



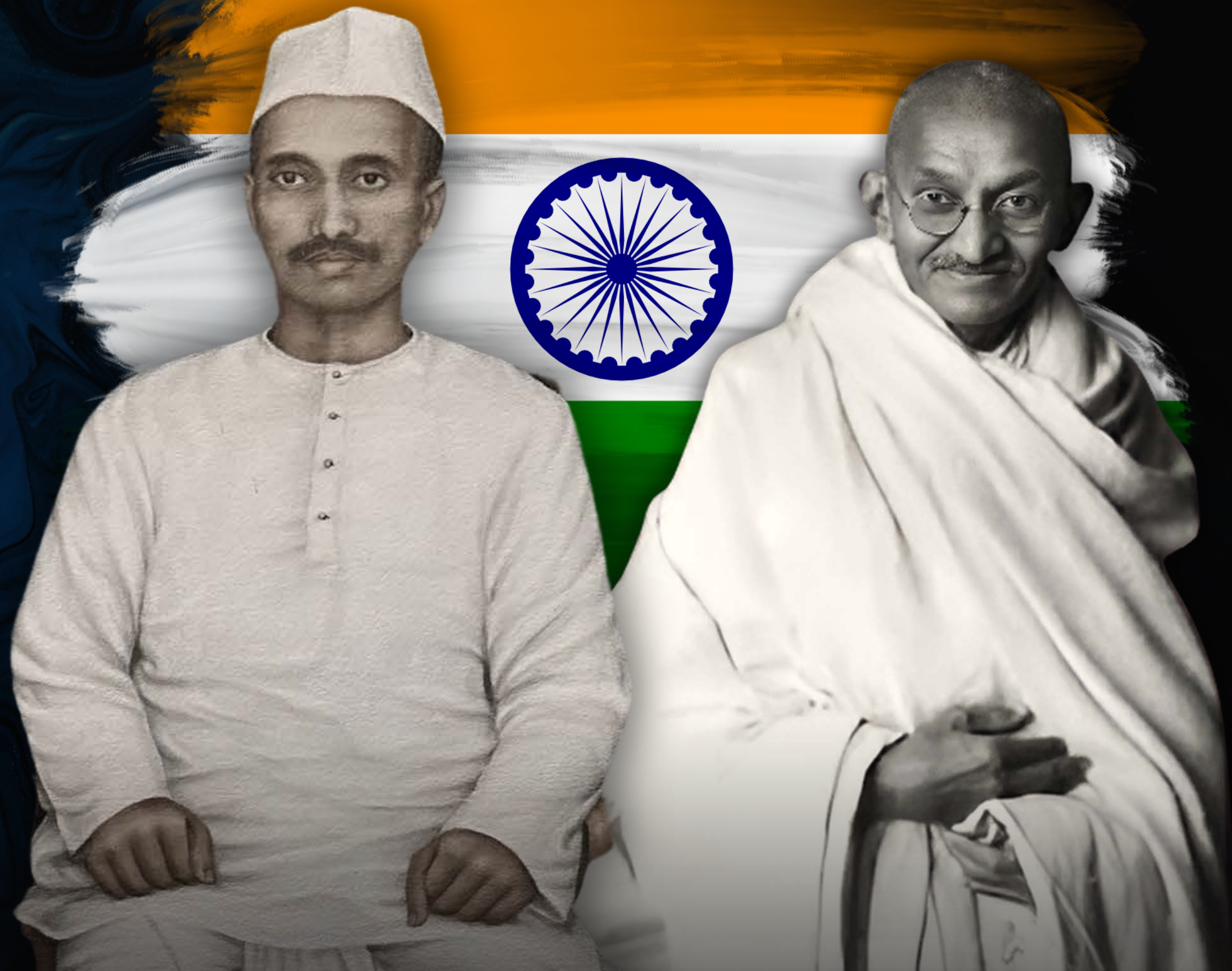
RASHMI AIRAN

RISE

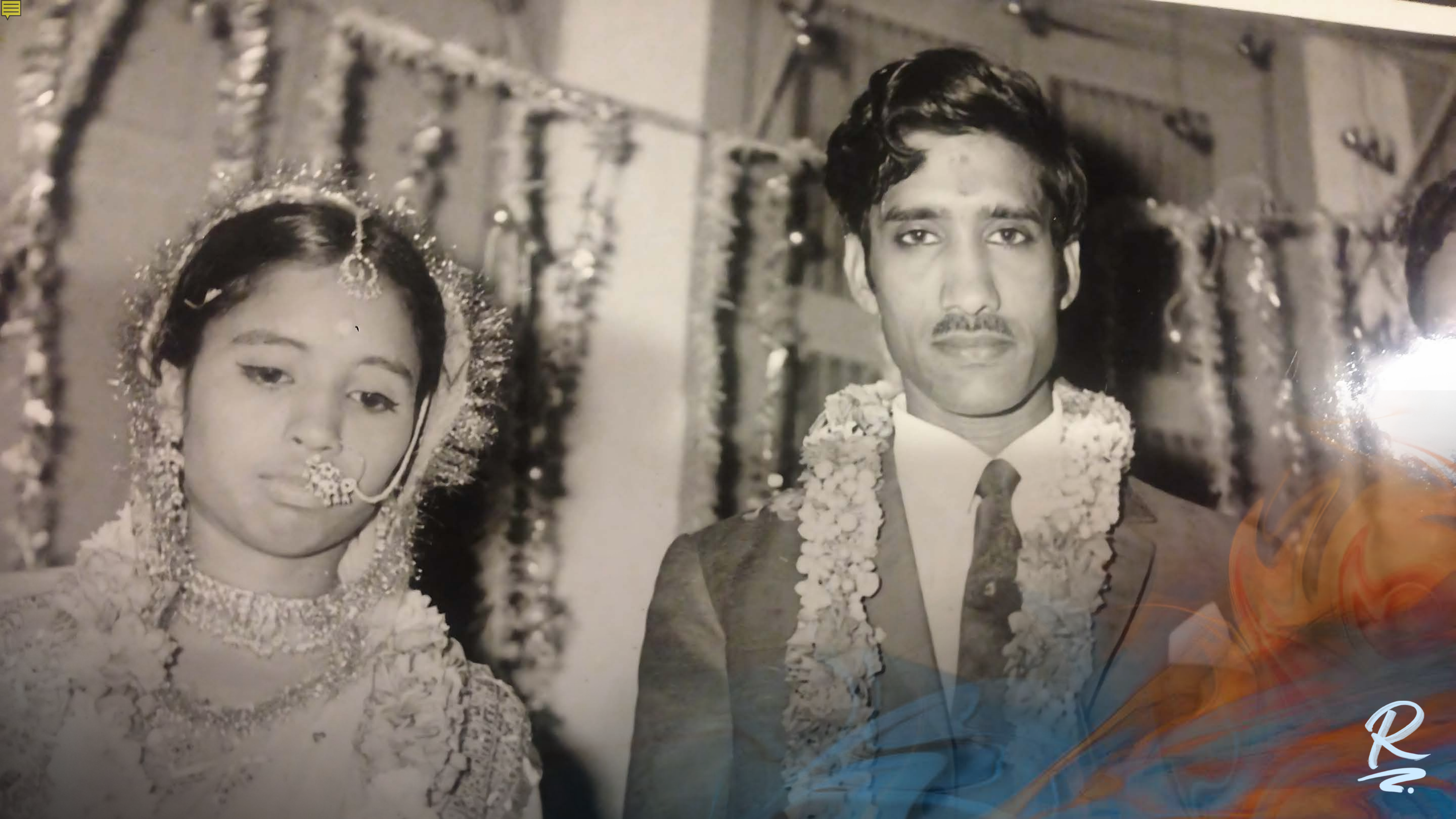
Through it™

CREATING BRAVE
COMMUNITY THROUGH
STRUGGLE AND
CONNECTION

MGMA®



Ri







R.



