

#### Addressing the Barriers to HIV and Housing

Presented by Joy Berry, MSW

Thursday November 14<sup>th</sup>, 2024

#### During this session we will...

- Discuss the importance of Policy and Advocacy
- Discuss why Housing is important for PWH
- Discuss federal funds that can be used for Housing programs for PWH



# National HIV/AIDS Housing Coalition (NHAHC)

NHAHC is a national organization that **advocates for housing**, **policies**, **and resources to advance the health of people living with HIV**.

#### **Policy & Advocacy**

- Federal Appropriations for Housing Opportunities for Persons with HIV/AIDS (HOPWA) & other HIV and Housing Programs
- Lived Leadership Internship Program
- NHAHC Advocacy Committee

#### **Programs**

- Housing Options Made to End the Epidemic (HOME) Technical Assistance Center
- HIV and Housing Research Summit



#### **Policy and Advocacy Priorities**

- Push for HOPWA Funding
- Ryan White funds
- Utilize existing networks and funding streams to accelerate spending
- End the HIV Epidemic by partnering with Housing programs to develop and implement effective housing models



#### **Housing & PWH: The NEED**

- Approximately 100,000 PWH are unhoused in the United States (more likely to be black, transgender, and have SUD)
  - In 2022, 13% (184) of all new dx in Los Angeles County were currently unhoused
- The CDC found that 27% of PWH need housing assistance (~300K)
  - Over 120,000 of these receive <u>NO</u> housing support (need is likely much higher)

# MEDICAL MONITORING PROJECT

#### Safe and adequate housing is a basic human right and is important for maintaining health and well-being.\*

Ensuring that all people with HIV in the U.S. have safe and adequate housing remains a national priority and is key to meeting national HIV care and treatment goals.<sup>†</sup>



People with HIV

had shelter or housing service needs.



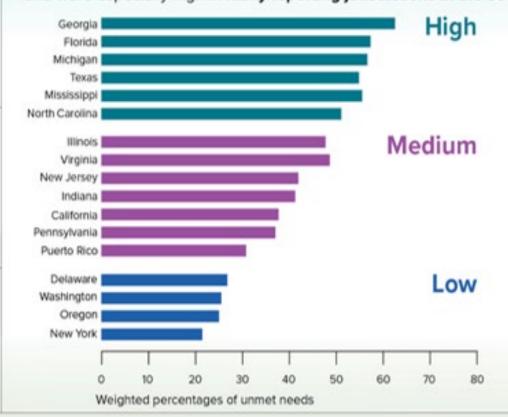
People with HIV who needed shelter or housing assistance did not receive it.

Data showed that the distribution of federal housing assistance funds for people with HIV may not be aligned according to local needs.



Addressing housing service needs among people with HIV requires a multilevel approach, including strengthening partnerships between HIV care facilities and local housing service providers and ensuring that federal housing assistance funds are aligned with local housing assistance needs.

Unmet needs for shelter or housing assistance varied by jurisdiction and were especially high in many reporting jurisdictions in the South.



Note: Unmet need was defined as needing, but not receiving shelter or housing assistance, and was calculated among those who reported any need for shelter or housing assistance.

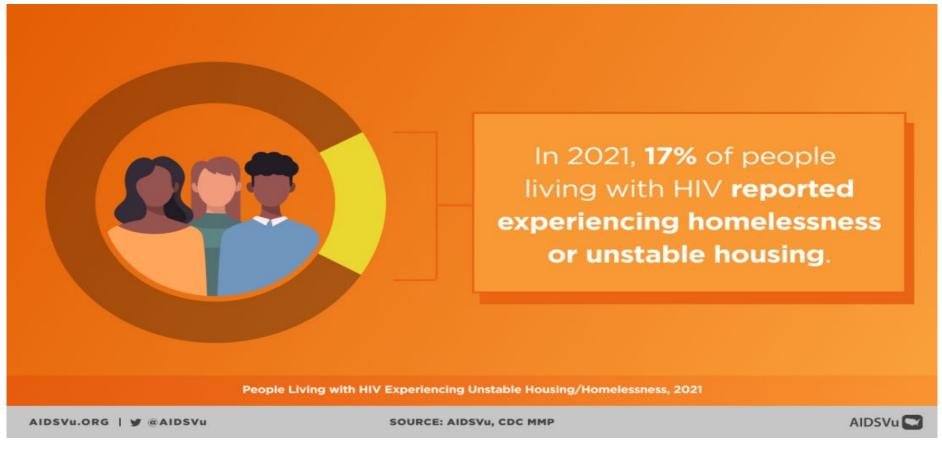
https://www.cdc.gov/hv/statistics/systems/mmp.

