



LOS ANGELES COUNTY
COMMISSION ON HIV



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Transgender Caucus Virtual Meeting

TRANSform the HIV Movement

Tuesday, June 28, 2022

10:00AM-11:00AM (PST)

Agenda and meeting materials will be posted on
<http://hiv.lacounty.gov/Meetings>

REGISTRATION NOT REQUIRED + SIMULTANEOUS TRANSLATION IN SPANISH AND OTHER LANGUAGES NOW AVAILABLE VIA CLOSED CAPTION FEATURE WHEN JOINING VIA WEBEX. CLICK [HERE](#) FOR MORE INFO.

TO JOIN BY COMPUTER: **registration is not required*

<https://lacountyboardofsupervisors.webex.com/lacountyboardofsupervisors/j.php?MTID=mfa4c0743dd340ffda0e508f4d504886f>

Meeting password: TRANSGENDER

TO JOIN BY PHONE:

+1-213-306-3065

Access Code/Event #: 2594 465 2506

For a brief tutorial on how to use WebEx, please check out this video: <https://www.youtube.com/watch?v=iQSSJYcrglk>

**For those using iOS devices - iPhone and iPad - a new version of the WebEx app is now available and is optimized for mobile devices. Visit your Apple App store to download.*

LIKE WHAT WE DO?

Apply to become a Commissioner at

<https://www.surveymonkey.com/r/2022CommissiononHIVMemberApplication>

For application assistance call (213) 738-2816.



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**TRANSGENDER CAUCUS (TG)
VIRTUAL MEETING AGENDA**

TUESDAY, JUNE 28, 2022

10:00 AM – 11:00 PM

TO JOIN BY COMPUTER

<https://lacountyboardofsupervisors.webex.com/lacountyboardofsupervisors/j.php?MTID=mfa4c0743dd340ffda0e508f4d504886f>

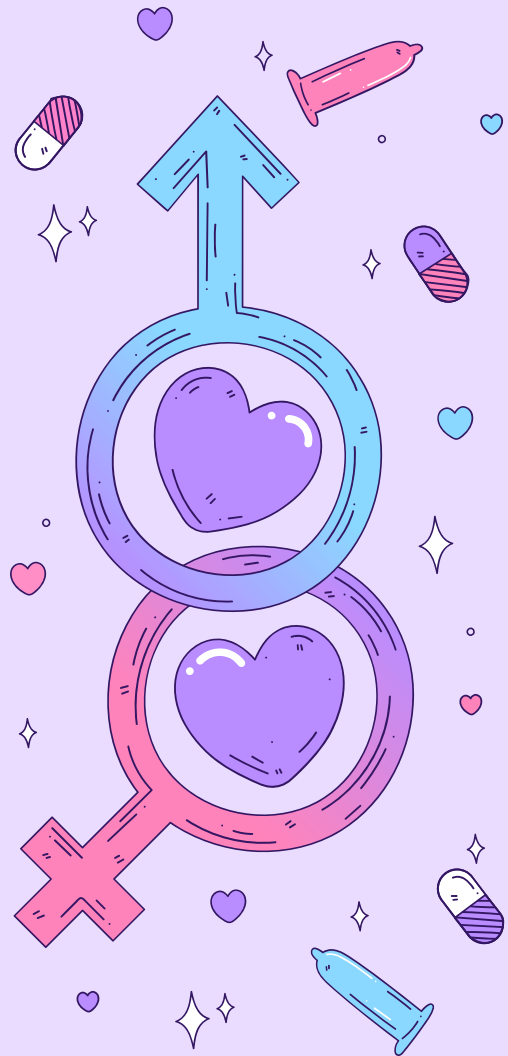
MEETING PASSWORD: TRANSGENDER

TO JOIN BY PHONE: +1-213-306-3065 MEETING #/ACCESS CODE: 2594 465 2506

1. Welcome and Introductions 10:00-10:10
2. Co-Chairs Report 10:10-10:25
 - a. May 24, 2022 Virtual Educational Session Debrief | THE POWER IN PLEASURE: INCLUSIVE SEXUAL EDUCATION THROUGH A YOUTH LENS
 - i. What went well, what didn't, and what can we do better?
 - b. July 26 Meeting Cancelled
3. Staff Report 10:25-10:40
 - a. Best Practices Development for Prevention and Care (Jose Rangel-Garibay)
 - a. Final review and approval
4. Meeting Confirmation and Agenda Development for Next Meeting 10:40-10:45
 - a. July 26 Meeting Cancelled
 - b. Resume meeting on August 23 | Review and Finalize Educational Session for September
5. Public Comments and Announcements 10:45-12noon
6. Adjournment 12noon

