

Justice League of Documentation

Direct Medical vs Educational in the ARD

With Karlyn Keller, Ed.D.

TASB School Medicaid Solutions &



Purpose

In the IEP process, understanding whether a service is **educational** or **medical** is important — both for accurate Special Education documentation and for determining SHARS/school Medicaid reimbursement.





Why this matters

- Clear documentation = Clear services
- Good special education = good SHARS
- Appropriate documentation = Supports SHARS billing
 - o **Educational**: Academic access, instruction, support
 - Medical: Health-related care or management of a condition





Key distinctions

Educational services	Medical services
Support academic access, progress, or behavior	Address a diagnosed health condition
Focus on instruction, skill building, or access to learning	Focus on treatment, management, or care of a condition
Not billable to SHARS	May be billable if medically necessary & in IEP





IEP writing - What drives service?

- The student's need not billing potential should drive what is written into the IEP
- Just because a service is not SHARS reimbursable does not mean it's not required





IEP writing – Let need be the driver

- If a service supports learning, access to learning addresses learning, it belongs in the IEP
- Always describe the purpose of the service, not just the task





Three filters to help You decide

- What is the primary purpose of the service?
 - Learning-based or health-based
- Could a nondisabled student receive this service?
 - olf yes → likely educational
- Does the service relate to a diagnosed medical condition?
 - olf yes → assess for SHARS medical necessity





Let's take a look at a scenario

- An occupational therapist supports a student in improving pencil grip and hand strength to complete writing assignments more effectively in class
- The student does not have a medical diagnosis related to fine motor function but struggles with legibility and stamina due to developmental delays

Is it Educational or Medical???





Let's take a look at a scenario

Why it's educational:

- The focus is on academic access (writing assignments)
- There's no underlying medical diagnosis driving the need
- The skill is tied to instructional performance, not a health condition
- These same supports might be used for a nondisabled peer struggling with motor skills





Let's take a look at a scenario

- If the service targets classroom success (e.g., "improve ability to complete journal entries" or "participate in writing activities"), it's educational — even if it looks like a therapy technique
- To make the pencil grip and hand strength scenario clearly medical, the context and documentation would need to shift from educational access to health-related intervention tied to a diagnosed condition





Reframed scenario

An occupational therapist works with a student who has cerebral palsy to improve pencil grip and hand strength as part of managing spasticity and motor limitations caused by the condition. The therapy is required for the student to access written communication due to neuromuscular impairment.

THIS IS A GREAT MEDICAL PLAAF!





Reframed scenario

Why it's medical:

- The service is tied to a diagnosed medical condition (e.g., cerebral palsy)
- The goal is to manage the effects of that condition, not just support academic performance
- The OT's work is framed as medically necessary to access education, not just developmental support
- The language in the IEP and documentation reflects healthbased need and may be supported by a physician referral or prescription





Key distinctions

Educational focus	Medical focus
Improve legibility for class assignments	Address neuromotor deficits tied to cerebral palsy
No medical diagnosis required	Requires medical diagnosis and medical necessity
General classroom participation	Access to education despite a health condition
Described in academic terms (writing stamina)	Described in health terms (reduce tone, improve ROM)





Same task, different purpose

- The purpose of the task drives the classification
- The context and intent matter
- It's not always what you do, it's why you're doing it





Same task, different purpose

Task	Educational purpose	Medical purpose
Feeding	Daily living skill in life skills class to achieve a goal	Dysphagia support due to health condition
Assisting	Increase academic engagement	Manage ADHD symptoms
OT support for writing	Improve classroom output	Address neuromuscular deficits





Why context and intent matter

- A task may look the same on the surface, but the documentation, rationale, and purpose shift whether it's educational or medical
- That's why context like the student's diagnosis, their PLAAFP, and IEP — is everything





Evaluation (FIE)	↑ PLAAFP
Identify eligibility & related service needs	Describe how the medical or educational condition impacts access to learning
Include documentation of medical diagnoses, if applicable	Set the foundation for services, supports and goals





© IEP goals	Schedule of services
Goals should match the purpose of the service	Specify minutes and frequency
Academic = educational	Identify service type (e.g., OT, instructional)
Functional/health = medical (Do you need a goal? Do you expect growth or attainment?)	Identify location





Supplements	Supplements
Used for documenting supports that are not instructional but are essential to access the school environment or benefit from education	Should align with PLAAFP and student needs
PCS Supplement Example – for assistance with ADLs (feeding, toileting)	May align service to SHARS
Transportation Supplement Example – if standard transportation is not appropriate for any reason, why?	Supplements live in for a different purpose in the IEP.