It hit me...

~~STRUGGLE~~

R.

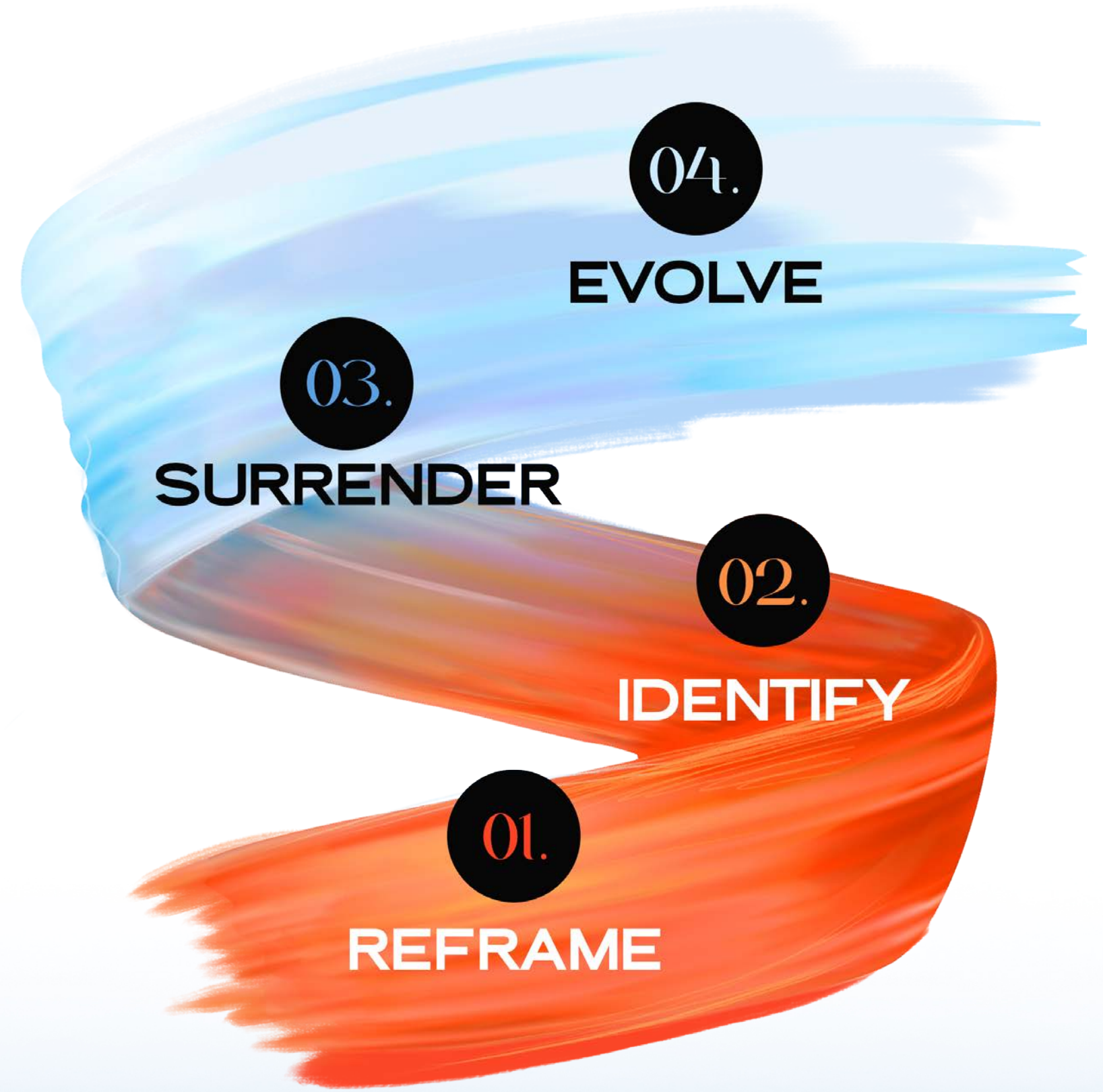


IMPRISONED

R.