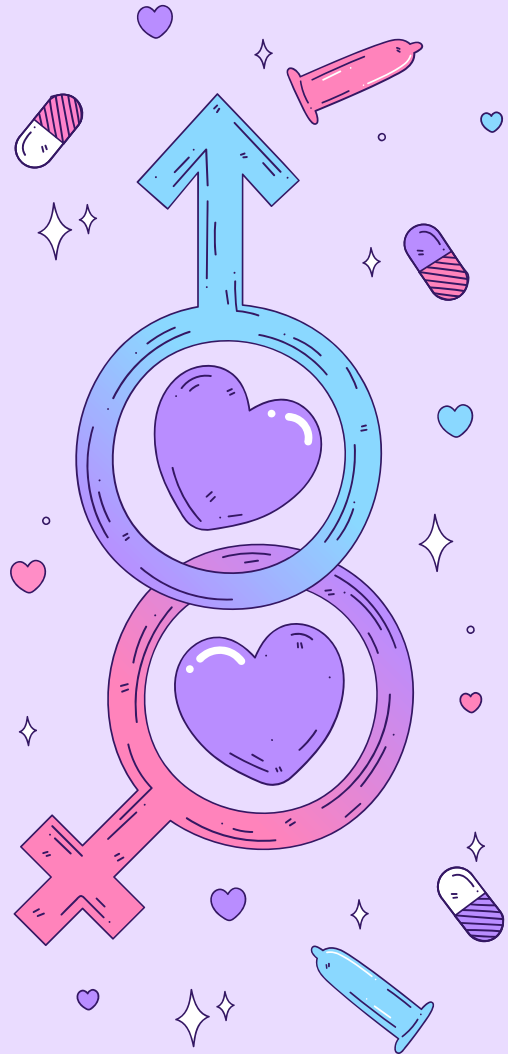
The Power In Pleasure

Welcome to the inclusive sex education
for LGBTQ+ youth



Credits:

Significant contributions for this presentation by Ethan Molina.





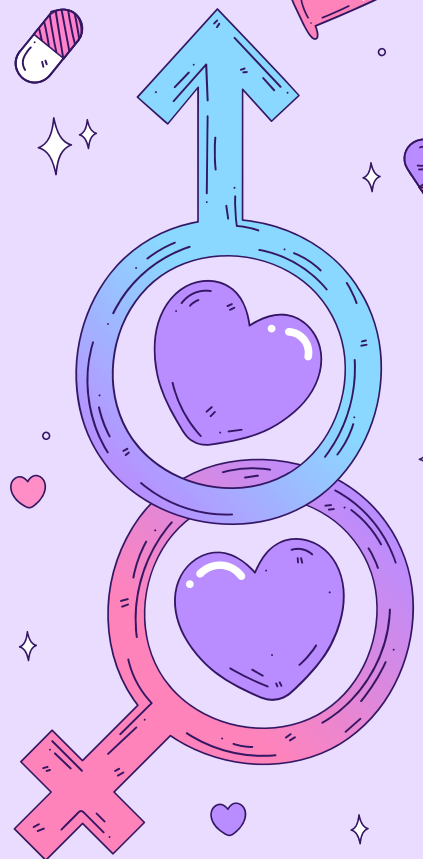
Rory Hayes



Hazel Balmain



Ethan Molina



Disclaimer

**We will be talking about sexual topics,
along with serious topics of LGBTQ+
sexual health oppression.**



Disclaimer

This workshop serves to inform transgender allies of holistic ways to address sexual health within transgender communities.