<sup>\*</sup>United Nations: The Universal Declaration of Human Rights: https://www.un.org/tit-es/un/2.un.org/files/2021/03/udhr.pdf
\*The White House. The National HWAIDS Strategy, 2022-2025. https://www.hiv.gov/federal-response/hational-hiv-aids-strategy/national-hiv-aids-strategy/2022-2025.

#### **HOPWA Deficiency**

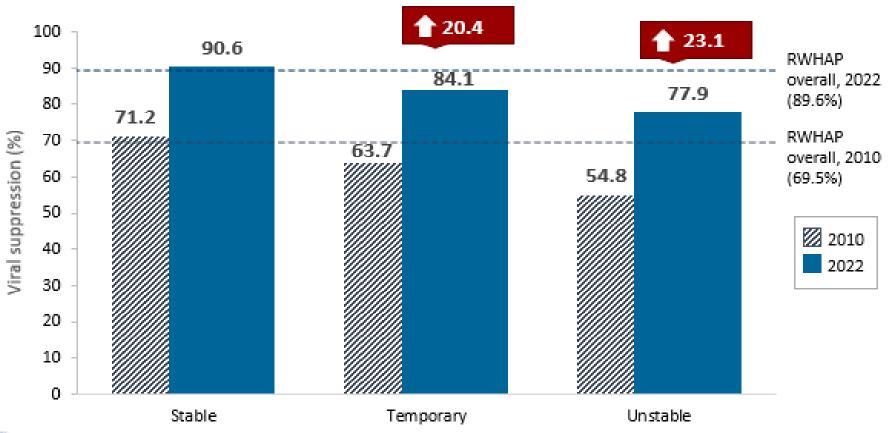
Only enough HOPWA funds to serve those in need for 1.24 month/ per person per year.

#### The Importance of Housing





## Viral Suppression among Ryan White HIV/AIDS Program Clients by Housing Status, 2010 and 2022



Despite
improvements,
housing stability
continues to be
a significant
factor in
reaching viral
suppression.





### The Disproportionate Impact of Housing Instability CY 2022

All RWHAP Clients receiving Housing Service (N=26,251)

| Youth (aged 13-24 yrs) | People who inject drugs* | Transgender people |
|------------------------|--------------------------|--------------------|
| 590 (2.2%)             | 1,601 (6.1%)             | 915 (3.5%)         |

#### Several priority populations experience disproportionately high rates of temporary or unstable housing

Youth (aged 13-24 yrs)

People who inject drugs\*

Transgender people















10.2%

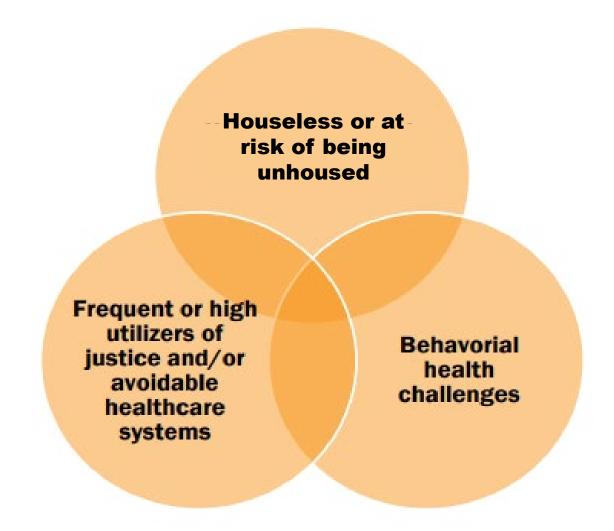
10.3%



<sup>&#</sup>x27; RWHAP Clients who reported injection drug use as their HIV transmission category. *Jource*: HRSA. Ryan White HIV/AIDS Program Data Report (RSR) 2022. Does not include AIDS Drug Assistance Program.



