contacting your physician's office.

- 1) **Click Sign Up and Connect.** If you already have a portal account and want to connect with an additional provider, click Sign in and add this connection (skip to step 3)
- 2) **Create a username for your portal account.** By default, this will be your email address. Next, create a password following the criteria noted on the right of the screen. Confirm your password to continue.
- 3) **Connect your account.** Follow the on-screen prompts to complete your account connection. These screens include accepting our Terms of Service, entering your Invite Code [the last four digits of your social security number or your year of birth] and accepting the release of information.

You will then be ready to access and manage all of your personal health information in a secure location **24 hours a day/ 7 days a week** using any computer, smartphone or tablet.

If you have any questions regarding the registration process, please contact FollowMyHealth Support Services at 1.888.670.9775 or email noreply@followmyhealth.com

Introduction to PatientIQ

PATIENTIQ IS A PLATFORM FOR HEALTHCARE PROFESSIONALS, RESEARCHERS, AND INDUSTRY PARTNERS TO COLLABORATE ON THE MISSION TO IMPROVE PATIENT OUTCOMES.

WHY DOES ANDREWS INSTITUTE PARTNER WITH PATIENTIQ?

Our mission is to provide you excellent, cutting-edge patient care and develop new patient treatment regimens using novel technologies. The PatientIQ platform empowers our clinical teams with a modern healthcare platform to better monitor your healing and recovery, send you timely information related to your treatment plans, and gain insights into how to best treat our patients over time. We are committed to continuously improving, and that starts first with measuring our performance today.

WHAT ARE THE BENEFITS?

PatientIQ clinical pathways allow our healthcare providers and care teams to track your status and compare your progress versus other patients with a similar diagnosis and/or undergoing a similar treatment. With patient-reported outcomes, providers can garner an accurate longitudinal evaluation of their patients' health at the individual and population health levels. With analytics, PatientIQ informs decision-making by care teams, which ultimately leads to better outcomes.

HOW DOES IT WORK?

After being assessed by a provider, your care team may enroll you in a given pathway built within the PatientIQ platform. You will then be contacted via email or text to complete tasks from any device (smartphone, tablet, computer) that will aid you through your care journey, from preop to post-op, and throughout your recovery. The metrics are collected and analyzed to assist providers in decision-making.

These pathways can consist of:

- Assessments and questionnaires about your health status
- Clinical documentation - consent forms, intake forms, etc.
- Educational materials - videos, PDF documents, and other interactive content
- Self-guided physical therapy protocols and instructions
- Surveys on recent visits

These are the steps in the process:

1. You are provided care at an Andrews Institute location.
2. Your clinical signs/symptoms are logged into the electronic health record and then you may be automatically enrolled in a digital care pathway.
3. Upon enrollment, you will receive an automated email and text message from your provider, asking you to complete the assigned tasks.
4. In the email, there will be a call-to-action button that, once clicked, will open the default web browser and prompt you to complete your assigned tasks.
5. Responses are stored, calculated, and sent automatically to your care team for review.
6. Your care team will analyze results and determine action items.
7. This process will repeat at relevant intervention points throughout the journey to recovery.

If you have issues with your tasks, please [contact support@patientiq.io](mailto:support@patientiq.io)

Rm#: _____

BP: _____ HR: _____ R: _____

Ht: _____ Wt: _____

NEW PATIENT HISTORY AND PHYSICAL FORM

Patient's Name: _____ Date of Birth: ____/____/____ Age: _____

Body part being seen for: _____ Side of Body (*circle*): Right Left Both

Date symptoms began: _____ Was there an *injury*? (check) Yes No

If so, how did it happen? _____

Does the pain *spread/radiate* anywhere (ex. Arms, legs)? _____

Associated symptoms (ex. Numbness/tingling or muscle weakness)? _____

How *severe* is the pain: zero being no pain and 10 being the worst pain imaginable?

1 2 3 4 5 6 7 8 9 10

Quality: What does the pain feel like? Constant -or- Intermittent

Aching Burning Sharp Stabbing Pressure Other: _____

What makes the pain *worse*? _____

What makes the pain *better*? _____

Have you had any of the following symptoms (*circle*):

Fall within the past month

Bowel/Bladder Incontinence or Severe Constipation

Lack of sensation in the saddle region

Fever, Night sweats, or severe chills

Does the pain affect your enjoyment of life (*please explain*): _____

Does the pain limit your general activity level (*please explain*): _____

Current or Prior Pain Treatment/Therapies (please state if helpful or not helpful):