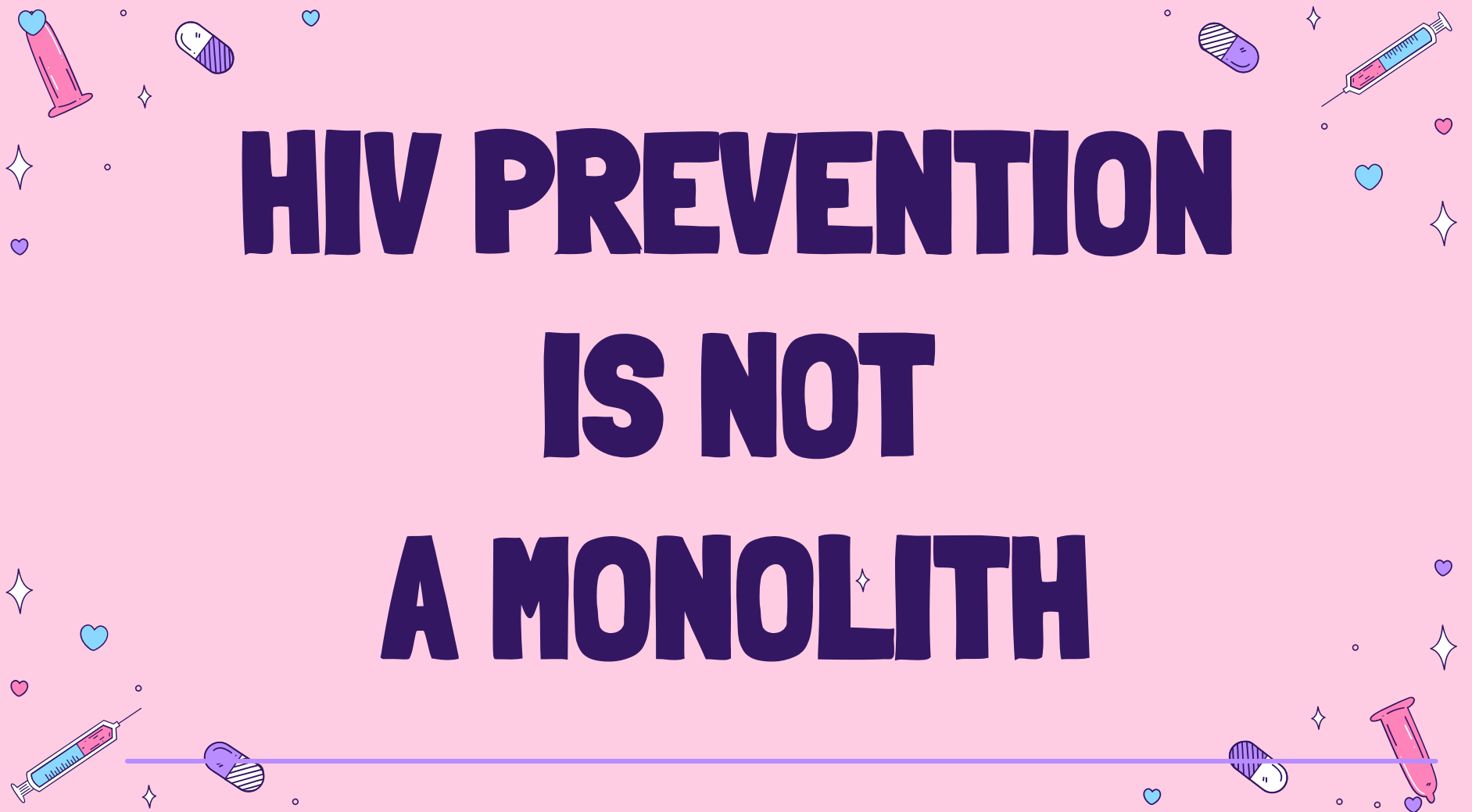




Groundrules

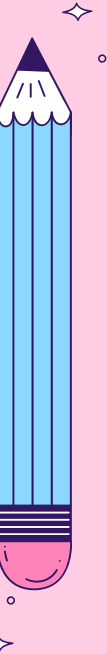
Please be respectful
No Sex Shaming
Be mindful of triggers

**HIV PREVENTION
IS NOT
A MONOLITH**



AGENDA

- Shaming & Consent
- Kink Education
- Desirability
- THE FACTS
- Comprehensive use of Terminology
- Breakout Sessions



SHAMING & CONSENT

IT'S OK TO HAVE
SEX

All consensual and safe forms of sexual practice
between adults should be supported