RISE

Framework





R.



R.









THIS IS NOT HAPPENING **TO** YOU,
IT IS HAPPENING **FOR** YOU.

R.

01.

REFRAME

See struggle and
uncertainty as fuel for
growth.

01.

R.



NOT DOING SOMETHING IS
STILL DOING SOMETHING WRONG

WHO IS THIS?

- Foster care in GA
- Kicked out of home at 16 for selling drugs
- At age 3, could recite all of Jose Marti's poems by heart
- In 2024 he bought naming rights to a college football stadium
- Co-founded the tuition-free SLAM! charter-school network
- After Hurricane Maria, he quietly sent his own jet to ferry Puerto Rican cancer patients to the mainland for chemo





STRUGGLE:

The shock of uncertainty that disrupts your path, the discomfort that stays with you and tests your patience, the invitation to wrestle with it, and allow it to slowly transform who you are **BECOMING.**



STRUGGLE:

The shock of **uncertainty** that disrupts your path, the **discomfort** that stays with you and tests your **patience**, the **invitation** to wrestle with it, and allow it to slowly **transform** who you are **BECOMING**.



STRUGGLE

isn't a detour – it's a

DOORWAY

R.



R.

01.

REFRAME

See struggle and
uncertainty as fuel for
growth.

02.

02.

IDENTIFY

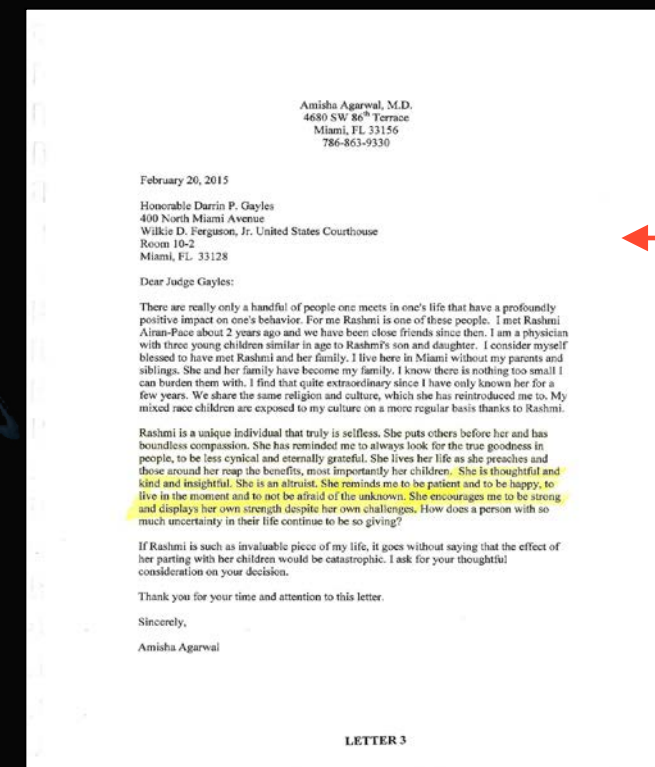
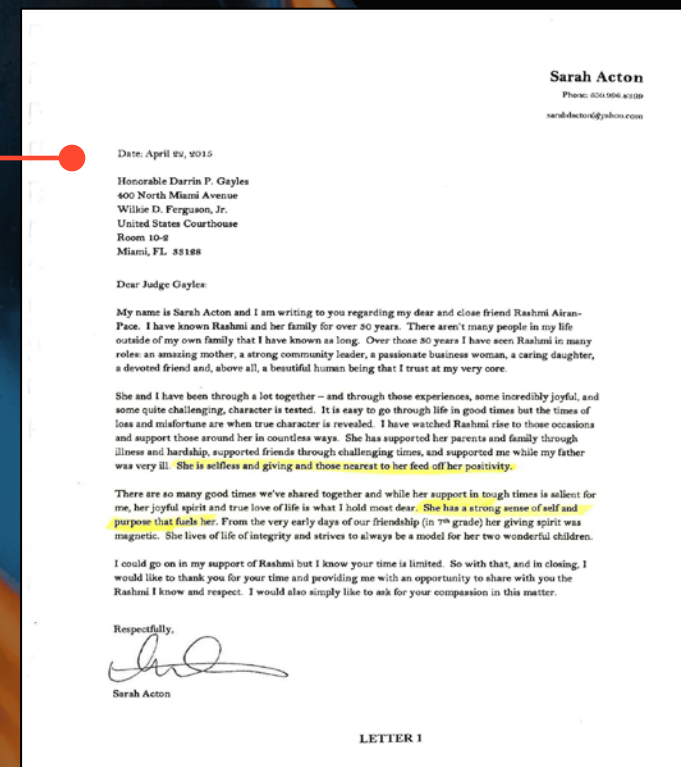
Name the hidden
prisons and the anchors
that ground you.