% Accommodations & Modifications	ARD deliberations
Must reflect individual needs	Ensure rationale is clearly described
Should align with PLAAFP and needs	Explain how the service supports access and success in the school setting
Typically tied to an instructional or educational need	Tie it all together.
	That's where you explain your 'why'.





Common misalignment risks

- Even if the service is correct, misplacement or vague documentation can cause audit findings or compliance issues
- Services listed without goals or needs
- Medical PCS provided but no supplement
- Task-based language (e.g., "help with math") without purpose
- Medical service described as instructional





Avoiding compliance pitfalls

- Be specific in service purpose
- Tie to needs, not tasks
- Use the right language (instruction, support or care)
- Inaccurate classification = Audit risk and lost funding
- SHARS claiming is under increased federal and state scrutiny
- Regular staff training is key to documentation accuracy





Let's practice

Educational or medical?

Think about:

- What is the purpose?
- Is there a diagnosis?
- Could this apply to a nondisabled peer?





Let's practice

- Educational or Medical?
 - A para helps a student feed themselves during lunch
 - A teacher reteaches a math concept to a student with a disability
 - A student receives deep pressure input from an occupational therapist to reduce anxiety during transitions
 - A teacher provides small-group instruction to reinforce vocabulary skills for students with IEPs
 - A paraprofessional accompanies a student to the restroom and assists with toileting due to physical limitations





- Educational or Medical?
 - A student receives deep pressure input from an occupational therapist to reduce anxiety during transitions
 - ■Medical It's related to sensory regulation tied to a medical or developmental condition
 - A teacher provides small-group instruction to reinforce vocabulary skills for students with IEPs
 - □Educational It supports learning goals, not health-related needs
 - A paraprofessional accompanies a student to the restroom and assists with toileting due to physical limitations
 - ■Medical The assistance is related to physical care, not instructional support





Let's practice

- Educational or Medical?
 - A paraprofessional provides verbal prompts every 5 minutes to help a student with ADHD stay focused during a reading activity
 - A school counselor meets with a student weekly to discuss coping strategies and stress management
 - An occupational therapist supports a student in writing tasks by improving pencil grip and hand strength





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- Educational or Medical?
 - A paraprofessional provides verbal prompts every 5 minutes to help a student with ADHD stay focused during a reading activity
 - o Educational or Medical?
 - → **Depends.** If prompts are part of instructional support in the classroom (general education strategy), it may be **educational**. If the frequency and method of prompting are tied to a documented medical diagnosis with health-related goals, it may be **medical**





- Educational or Medical?
 - A school counselor meets with a student weekly to discuss coping strategies and stress management
 - → Depends. If focused on improving school engagement or behavior to support IEP goals, it may be educational. If services are therapeutic in nature and tied to a diagnosed mental health condition (e.g., anxiety disorder), it could be medical





Educational or Medical?

medical condition, it may be medical

- An occupational therapist supports a student in writing tasks by improving pencil grip and hand strength
- → Depends. If the service supports access to classroom tasks and goals, especially in handwriting or fine motor IEP objectives, it may be educational If focused on rehabilitating a specific motor deficit related to a



Key take aways

- Let need drive the IEP
- Use filters to classify service and supports correctly
- · It's not always what you do, it's why you're doing it
- Where you place it in the IEP MAY matter
- Train and retrain staff

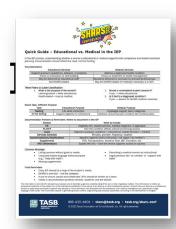






Final reminder

- Every IEP should be a map of the student's needs
- Clarity in documentation protects services, students, and the district
- SHARS is just one tool not the compass
- If you're unsure, pause and collaborate should be written as a team







What will you take back?

- What's one idea, strategy, or insight you'll bring back to your team?
- How will today's learning show up in your practice?