SHAMING & CONSENT

IT'S OK NOT TO HAVE SEX

It is your personal right to
choose if and when you have
sex



SHAMING & CONSENT

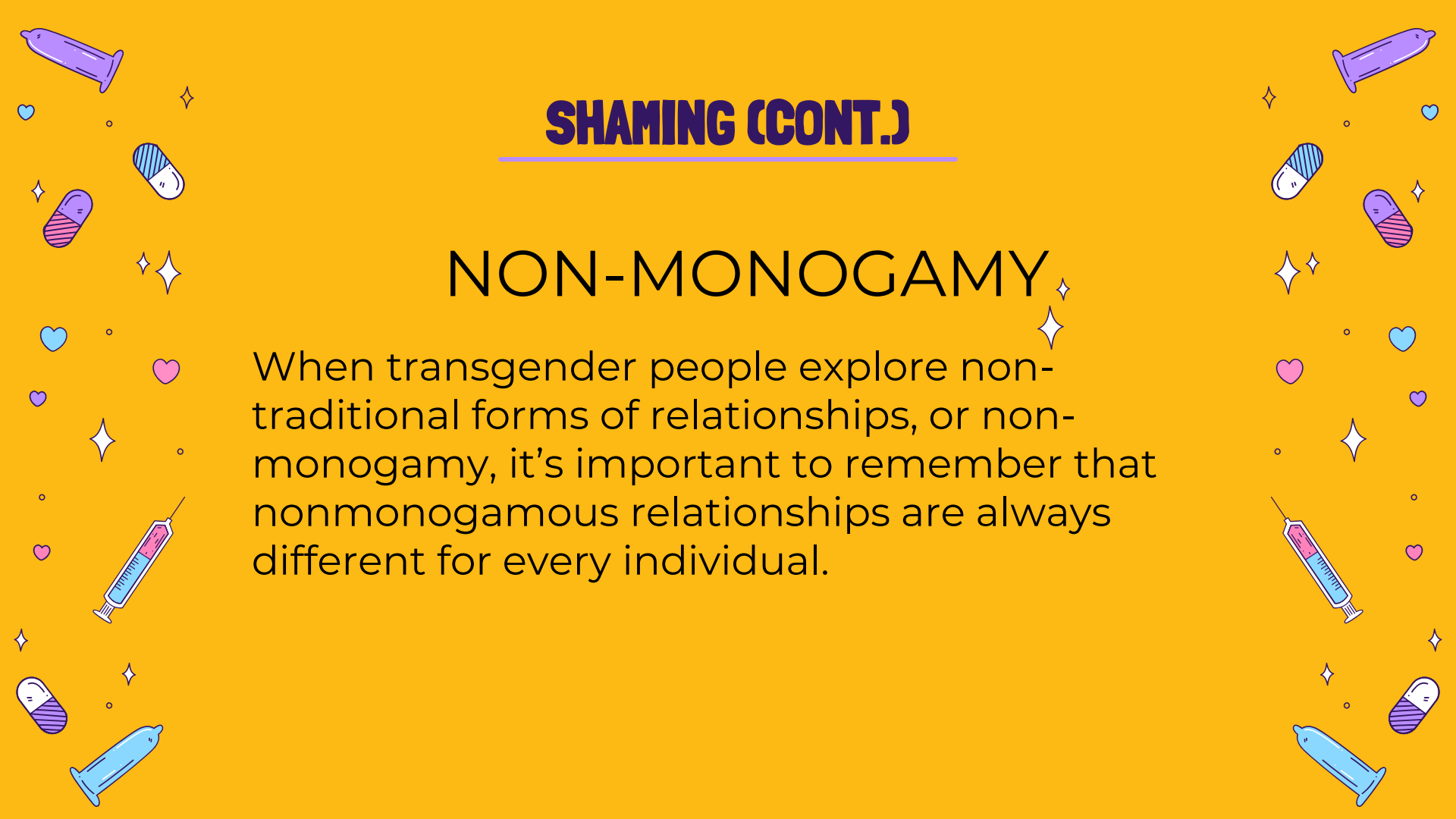
IT'S NOT OK TO INSULT
ANOTHER PERSON FOR
THEIR SEXUAL PRACTICE

What a person chooses to do with their body is between that person and their consenting partner. Your judgement is not necessary and not wanted.

SHAMING (CONT.)

NON-MONOGRAMY

When transgender people explore non-traditional forms of relationships, or non-monogamy, it's important to remember that nonmonogamous relationships are always different for every individual.



SHAMING (CONT.)

NON-MONOGRAMY

- Not always centered around group sex
- Is always consensual on both parts(or more)
- Different approaches to non-monogamy should be respected

KINK

**Let's talk
about KINK**



WHAT IS KINK?

Sex that is Culturally Proficient & Transformative

Consensual, non-traditional sexual, sensual, and intimate dynamics/behaviors.

