Interim policy announced for post-primary structured education requirement

**Interim policy ‘relaxes’ exam content outline requirement**

(November 12, 2015) — The ARRT announces an interim policy that modifies the post-primary certification and registration structured education requirement effective January 1, 2016.

In 2010, ARRT announced an additional requirement for individuals seeking post-primary credentials. Sixteen hours of structured education reflecting the content of the examination content outline with at least one credit from each major content category of the outline would be required beginning this January 1, 2016.

The structured education requirement will enhance post-primary certification and registration by providing additional documentation that candidates have mastered the knowledge determined through the practice analysis process to be part of being qualified.

“Relaxed” interim requirement takes effect

In November 2015, ARRT announced a two-year interim phase-in period for the requirement. During the phase-in candidates must report 16 structured education credits from activities whose content “pertains to the discipline” rather than the stricter criterion of “reflecting the content of the examination content outline.” The provision that candidates earn at least one credit from each of the exam content outline’s major categories will not be enforced during the 2-year period. The activities must still meet the same criteria as activities reported for compliance with ARRT’s biennial CE requirements (i.e., must be approved by a RCEEM, RCEEM+ or must meet ARRT’s definition of an Approved Academic Course as described in the ARRT Continuing Education Requirements).

**Interim policy effective January 1, 2016, through December 31, 2017**

The two-year interim policy will allow CE sponsors additional time to create more activity options and better align existing activities with the subject matter of the post-primary exam content outlines. This will increase access for candidates to the education necessary to comply with the requirement.

The interim policy will apply to activities completed prior to January 1, 2018.

Activities completed January 1, 2018 and thereafter must meet the full structured education requirement as originally announced.
Vascular-Interventional Radiography

The purpose of structured education is to provide the opportunity for individuals to develop mastery of discipline-specific knowledge that, when coupled with selected clinical experiences, helps to document qualifications. The Structured Education Requirements for Vascular-Interventional Radiography is provided to assist candidates with these requirements.

Candidates for vascular-interventional radiography certification and registration must document at least 16 hours of structured education\(^1\). The activities must be earned within the 24-month period immediately prior to submission of an application for certification and registration. Structured education activities may be academic courses from an institution accredited by a mechanism recognized by the ARRT\(^2\), CE opportunities approved by a RCEEM or RCEEM+, or a combination of the two.

Structured education documentation must include at least one CE credit or its equivalent in each content category listed below (i.e., Patient Care, Safety, Image Production, and Procedures). The remaining hours may be earned from any one or more of the content areas. Specific topics within each category are addressed in the content outline, which makes up the remaining pages of this document.

<table>
<thead>
<tr>
<th>Content Category</th>
<th>Minimum Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient Care (includes)</td>
<td>1</td>
</tr>
<tr>
<td>Patient Interactions and Management</td>
<td></td>
</tr>
<tr>
<td>Image Production (includes)</td>
<td>1</td>
</tr>
<tr>
<td>Image Acquisition and Equipment</td>
<td></td>
</tr>
<tr>
<td>Procedures (includes)</td>
<td>1</td>
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<tr>
<td>Vascular Diagnostic Procedures</td>
<td></td>
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<tr>
<td>Vascular Interventional Procedures</td>
<td></td>
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<tr>
<td>Nonvascular Procedures</td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>16</strong></td>
</tr>
</tbody>
</table>

Acceptable Examples:

<table>
<thead>
<tr>
<th>Example 1</th>
<th>Example 2</th>
<th>Example 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient Care – 3 hours</td>
<td>Patient Care – 1 hour</td>
<td>Patient Care – 1 hour</td>
</tr>
<tr>
<td>Image Production – 6 hours</td>
<td>Image Production – 1 hour</td>
<td>Image Production – 10 hours</td>
</tr>
<tr>
<td>Procedures – 7 hours</td>
<td>Procedures – 14 hours</td>
<td>Procedures – 5 hours</td>
</tr>
<tr>
<td><strong>TOTAL – 16 hours</strong></td>
<td><strong>TOTAL – 16 hours</strong></td>
<td><strong>TOTAL – 16 hours</strong></td>
</tr>
</tbody>
</table>

1. If there is a structured education requirement document with a newer effective date, you may either use the new document or continue to use this document if you have completed at least one educational activity prior to the effective date of the new version. For more information access the online clinical experience tool, where structured education is also reported.

