RELAX & RECHARGE



"YOU WANT TO RELAX AND UNWIND, SOME QUALITY TIME TOGETHER, YOU DON'T WANT TO BE RUSHING AROUND WITH TOO MUCH TO DO."

MONKEY MIA, SHARK BAY WORLD HERITAGE AREA I GUTHARRAGUDA

A RELAX & RECHARGE TRIP IS...

A quick getaway in between longer holidays, focused on relaxing and spending quality time with

	INTERSTATE IN AUS	INTERSTATE IN WA
AVG. SPEND PP, PER NIGHT	\$244	\$213
% TRIPS OF 3+ NIGHTS	76%	25%
% OF TRIPS TO/IN WA	3%	NA

DESTINATION CHOICE

•	Suited my budget	
•	Easy to get to	
•	Great value for money	
•	Never been there before	
•	I got a good package deal	

INTERSTATE BARRIERS TO VISITING WESTERN AUSTRALIA

As well as cost and distance, Relax & Recharge trip takers just don't know enough about what to see and do in Western Australia.

REASON FOR TRIP



To get away and relax

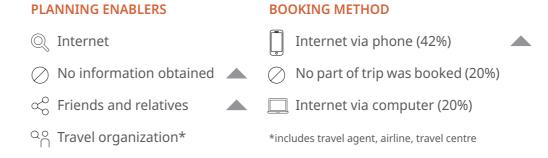


To spend time with my partner or family

A Relax & Recharge trip is usually a brief, low-activity getaway taken without much planning ahead, mainly as an opportunity to recharge in between longer, more considered holidays.

As a result, the actual destination is not so important - it's really about what's convenient to get to and the availability of good but not too pricey accommodation which might be chosen purely because of a great package deal spotted just days in advance.

PLANNING & BOOKING



WHO TAKES A RELAX & RECHARGE TRIP?

- Couples without children
- Choice of destination is not very important to them purpose of the trip is to relax
- Sometimes triggered by attending an event, such as a wedding
- Helix Communities: 100's Leading Lifestyles and 200s Metrotechs

As the biggest trip segment, a mix of all travellers - including all ages and incomes - takes a Rest & Recharge trip in between longer holidays, as can be seen in the very high overlap among other trip segments.

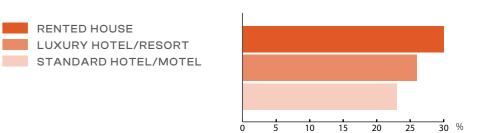
Sometimes this trip is also motivated by the need to attend a special family or friend celebration such as a wedding - which also serves as a good excuse to take a few extra days off for a quick recharge getaway.

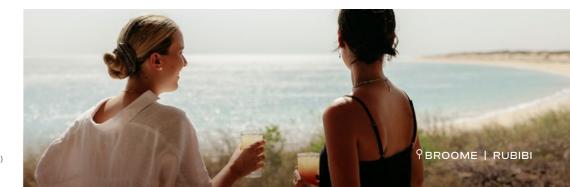
AGE OF TRAVELLER 18-34 35-49 50-64

TOP ACTIVITIES



TOP ACCOMMODATION





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 $^{\circ}$ monkey mia, shark bay world heritage area \mid gutharraguda

ABOUT THIS PROFILE

Tourism WA's Domestic Segmentation study (2023) identified that when travelling within their own state, West Australians are most commonly taking one of three types of trips:

- Relax and Recharge;
- Simple Nature; and
- Family Time.

This page profiles the types of Australians who are most likely to take Relax and Recharge trips when travelling intrastate.

Queries can be directed to:

research@westernaustralia.com

HELIX PERSONAS

The Helix Personas who are most likely to take a Relax and Recharge trip when travelling intrastate:



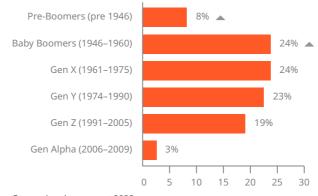
305 TREND HUNTERS **401 HOME IMPROVERS 407 HOUSE PROUD** 502 TECH LIFE **508 FRUGAL LIVING**

The profile on this page is based on these Helix Personas grouped together. Some larger organisations and media partners have appended Helix Personas to their databases and can target specific Helix Personas directly. If this is not an option, the demographic, geographic, psychographic and media consumption information on this page can be used as an alternative method of targeting.

Source: Tourism WA, 2023. Analysis of Roy Morgan Helix Personas Audience Profiles.

▲ OVER-INDEX (>10% MORE LIKELY) COMPARED TO GENERAL POPULATION

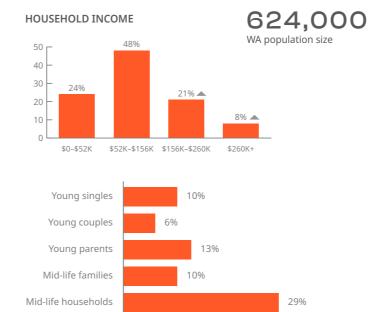
DEMOGRAPHICS & GEOGRAPHICS



Generational ages as at 2023

Older households

Those most likely to take Relax and Recharge intrastate trips over-index for Baby Boomers, skewing towards mid-life and older households. The majority feel financial stable and categorise themselves as medium to big spenders.



0 5 10 15 20 25 30 35

32%

PSYCHOGRAPHICS



Those Australians most likely to take Relax and Recharge intrastate trips have traditional values.



They are less likely to buy take away, but enjoy going out to cafes and restaurants.

While they like watching sports on TV or

attending a sports event, they are less likely

IISAGE*



They enjoy the simple joys in life; a home cooked meal, fresh flowers, reading a book and working in the garden.



They like to support local and buy

They are most likely to own their home outright or have a mortgage.

to participate in sports themselves.

MEDIA CONSUMPTION

Those Australians most likely to take a Relax and Recharge are heavy consumers of media compared to the general population They are more likely to:

- Consume traditional media
- Watch commercial TV (most commonly Channel 7, 9 and ABC)
- Read direct mail
- Have Pay TV
- Read the West Australian

		USAGE	
MEDIA	LIGHT	MEDIUM	HEAVY
FREE-TO-AIR TV			
SUBSCRIPTION TV			
RADIO			
NEWSPAPERS			
MAGAZINES			
CINEMA			
DIRECT MAIL			
SOCIAL MEDIA			
INTERNET			

^{*}In comparison to general population.