# Intersectionality of HIV and Houselessness



Source: CSH-Health-Center-Role-in-Housing-Innovations-Sept-2021-WEB.pdf



#### **How Housing Affects Health Outcomes**

- Access and adherence to antiretroviral therapy (ART)
- Viral Suppression
- PrEP Access



## What is Housing First?

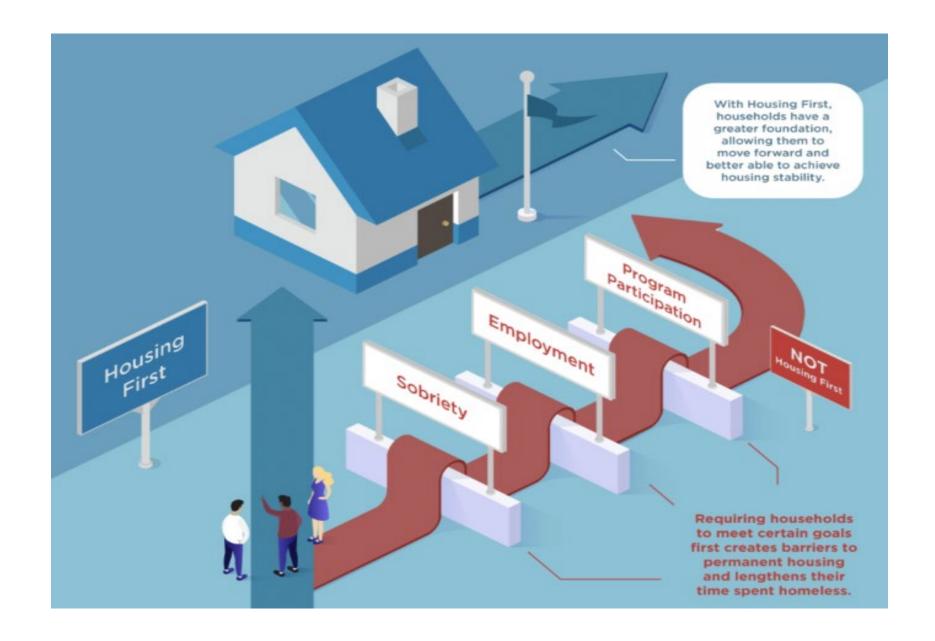


Housing Programs
that Compliment
Syndemics
(whole-person)
Theory

#### **Housing First Programs**

**Low Barrier Housing** 







#### **How Effective are Housing First Programs?**

- 22% increased rate of viral load suppression
- 37% lower mortality rate
- 41% less use of Emergency Departments
- 36% less inpatient hospitalizations
- 37% less homelessness





Of the 169 households in Caracole permanent supportive housing in 2021:

- 83% achieved or maintained viral load suppression
- 72% in scattered-site housing avoided a disruptive move due to eviction or housing quality problems with the help of their Housing Specialists
- 94% maintained their housing or graduated to a more independent permanent option



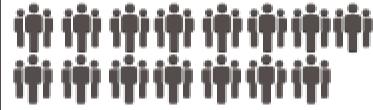
# clare housing

# FUTURE HOUSING NEEDS



of people represents 30 individuals.

302 Individuals Served in 2021



390 Individuals Waiting for Housing

# RESIDENT OUTCOMES



97% of residents were connected with a healthcare provider



91% of residents were retained in medical care



85% of residents retained their housing for 12 months or more



91.5% of residents were undetectable\*

\*When someone with HIV/AIDS takes their antiretrovirals consistently, they can reach a viral load so low it is undetectable. Undetectable means untransmittable, meaning individuals cannot transmit HIV. Housing has been proven to be a vital step in the process to becoming undetectable.



