

# Goof Proof® Application Instructions

- For application on cotton, polyester or poly/cotton blends.
- An extra transfer is provided for testing purposes
- Before applying, check your transfers for spelling, color placement, etc.
- If not a Hotronix® heat press, add 10°

## 100% Cotton & Cotton/Poly Blends

### 1. Set Your Heat Press

**Temperature:** 365°F

**Time:** 4-6 Seconds

**Pressure:** Med/Firm 6-8 (60-80psi)

### 2. Preheat Your Apparel

- Place apparel on platen and press for 3-5 seconds

### 3. Position Your Transfer & Press

- Place the transfer image side down on the apparel
- Close machine and press for 4-6 seconds

### 4. Peel Transfer Carrier Hot

- Open machine and peel off the paper backing in a smooth, even motion.

#### Tips:

- Do not use a pillow
- With normal application, no cover sheet is needed.  
A cover sheet could possibly block heat from reaching the application.
- Can also be pressed for 340°F for 8-10 seconds.

## 100% Polyester

*For reduced scorching and max opacity*

### 1. Set Your Heat Press

**Temperature:** 325-335°F

**Time:** 10-12 Seconds

**Pressure:** Med/Firm 6-8 (60-80psi)

### 2. Preheat Your Apparel

- Place apparel on platen and press for 3-5 seconds

### 3. Position Your Transfer & Press

- Place the transfer image side down on the apparel
- Close machine and press for 10-12 seconds

### 4. Peel Transfer Carrier Hot

- Open machine and peel off the paper backing in a smooth, even motion.

#### Resources:

[TransferExpress.com/videos](http://TransferExpress.com/videos)

## Helping Your Business Grow

Join us each month for a free online class to grow your knowledge & skills in heat printing, custom transfers & your business.  
[TransferExpress.com/webinars](http://TransferExpress.com/webinars)

## Storage and Shelf Life of Your Transfers

Store your transfers in a cool dry place out of extreme hot or cold temperatures or moisture. Keeping them in a sealed bag will prolong the life of the transfers.

## Have a question?

Email us at  
[info@TransferExpress.com](mailto:info@TransferExpress.com)

[TransferExpress.com](http://TransferExpress.com)  
1-800-622-2280  
[info@TransferExpress.com](mailto:info@TransferExpress.com)  
Monday- Friday  
8 am - 6 pm ET

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