



Safe Skin Screening event

Friday, July 11, 8 a.m. to noon

Casino Beach Public Safety Building, Pensacola Beach

Wellness Education

Register in advance for these seminars at ebaptisthealthcare.org/events.
Questions? Call 448.227.4938.

Understanding Cholesterol

Wednesday, July 16, 11:30 a.m. lunch; noon to 1 p.m. seminar

William Lindsay, D.O., internal medicine, Baptist Medical Group Primary Care — East Hill
Bear Family Foundation Health Center, 125 Baptist Way,
2nd Floor Conference Room

A Failing Heart: The Basics of Heart Failure

Friday, July 25, 11:30 a.m. lunch; noon to 1 p.m. seminar

Toinetta Coolie, DNP, APRN, FNP-BC, cardiology,
Baptist Heart & Vascular Institute
Andrews Institute Athletic Performance & Research Pavilion,
1020 Gulf Breeze Parkway, Conference Room B

July

events at Baptist Health Care

Support Groups

Weight-Loss Surgery Support

Tuesday, July 8, noon to 1 p.m.

Register in advance by calling Weight-Loss Support at 448.227.6250.

Stroke Recovery

Tuesday, July 8, noon to 1 p.m. at Baptist Medical Park – Navarre

Tuesday, July 22, noon to 1 p.m. at Baptist Hospital

For more information, visit ebaptisthealthcare.org/stroke/events.

Patient and Family Cancer Support

Tuesday, July 8, 4 to 5 p.m.

Register in advance by calling Cancer Support Services
at 448.227.6000.

Prostate Cancer Support

Thursday, July 10, 5 to 6 p.m.

Register in advance by calling Cancer Support Services at 448.227.6000.

Breast Cancer Support

Tuesday, July 15, 4 to 5 p.m.

Register in advance by calling Cancer Support Services at 448.227.6048.

Blood Drives

We host blood drives
throughout the year
at our campuses.



Follow us on Facebook for dates and times.

[Facebook.com/BaptistHealthCare](https://www.facebook.com/BaptistHealthCare)

Faith Health Network: Advocating and Navigating the Health System



July 17, 6 p.m.

Bear Family Foundation Health Center

Register in advance by calling 448.227.PRAY(7729).

Diabetes Management Class

Thursday, July 24, 5 to 6 p.m.

For more information, contact the Pharmacotherapy Clinic at
448.227.6221 or email pharmacotherapy@bhcnps.org.

Postpartum Support Group

These sessions are individually scheduled upon request.
Please call 448.227.3840.

Prenatal Education

To register for any of these classes, visit easyschedule.com or call 448.227.1511.

For more information, visit ebaptisthealthcare.org/birth/baptist-babies.

Prepared Childbirth

July 7 - 10, 6 to 9 p.m.

\$90 per series

Sibling Class

July 9, 4 to 5:30 p.m.

\$10 per child

Baptist Birth Experience

July 17, 5:30 to 8 p.m.

Free

Grandparenting 101

July 30, 1 to 3 p.m.

\$15 per person

Clases de parto y posparto en español

Estas clases en español se programan previa
solicitud. Por favor llame 448.227.1511.

\$125

Postpartum Depression Support Group

These sessions are individually scheduled upon
request. Please call 448.227.3840.



ebaptisthealthcare.org