YourDMH

Get Involved

Your voice matters to DMH!

The Los Angeles County Department of Mental Health (LACDMH) takes a collaborative and inclusive approach to understanding community priorities and improving services.

Our community-driven partnership – known as YourDMH – connects various stakeholder groups and provides ongoing opportunities for input. Together, we are working towards a shared goal of hope, recovery and wellbeing across the County.



Why is community engagement so important?

Your input makes LACDMH better. The YourDMH partnership, which ensures that community voices are heard, is part of the department's ongoing reform effort to strengthen all aspects of our work – including services as well as policies, program designs, information technology supports, quality monitoring activities and more.

How is community stakeholder engagement structured?

Community voices are represented in every group involved in YourDMH. At the highest level, YourDMH brings together the County's Mental Health Commission and the Community Leadership Team.

- Mental Health Commission made up of 16 members, half of whom are either consumers or families of consumers
- Community Leadership Team made up of Co-Chairs from the SALTs and UsCCs and CCC
 - Service Area Leadership Teams (SALTs) 8 teams, ensure representation based on where people are served
 - Underserved Cultural Communities (UsCCs) 7 communities, ensure representation based on who is served
 - Cultural Competence Committee (CCC) serves as an advisory group for the infusion of cultural competency across operations

How can I get involved and make my voice heard?

To learn more about how you can participate in YourDMH and its various stakeholder groups, please contact Pinki Mehta at <u>pdmehta@dmh.lacounty.gov</u>. For general information about LACDMH, visit https://dmh.lacounty.gov.

Mental Health Commission

The Los Angeles County Mental Health Commission consists of sixteen members. Section 5604 W.I.C. sets very specific membership requirements. Fifty percent of the Commission membership shall be consumers or the parents, spouses, siblings or adult children of consumers, who are receiving or have received mental health services. Consumers constitute at least 20% of the total membership. Families of consumers constitute at least 20% of the membership.

Community Leadership Teams

The Community Leadership Team (CLT) is made up of Co-Chairs from three important networks of stakeholders: the Service Area Leadership Teams (SALTs), the Underserved Community Groups (UsCCs), and the Cultural Competence Committee (CCC).

- CLT participants will work together to discuss and consolidate stakeholder priorities.
- All stakeholder priorities that were officially endorsed by SALTs, UsCCs, and the CCC and any other convening groups, will be included on the stakeholder priority list.
- The purpose of combining similar stakeholder priorities is to indicate which priorities have the support of multiple stakeholders and therefore must be relayed to the department through the CLT.
- This inclusive and on-going community planning process allows the Department of Mental Health to gather input about experiences with Mental Health Services Act (MHSA) programs and the current mental health system; to gauge the overall impact and effectiveness of such programs; to record recommendations for improvement of programs and processes; and to acknowledge feedback regarding future and/or unmet needs Pursuant to Section 5848(a) W.I.C.



Service Area Leadership Teams

Each of the eight (8) SALTs convenes the interests of DMH stakeholders from its respective Service Areas, including underserved/unserved and any other interested DMH stakeholder communities as well as any interested individual parties in general, such as other County departments, law enforcement, schools and any organization that looks to inform a shared vision. The primary goal of each SALT is for representatives of community to convene and develop stakeholder priorities that will advise DMH on its planning to develop and improve its services and partnership.

Underserved Cultural Communities

The seven (7) UsCCs represent the interests of DMH stakeholders who are part of Los Angeles County's historically unserved, underserved and/or inappropriately served cultural communities. By convening each month the UsCCs are able to provide DMH with unique and important community-driven and culturally specific recommendations.

Cultural Competency Committee

The Cultural Competency Committee (CCC) serves as an advisory group for the infusion of cultural competency in all of LACDMH operations. The CCC membership includes the cultural perspectives of consumers, family members, advocates, Directly Operated (DO) providers, Contracted providers, and community-based organizations.

Youth Communities

Youth voice develops the next generation of inclusive, engaged citizens and leaders. DMH empowers young people to participate in the community stakeholder process at every CLT meeting. Youth voice and participation matter, and the lives of Angelinos will be better when youth participate and help shape their own wellness.