01.

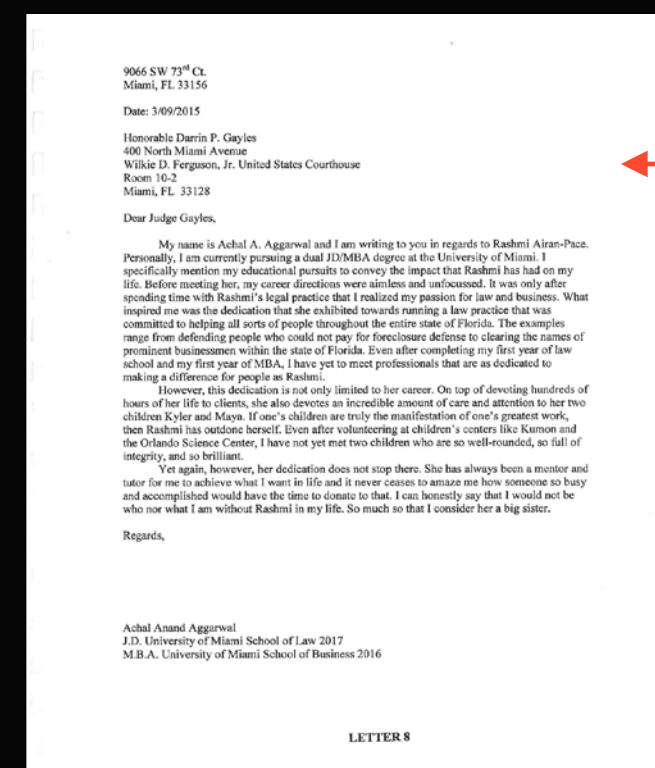
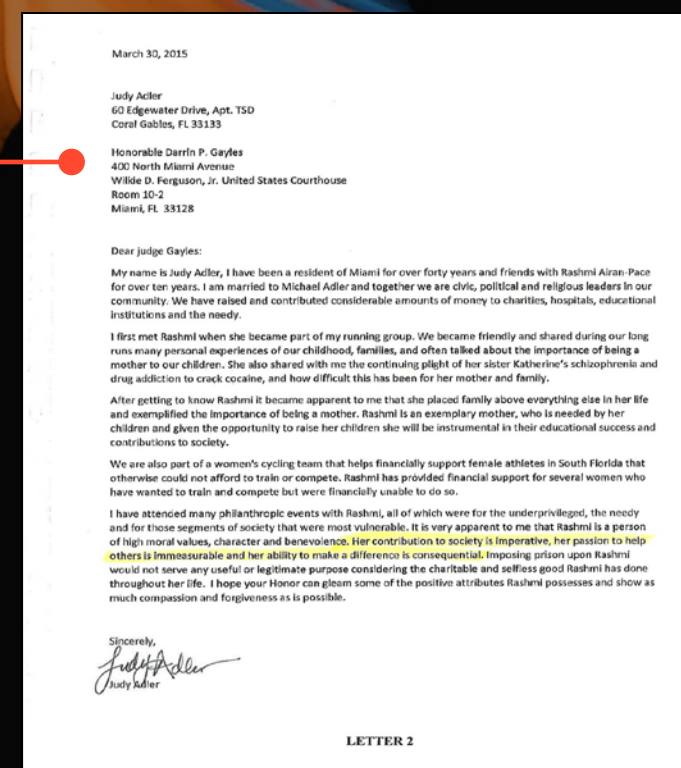
R.