2. Activities meeting the definition of an approved academic course will be awarded credit at the rate of 12 CE credits for each academic quarter credit or 16 CE credits for each academic semester credit. See the ARRT Continuing Education Requirements document for additional information.
Patient Care

1. Patient Interactions and Management
   A. Patient Communication
      1. pre-procedure
         a. explanation of procedure
         b. informed consent
         c. explanation of radiation risk
         d. pre-procedure time-out
      2. intra-procedure
      3. post-procedure care instructions
   B. Patient Assessment and Monitoring (normal and abnormal values; implication for imaging, equipment)
      1. physiologic monitoring
         a. temperature
         b. ECG
            1. equipment and patient preparation
            2. interpretation (sinus rhythm, common arrhythmias)
         c. respiration
         d. blood pressure
         e. intravascular pressure
         f. pulse oximetry
      2. access assessment
         a. vascular patency (*e.g., ultrasound, Allen test, Barbeau test)
         b. peripheral pulses (e.g., palpation, Doppler)
         c. anatomical location (e.g., femoral artery/vein, radial artery, jugular vein)
      3. lab values
         a. chemistry (e.g., BUN, creatinine, eGFR, liver function tests (LFT), potassium)
         b. blood coagulation (e.g., PT, PTT, INR, ACT)
         c. hematology (e.g., Hgb, WBC, platelet)
      4. monitor and maintain medical equipment used during a procedure
         a. oxygen delivery systems
         b. chest tubes
         c. in-dwelling catheters
         d. drainage bags
         e. IV’s
         f. suction
      5. documentation
         a. radiographic exposure factors
         b. contrast administration parameters
         c. fluoroscopy time
         d. radiation dose
         e. physiologic monitoring
         f. medications
         g. complications
         h. implantable devices
   C. Contrast Administration
      1. types and properties of contrast agents
         a. ionic
         b. nonionic low-osmolar
         c. nonionic iso-osmolar
         d. CO2
         e. gadolinium
      2. indications and contraindications
   D. Medications
      1. types and administration routes
         a. analgesics/anxiolytics including reversal agents (e.g., fentanyl, versed, naloxone, flumazenil)
         b. anticoagulants
         c. thrombolytics
         d. vasoconstrictors
         e. vasodilators
      2. indications and contraindications
      3. preparation
      4. complications

* The abbreviation “e.g.,” is used to indicate that examples are listed in parentheses, but that it is not a complete list of all possibilities.

(Patient Care continues on the following page.)
Patient Care (continued)

E. Asepsis and Sterile Technique
1. disinfection and cleaning
   a. medical asepsis
   b. sterile technique
      1. patient preparation
      2. procedural tray
      3. maintenance of sterile fields
2. infection control
   a. CDC Standard Precautions
   b. transmission precautions
      1. contact
      2. airborne
      3. droplet

F. Handling and Disposal of Hazardous Materials
1. biohazardous (e.g., sharps, blood)
2. chemotherapeutic agents
3. radioactive material (e.g., Y-90)

G. Emergency Care
1. contrast reactions and complications
   a. allergic-type
      1. minor
      2. intermediate
      3. severe
   b. adverse
      1. hemodynamic responses
      2. nephrotoxicity
      3. CNS reactions
2. treatment and medications
   a. types (e.g., steroids, antihistamines)
   b. indications and contraindications
3. symptoms and treatment of the following medical emergencies
   a. air embolism
   b. anaphylaxis
   c. bleeding
   d. cardiac arrhythmias
   e. congestive heart failure
   f. hemothorax
   g. hypertensive episodes
   h. hypotensive episodes
   i. myocardial infarction
   j. pneumothorax
   k. respiratory arrest
   l. sepsis
   m. thrombosis
   n. thrombotic embolism
   o. TIA
   p. vasovagal response
Image Production

1. Image Acquisition and Equipment
   A. Data Acquisition and Processing
      1. fluoroscopy
         a. pulse rate
         b. high/low dose
         c. roadmapping
         d. field of view (e.g., magnification, collimation)
         e. compensating filters
            (e.g. wedge, soft)
      2. digital angiography
         a. exposure technique
         b. frame rate
         c. digital subtraction
         d. field of view (e.g., magnification, collimation)
         e. compensating filters
            (e.g. wedge, soft)
      f. 3D imaging
   3. projections/positions
   4. archiving
   5. quality control
   B. Automatic Pressure Injectors
      1. parts
      2. function
      3. operation