Kink includes but is not limited to:

- sadomasochism
- domination
- submission
- erotic roleplaying
- fetishism
- erotic forms of discipline



WHAT ISNT KINK?

Sex that is Culturally Proficient & Transformative

- 50 Shades of Gray/non-consensual trope
- Extreme domination & submission
- Conflated with abuse or domestic violence
- Taboo / Intimidating / Scary / Overwhelming
- Only for freaks or sexual deviants
- It's always sexual / sex is the main goal
- Only done in darkness, behind closed doors or in a dungeon

DESTIGMATIZING KINK (Cont.)

Sex that is Culturally Proficient & Transformative

- reclamation of self body, and relationships
- the wave of catharsis after a scene
- playful innocence at its core
- getting needs and wants voiced and met
- supports the need for direct communication and boundaries
- healing from traumas
- a community of people who are compassionate and friendly
- the joy of being able to safely engage in scenes with another/others
- the labor of the sex workers who have historically been ignored and devalued is honored and appreciated

CONSENT IS:



CONSENT IS NOT:



CONSENT IS:



- Informed
- Freely-given
- Coherent
- Ongoing
- Sober
- Enthusiastic
- Clear
- Specific
- Essential
- Comfortable
- Active
- Reversible / Changeable
- Based on equal power
- Breaking away from gender “rules”!

CONSENT IS NOT:



- Flirting
- Silence
- Dressing sexy
- The absence of “no”
- Being in a relationship
- Accepting a ride or a drink, etc.
- If you have to convince them
- Having had sex with the individual
- Saying yes (or saying nothing) while under the influence of drugs or alcohol
- Saying yes or giving in to something because you feel too pressured or too afraid to say no



DESIRE

Desire dictates how communities are engaging in sex. The way populations are cared for, or the lack of care, increases riskier sexual practices. Often times hegemonic desire omits care for fat, disabled, neurodivergent, and other marginalized communities.

DESIRE

Higher Risk Practices Due To Structural Desire

Additionally, structural oppression like fatphobia, global anti-Blackness, and ableism intersect with one another and are compounded within medical/clinical settings. Dismantling anti-fat bias and fatphobia is part of our anti-racism work as non-black people of color. The work doesn't end until the fattest fat person is finally treated like a human being and is legally worthy of respect, medical care, jobs, housing, etc. Fat bodies existed before colonization and they will exist after.



Fatphobia

- Fatphobia: The social-systemic discrimination of fat people.
 - uplifts and promotes weight stigma, idealizing the thin body, and body shaming.
- Fat bodies are constantly demonized in society;
 - Mainstream media
 - Exclusionary fashion industry
 - Fat tax
 - Medical industrial complex



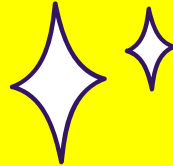
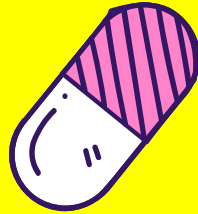
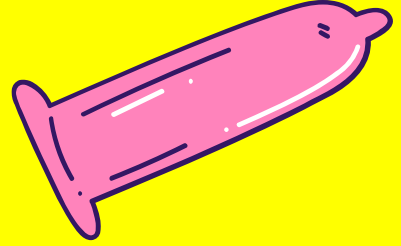
Fatphobia

Normalized Fatphobia

- The "obesity epidemic" AKA eugenics
- Diet culture
- Body shaming
- Exclusive seating
- Harassment and assault
- Believing fat people are deserving of less
- Policing and violent surveillance
- Objectification and sexualization
- Medical negligence & gaslighting

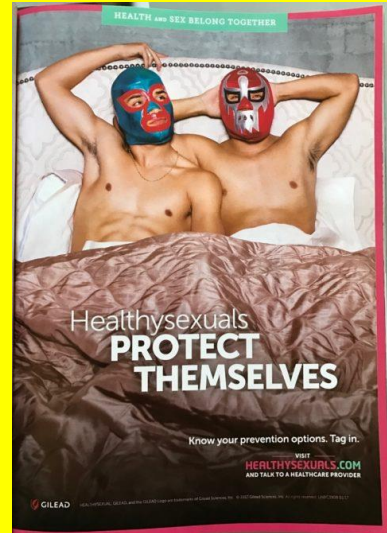


Why Address Fatphobia in Inclusive Sex Education?