182 LETTERS

“She is thoughtful, kind and insightful. She is an altruist. She encourages me to be strong and displays her own strength despite her own challenges.”



“She is selfless and giving and those nearest to her feed off her positivity.”



“If one's children are truly the manifestation of one's greatest work, then Rashmi has outdone herself.”

R

People are very forgiving of our
HUMANITY



R.

“
ONE YEAR
AND
ONE DAY
IN PRISON.

R.

03.

SURRENDER

Let go of ego, control,
and fear of judgment.

03.

01.

REFRAME

See struggle and
uncertainty as fuel for
growth.

01.

02.

02.

IDENTIFY

Name the hidden
prisons and the anchors
that ground you.

R.





05121-104

R.
n.



LETTING GO is
POWER

Ri



R.



What can you
SURRENDER TO?

03.

SURRENDER

Let go of ego, control,
and fear of judgment.

03.

04.

EVOLVE

Turn insight into
action and unlock
growth and results.

04.

01.

REFRAME

See struggle and
uncertainty as fuel for
growth.

02.

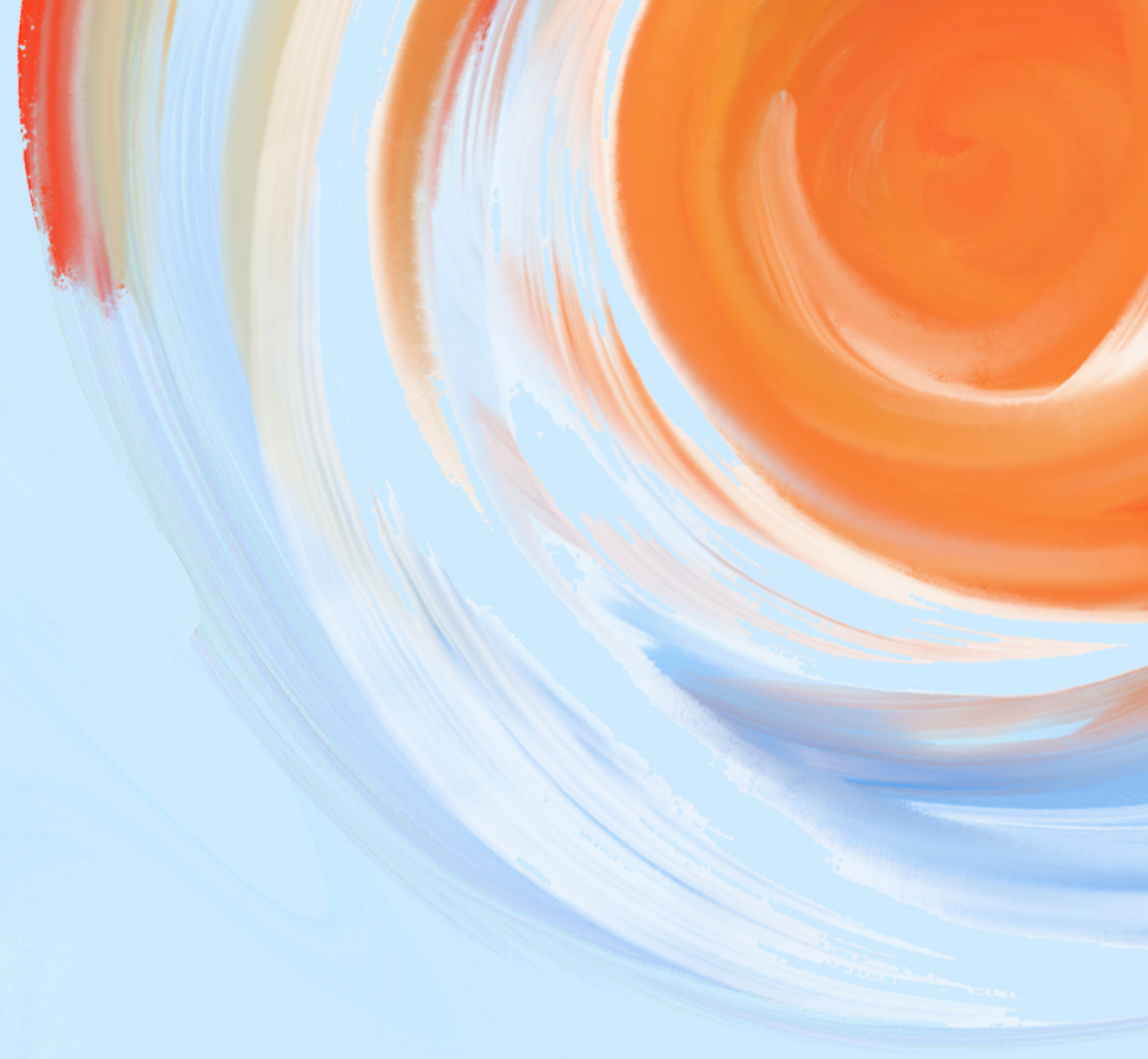
02.