#### NOLA Street Apartments

This low-income housing program requires demonstrated abstinence for 90 days or enrollment in substance use treatment **prior to** signing a lease



This is not Housing First



#### Queens Castle Apartments

This low-income housing program provides case management and allows residents to participate in trainings on financial management and life skills. It also refers residents to behavioral health care, including a syringe services program.





#### Housing is Prevention Housing is Treatment Housing is Healthcare



## HIV Funding for Housing Services

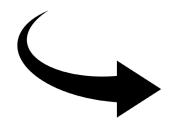


#### **Housing Funding Programs**















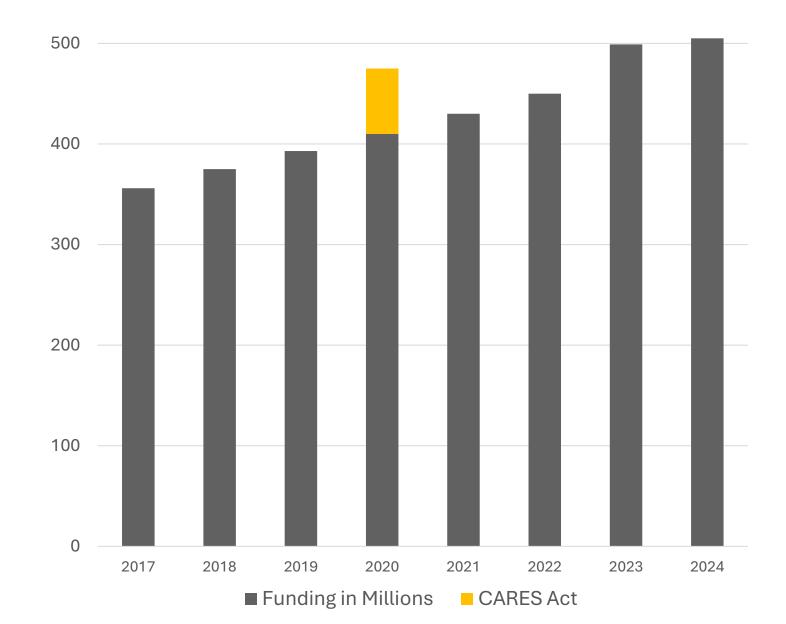
#### HOPWA Funding

FY25 Ask: \$600M

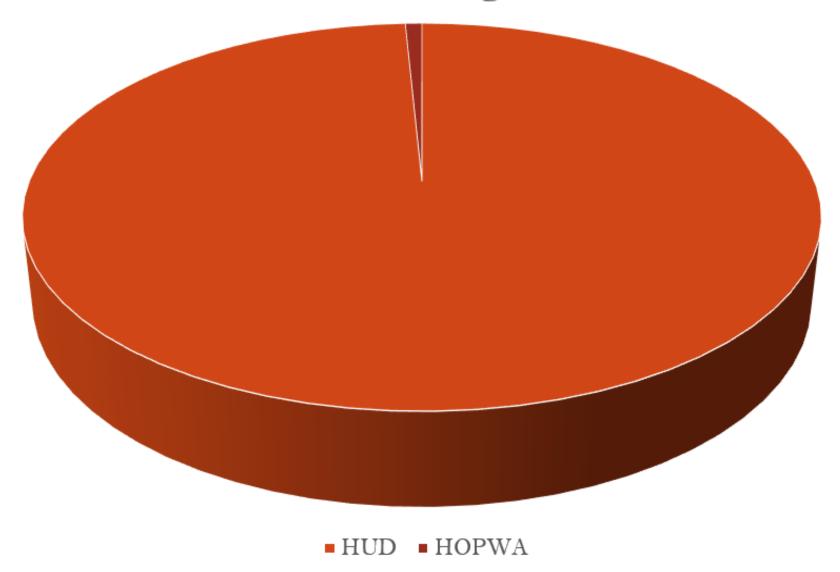
Senate: \$524M

House: \$505M

(Flat)