C. Radiation Protection
   1. patients
      a. collimation (e.g., shutters, virtual collimation)
      b. magnification
      c. frame rates
      d. geometry (e.g., SID, OID, tube angle)
      e. pulsed or continuous
      f. shielding
      g. last image hold
      h. dose rate
   2. personnel (ALARA)
      a. shielding
      b. monitoring devices
      c. occupational exposure reports
      d. promote radiation awareness
Procedures

**CATEGORY**

1. Vascular Diagnostic Procedures
   A. Neurologic Angiography
      1. intracranial arteriography
      2. extracranial arteriography
      3. spinal arteriography
   B. Thoracic Angiography
      1. thoracic aortography
      2. pulmonary arteriography
      3. bronchial arteriography
   C. Abdominal Angiography
      1. abdominal aortography
      2. pelvic arteriography
      3. renal arteriography
      4. adrenal arteriography
      5. celiac arteriography
      6. superior mesenteric artery (SMA) arteriography
      7. inferior mesenteric artery (IMA) arteriography
   D. Peripheral Angiography
      1. upper extremity arteriography
      2. lower extremity arteriography
   E. Venography
      1. pelvic venography
      2. superior vena cavaogram
      3. inferior vena cavaogram
      4. renal venography
      5. adrenal venography
      6. gonadal venography
      7. hepatic venography
      8. portal venography
      9. upper extremity venography
     10. lower extremity venography
     11. venous sampling
   F. Miscellaneous Studies
      1. hemodialysis graft/fistula study
      2. physiologic pressure measurements
      3. central venous device check (e.g., port, PICC, hemodialysis catheter)

**FOCUS OF QUESTIONS**

Questions for each section of the exam may address any of the following factors, as appropriate:

1. Anatomy and Pathophysiology
2. Indications for Procedure
3. Contraindications for Procedure
4. Image Analysis and Utilization
5. Access Methods
   A. Arterial
   B. Venous
6. Equipment and Devices Used
   A. Types (e.g., sheaths, catheters, guidewires, needles)
   B. Indications for Use
7. Ultrasound Guidance
8. Closure Devices, Puncture Site Pressure and Dressing
9. Complications
   A. Recognition
   B. Treatment

(Procedures continues on the following page.)
Procedures (continued)

CATEGORY

2. Vascular Interventional Procedures
   A. Angioplasty
      1. neurologic
      2. body
   B. Stent Placement
      1. neurologic
      2. body
   C. Embolization
      1. neurologic
      2. body
   D. Thrombolysis/Thrombectomy
      1. neurologic
      2. body
   E. Atherectomy
   F. Distal Protection Device Placement
   G. Foreign Body Retrieval
   H. Endograft Placement
   I. Caval Filter Placement/Removal
   J. Transjugular Intrahepatic Portosystemic Shunt (TIPS) Placement or Revision
   K. Transvenous Biopsy
   L. Chemoembolization
   M. Radioembolization
   N. Venous Access
      1. tunneled catheter
      2. non-tunneled catheter
      3. port
      4. peripheral IV

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1. Anatomy and Pathophysiology
2. Indications for Procedure
3. Contraindications for Procedure
4. Image Analysis and Utilization
5. Access Methods
   A. Arterial
   B. Venous
6. Equipment and Devices Used
   A. Types (e.g., catheters, balloons, stents, snares, embolics, filters)
   B. Indications for Use
7. Ultrasound Guidance
8. Closure Devices, Puncture Site Pressure and Dressing
9. Complications
   A. Recognition
   B. Treatment

(Procedures continues on the following page.)
Procedures (continued)

**CATEGORY**

3. Nonvascular Procedures
   A. Nephrostomy
   B. Ureteral Dilation/Stents
   C. Percutaneous Stone Extraction (e.g., renal, biliary)
   D. Drainage Procedures
   E. Percutaneous Radiofrequency (RFA) Ablation
   F. Percutaneous Transhepatic Cholangiogram
   G. Biliary Internal/External Drainage
   H. Cholecystostomy
   I. Gastrostomy/Gastrojejunostomy
   J. Vertebroplasty/Kyphoplasty
   K. Discography
   L. Chest Tube/Drain Placement
   M. Thoracentesis
   N. Percutaneous Biopsy
   O. Paracentesis
   P. Tunneled Drainage Catheter Placement
      1. thoracic
      2. abdominal

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3. Contraindications for Procedure
4. Image Analysis and Utilization
5. Equipment and Devices Used
   A. Types (e.g., sheaths, drainage catheters, guidewires, needles)
   B. Indications for Use
6. Complications
   A. Recognition
   B. Treatment