Heating pad or hot tub

Physical Therapy

Ice pack

Chiropractic Care: _____

Braces

Medication(s): _____

Acupuncture or Massage

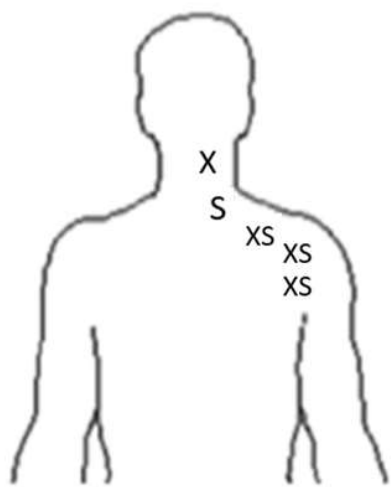
Injection(s)/Procedure(s): _____

Please use the following symbols to indicate the type and location of your pain on the drawings below.

<u>TYPE OF PAIN</u>	<u>SYMBOL</u>
Sharp	X
Shooting	->
Burning	B
Arching	A
Spasming	S
Tingling	T

EXAMPLE:
 Types of pain:
 sharp and burning

Location of pain:
 back of neck down to
 right shoulder blade




GENERAL MEDICAL INFORMATION

Do you take blood thinning medication (circle): Yes, name: _____ No

Are you pregnant or attempting to get pregnant (circle): Yes No

1. **ALLERGIES:** Please list any **allergies** and reactions to medications/substances/food in the PAST: _____ or (*circle*) NONE

	REACTION		REACTION
1)		6)	
2)		7)	
3)		8)	
4)		9)	
5)		10)	

2. **PHARMACY:** Name: _____ Location: _____

3. **MEDICATIONS:** Please list any **medication** you are currently taking:

MEDICATION	DOSE/FREQ	MEDICATION	DOSE/FREQ
1)		9)	
2)		10)	
3)		11)	
4)		12)	
5)		13)	
6)		14)	
7)		15)	
8)		16)	

4. **PAST MEDICAL HISTORY:** Check if you had any of these **medical problems** in the PAST: _____ or (*circle*) NONE

ILLNESS	Y	ILLNESS	Y	ILLNESS	Y
Anemia		Heart Attack		Peripheral Vascular Disease	
Anxiety		Heart Failure		Psychiatric Illness: _____	
Asthma		Heart Murmur		Pulmonary Embolism	
Bleeding Problems		Hepatitis B		Reflux	
Blood Clot		Hepatitis C		Rheumatoid Arthritis	
Cancer: _____		High Blood Pressure		Sjogren's Disease	
Chest Pain/ Angina		HIV/AIDS		Skin Ulcer/ Breakdown	
COVID-19		Immune Deficiency		Sleep Apnea	
Deep Vein Thrombosis		Kidney Disease		Steroid Use	
Depression		Latex Allergy		Stroke	
Diabetes		Liver Disease		Thyroid Disease	
Gall Bladder Disease		Lupus		Tuberculosis- TB	
Gastric Ulcers		MRSA (resistant staph)		Urinary Infections	
Glaucoma		Neuropathy		Valve Disorders (heart)	
Gout		Osteoarthritis		Wound Healing Problem	
Heart Arrhythmia		Paralysis			

List any **other medical problems** NOT listed above:

5. **PAST SURGICAL HISTORY:** Please list any **operations/surgeries** you had in the PAST: or (circle) NONE

SURGERY/REASON	YEAR	SURGERY/REASON	YEAR
1)		7)	
2)		8)	
3)		9)	
4)		10)	
5)		11)	
6)		12)	

6. **PAST FAMILY HISTORY:** Please list major immediate **family medical problems:** or (circle) NONE

MEDICAL ILLNESS	RELATION	MEDICAL ILLNESS	RELATION
1)		6)	
2)		7)	
3)		8)	
4)		9)	
5)		10)	

7. **SOCIAL HISTORY:** Please circle status use of the following:

Cigarette: Never Former Current Cigarettes per day: _____ Years: _____

Other tobacco: Never Former Current Type: _____ Years: _____

Alcohol: Never Former Current Drinks per day: _____ Type: _____

Illicit Drugs: Never Former Current Type: _____

Caffeine: Never Former Current Type: _____ Freq: _____

8. REVIEW OF SYSTEMS: Please mark any of the symptoms you are experiencing TODAY:

<p align="center">GENERAL</p> <input type="checkbox"/> Chills <input type="checkbox"/> Fever <input type="checkbox"/> Fatigue <input type="checkbox"/> Weight Loss <input type="checkbox"/> Other: _____	<p align="center">SKIN</p> <input type="checkbox"/> Lesions <input type="checkbox"/> Itching <input type="checkbox"/> Rash <input type="checkbox"/> Varicose Veins <input type="checkbox"/> Skin color change <input type="checkbox"/> Other: _____	<p align="center">NOSE</p> <input type="checkbox"/> Congestion <input type="checkbox"/> Discharge <input type="checkbox"/> Nose bleeds <input type="checkbox"/> Sneezing <input type="checkbox"/> Decreased sense of smell <input type="checkbox"/> Other: _____
<p align="center">EYE</p> <input type="checkbox"/> Itching <input type="checkbox"/> Pain <input type="checkbox"/> Photophobia <input type="checkbox"/> Vision Changes <input type="checkbox"/> Dryness <input type="checkbox"/> Other: _____	<p align="center">EAR</p> <input type="checkbox"/> Hearing Disturbance <input type="checkbox"/> Hearing Loss <input type="checkbox"/> Pain <input type="checkbox"/> Tinnitus <input type="checkbox"/> Other: _____	<p align="center">CARDIOVASCULAR</p> <input type="checkbox"/> Chest Pain <input type="checkbox"/> Lower extremity swelling <input type="checkbox"/> Shortness of breath lying down <input type="checkbox"/> Palpitation <input type="checkbox"/> Fainting <input type="checkbox"/> Feels faint at times <input type="checkbox"/> Irregular heart beat <input type="checkbox"/> Other: _____
<p align="center">MOUTH/THROAT</p> <input type="checkbox"/> Difficulty Swallowing <input type="checkbox"/> Hoarseness <input type="checkbox"/> Lesions <input type="checkbox"/> Dental Problems <input type="checkbox"/> Sore Throat <input type="checkbox"/> Voice Changes <input type="checkbox"/> Dryness <input type="checkbox"/> Other: _____	<p align="center">RESPIRATORY</p> <input type="checkbox"/> Cough <input type="checkbox"/> Shortness of breath <input type="checkbox"/> Coughing up blood <input type="checkbox"/> Wheezing <input type="checkbox"/> Shortness of breath at rest <input type="checkbox"/> Sputum production <input type="checkbox"/> Other: _____	<p align="center">GENITOURINARY</p> <input type="checkbox"/> Pain with urination <input type="checkbox"/> Blood in urine <input type="checkbox"/> Sexual dysfunction <input type="checkbox"/> Urinary frequency <input type="checkbox"/> Urinary hesitance <input type="checkbox"/> Urinary inconstance <input type="checkbox"/> Change in bladder habits <input type="checkbox"/> Other: _____
<p align="center">GASTROINTESTINAL</p> <input type="checkbox"/> Abdominal pain <input type="checkbox"/> Constipation <input type="checkbox"/> Diarrhea <input type="checkbox"/> Nausea <input type="checkbox"/> Vomiting <input type="checkbox"/> Change in bowel habits <input type="checkbox"/> Heartburn <input type="checkbox"/> Indigestion <input type="checkbox"/> Stool inconstance <input type="checkbox"/> Other: _____	<p align="center">NEURO</p> <input type="checkbox"/> Confusion/ memory loss <input type="checkbox"/> Dizziness <input type="checkbox"/> Headache <input type="checkbox"/> Numbness <input type="checkbox"/> Weakness <input type="checkbox"/> Unsteadiness <input type="checkbox"/> Change in speech <input type="checkbox"/> Difficulty speaking <input type="checkbox"/> Difficulty with ambulation <input type="checkbox"/> Tingling <input type="checkbox"/> Loss of balance <input type="checkbox"/> Seizures <input type="checkbox"/> Unusual sensation <input type="checkbox"/> Other: _____	<p align="center">PSYCH</p> <input type="checkbox"/> Anxiety <input type="checkbox"/> Depression <input type="checkbox"/> Hallucinations <input type="checkbox"/> Insomnia <input type="checkbox"/> Mood problems <input type="checkbox"/> Fearful <input type="checkbox"/> Suicidal ideation <input type="checkbox"/> Delusions <input type="checkbox"/> Other: _____
<p align="center">MUSKULOSKELETAL</p> <input type="checkbox"/> Pain in joints <input type="checkbox"/> Back pain <input type="checkbox"/> Joint swelling <input type="checkbox"/> Pain <input type="checkbox"/> Stiffness <input type="checkbox"/> Joint redness <input type="checkbox"/> Muscle pain <input type="checkbox"/> Joint Stiffness <input type="checkbox"/> Muscle weakness <input type="checkbox"/> Other: _____	<p align="center">HEME/LYMPH</p> <input type="checkbox"/> Bleed/bruise easily <input type="checkbox"/> Enlarged/tender lymph nodes <input type="checkbox"/> Night sweats <input type="checkbox"/> Abnormal bleeding <input type="checkbox"/> Anemia <input type="checkbox"/> Other: _____	<p align="center">ENDOCRINE</p> <input type="checkbox"/> Change in weight <input type="checkbox"/> Cold/heat intolerance <input type="checkbox"/> Hot flashes <input type="checkbox"/> Excess thirst <input type="checkbox"/> Excessive urination <input type="checkbox"/> Appetite changes <input type="checkbox"/> Other: _____
<p align="center">GYNECOLOGICAL</p> <input type="checkbox"/> Change in menses <input type="checkbox"/> Painful Intercourse <input type="checkbox"/> Other: _____		