IDENTIFY

Name the hidden
prisons and the anchors
that ground you.

01.

R.



R_n



Ri



Be where your **FEEET** Are.



R.



DATE 12/24/2015

Wherever you are - be all there.

- JIM ELLIOT

I am grateful for...

1. The time today to pray & be at peace.
2. My family & love surrounding the kids.
3. The positive energy I choose to surround myself with.

What would make today great?

1. If I complete the main part of bag.
2. If I have a great workout.
3. If I get to see my kiddos.

Daily affirmations. I am...

patient and thoughtful & try to speak from a place of grace at all times.



3 Amazing things that happened today...

1. I got to have a video call w/ kids
 2. I finished Subha's bag.
 3. I got to sing Xmas carols.
- I had a surprise visit.

How could I have made today better?

I wish I had done more meditation.



DATE 12/25/2015

If people never did silly things,
nothing intelligent would ever get done.

-LUDWIG WITTGENSTEIN

I am grateful for...

1. This Christmas and all the love I feel.
2. The time and ability to pray, read, & trust God.
3. My amazing family and friends.

What would make today great?

1. If I get to see the kids opening gifts.
2. If I have an awesome workout & pray.
3. If I finish my book.

Daily affirmations. I am...

at peace and happy in every moment b/c God is with me every step of the way.



3 Amazing things that happened today...

1. The kids had an amazing Xmas & were happy.
2. I had a restful day.
3. I laughed super hard today while singing Xmas songs.

How could I have made today better?

I could've eaten better and more healthy.

R

FINDING JOY!





R.



03.

SURRENDER

Release the illusion of control, the grip of ego and the fear of judgment to create space for real transformation.

03.

04.

EVOLVE

Step forward with courage, integrating new insights to become a more present, resilient, and authentic leader.

04.

01.

REFRAME

Shift your perspective to see challenges as opportunities for growth, and not barriers to success

02.

02.

IDENTIFY

Recognize the people who ground you and hold up the mirror, even when it's uncomfortable.

01.

R.



When we
RISE THROUGH IT,

We then
RISE TOGETHER.

R.

Give **FEEDBACK** to Rashmi



RASHMI@RASHMIAIRAN.COM

RASHMIAIRAN.COM

in RASHMI AIRAN

MGMA®



R.





WHAT IS YOUR
LEGACY?



R.



THANK YOU

RASHMI@RASHMIAIRAN.COM

McMA[®]