FY23 HUD Funding + HOPWA



#### **Ryan White**

Core Medical Services

Medical Case Management

Short Term Housing

Payor of Last Resort

#### **HOPWA**

Non-Medical Transportation

Employment Services

Mortgage Payments

Long-Term Housing

Property

Procurement

#### **Both**

Non-Medical Case
Management
Medical
Transportation

Short-Term
Housing
Rental Deposits
Emergency Housing
Transitional
Housing



# Rental Deposit Agreement

#### **Deposit Return Agreement**

| The {insert program name} intends to provide a portion of or the full amount of the security deposit for the assigned rental unit located at {insert address}.                                 |
|--|
| As a part of our Federal program requirement, any money paid to the Landlord/Property Manager for a security deposit shall be returned to {insert program name} upon termination of the lease. |
| Security Deposit for:{insert client(s) name}   |
| Security Deposit amount:   |
| I, {insert Landlord/Property Manager name}, agree to provide {insert program name} any money remaining from the security deposit, for the tenant(s) {insert client(s) name}.                   |
| Landlord/Property Manager Signature: Date:   |
| Designated Program Staff: Date:  |



#### What is NOT required by HOPWA?

- Conducting a criminal background check on clients
- There is no federal requirement to have, maintain, or obtain income
- Physical signatures
- Answering questions such as demographics that aren't tied to determining HOPWA eligibility



#### **EHE Housing Support**

- Innovative models to support the reduction of new HIV infections
- Rental subsidies
- Peer Navigators / Housing Specialists



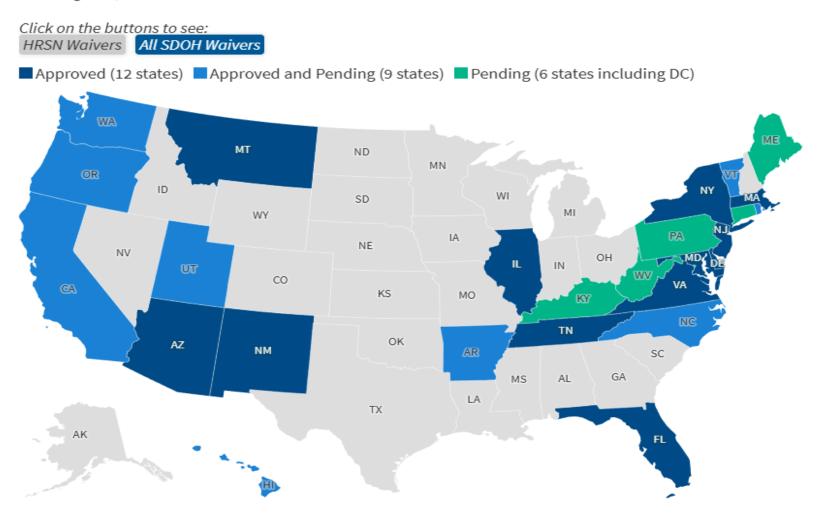


## Medicaid Waiver Section 1115



#### Section 1115 Waivers: Social Determinants of Health (SDOH)

as of August 2, 2024





#### What's Next...



#### What Can You Do?

- Local Level
  - Housing Voucher Discrimination, HIV Discrimination, Racism, Homophobia, etc.
  - City or State Barriers to HOPWA and Housing
  - Prioritizing PrEP for Unhoused and Unstably Housed
- Federal Level
  - Increased Funding for HOPWA
  - Specific Carve-Outs for PWH for other HUD Programs
  - Advocacy for More Affordable Housing
  - Universal Housing for PWH



#### **HOME TA Center Goals**

- 1. Explore ways to access and maximize available Housing Funds
- 2. Create a roadmap for organizations and state/local municipalities to create housing and expand current housing options
- 3. Explore viable funding opportunities for state and local municipalities to develop and sustain newly developed Housing Inventory



#### What makes our TA Center Unique?

Individualized, non-governmental Technical Assistance Advising on braiding together various streams of local/state/federal funding

Focus on Sustainable and Equitable Housing for PWH and those most vulnerable

Centering Housing as Prevention, Treatment, and Care

Connected to Network of Housing Partners and other Advocates



#### **Closing Thought:**

What is one takeaway from this session that will inform your role?



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Check out our Website:

Home - National AIDS Housing Coalition