Patient Registration Form

Last Name:	First Name:	MI:
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Social Security: ____ - ____ - ____	Date of Birth: ____/____/____
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Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Additional gender category or other <input type="checkbox"/> Choose not to disclose. <input type="checkbox"/> Female-to-Male (FTM)/Transgender <input type="checkbox"/> Genderqueer, neither excl male or female <input type="checkbox"/> Male-to-Female (MTF)/Transgender	Marital Status: <input type="checkbox"/> Divorced <input type="checkbox"/> Single <input type="checkbox"/> Legally Sep <input type="checkbox"/> Widowed <input type="checkbox"/> Life Partner <input type="checkbox"/> Unknown <input type="checkbox"/> Married
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Address:	City:	State:	Zip:
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Email:

Primary Phone: (____) ____ - ____ <input type="checkbox"/> Home Phone <input type="checkbox"/> Cell Phone <input type="checkbox"/> Work Phone	Secondary Phone: (____) ____ - ____ <input type="checkbox"/> Home Phone <input type="checkbox"/> Cell Phone <input type="checkbox"/> Work Phone
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Preferred Language: _____

Race: <input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> Native Hawaiian or other Pacific Islander <input type="checkbox"/> Asian <input type="checkbox"/> Black or African American <input type="checkbox"/> White <input type="checkbox"/> Unknown/Decline to Answer	Ethnicity: <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino <input type="checkbox"/> Unknown/Decline to Answer	U.S. Citizenship Status: <input type="checkbox"/> U.S. Citizen <input type="checkbox"/> Lawfully present in the U.S. <input type="checkbox"/> Not lawfully present in the U.S. <input type="checkbox"/> Decline to Answer
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Responsible Party: This section refers to the person/party who should receive the bill

Relationship to Patient: <input type="checkbox"/> Self (skip this section) <input type="checkbox"/> Parent <input type="checkbox"/> Spouse <input type="checkbox"/> Other

Last Name:	First Name:	MI:
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Social Security: ____ - ____ - ____	Date of Birth: ____/____/____	Gender: <input type="checkbox"/> M <input type="checkbox"/> F
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Address:	City:	State:	Zip:
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Primary Phone: (____) ____ - ____	Secondary Phone: (____) ____ - ____
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Communication with Family Members and Friends Involved In Patient Care

This form documents my request to allow family members and/or friends to be involved in relevant **verbal discussions** regarding my health care. By signing this form, I permit Baptist Medical Group ("BMG") staff to discuss information about me with the people listed below. This information may include diagnoses, test results, treatments, and payment information, but shall be limited to only the information that, in the professional judgment of your provider, needs to be shared.

- I understand that signing this form is voluntary and that I am not required to sign this form in order to receive health care.
- I understand that information may be released to family members or others without this form, if allowed by federal and state law.
- I understand that listing a person on this form does not give them the right to receive or copy my written medical records. It does not allow them to consent for health care services on my behalf.
- I understand that my health care provider will discuss only the information that the person involved needs to know about my care or treatment.
- I can update this form at any time by completing a new form and giving it to BMG staff.
- I understand that BMG staff will verify the identity of the people below (if not known to the staff) prior to discussing this information.
- **I understand that this is *not* a Health Insurance Portability and Accountability Act (HIPAA) authorization form that would allow the people below to have access to my written Protected Health Information.**

Name: _____ Phone#: _____ Relationship: _____

Name: _____ Phone#: _____ Relationship: _____

Name: _____ Phone#: _____ Relationship: _____

Name: _____ Phone#: _____ Relationship: _____

Signature: _____

Print Name: _____

Date: _____ Time: _____

Relationship to Patient

- Self
- Legal Representative or Guardian (*proof of power of attorney or legal guardianship required*)

Baptist Medical Group

Family Members and Friends Involved in Patient Care

08/2016)

ICNT