Stigmas

- **Stigmas in the LGBTQ+ community**
 - **(No Fats No Femmes)**
 - **HIV Prevention is just for Cis Men/ Cis People**
- **HIV AFFECTS EVERYONE**
 - **Little to no body diversity in mainstream marketing**
 - **“Acceptable fatness”**



TERMINOLOGY

Terminology is important across people of all identities. For example, a trans man might prefer you to call his genitalia a penis rather than it being called a vagina . Words can help our trans community members alleviate gender dysphoria.



GENDER DYSPHORIA

Gender dysphoria: A concept designated in the DSM-5 as clinically significant distress or impairment related to a strong desire to be of another gender, which may include desire to change primary and/or secondary sex characteristics. – American Psychiatric Association



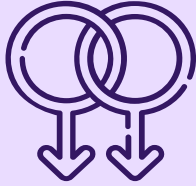
GENDER DYSPHORIA

BE INTENTIONAL WITH TRANS PATIENTS

- **HRT (Hormone Replacement Treatment)**
- **Refer trans community members to gender affirming therapists/free mental health resources**
- **Avoid unsolicited medical advice (Supplemental Hormones/Surgeries is not always the answer)**
- **Affirming community members in their journeys based on what they are sharing is safer**

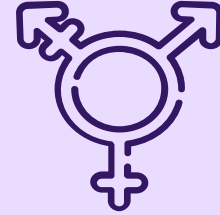


Boy/boy SEX (trans inclusive), WHY NOT?



GAY Sex

1. Oral sex
2. Anal sex
3. Vaginal
4. TOPS AND BOTTOMS

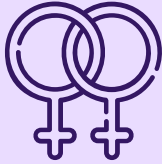


Not all gay sex is two cis men

Trans men can get pregnant even on hormones

It is possible for a trans man and a cis man to concieve

Lesbian sex (trans inclusive), WHY NOT?



Lesbian Sex

1. Oral sex
2. Anal sex
3. Vaginal

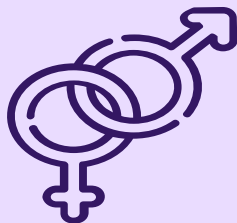


Not all lesbian sex is cis

Trans girls can empregnante cis girls even on hormones

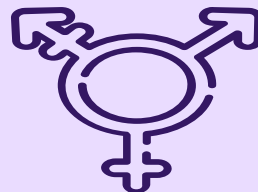
Do not assume all trans girls are of a certain position due to socialized trans identity

Hetero sex (trans inclusive), WHY NOT?



Straight sex

1. Oral sex
2. Anal sex
3. Vaginal

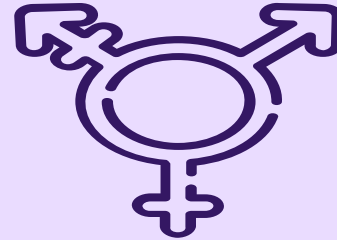


Not all straight sex is two cis people

Two trans people can identify as straight

It is possible for two trans people to concieve

T4T sex , WHY NOT?

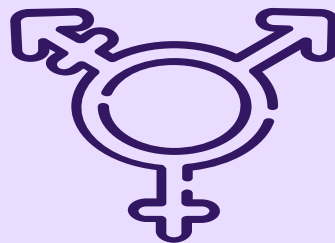


T4T (queer slang)

- 1. Oral sex**
- 2. Anal sex**
- 3. Vaginal**

Sex between two transgender people can mean:

- **2+ trans girls**
- **2+ trans men**
- **straight trans people**
- **Nonbinary people are also included**



WE ARE NOT YOUR FETISH

How to be an Ally

- Rise Up for Trans folks
 - Yield your privilege and combat Transphobia
- Avoid Stigmatized Language
- Sharing Resources
- Empty your pockets



BREAK OUT ROOMS!



How can we de-stigmatize sexual health education within trans, gender varient, and intersex communities?



THANKS!

Do you have any questions?



TRANSGENDER CAUCUS (BEST PRACTICES COMPILATION) Updated 4/26/22

ID	Title	Description	Source/Link	Notes
1	Transgender Health Program Integrated Into HIV prevention and Care	<p>Rutgers New Jersey Medical School created a transgender health program and integrated it into their Infectious Disease Practice.</p> <p>The program conducted community outreach to engage transgender men and women in care, trained all staff on gender affirming care, hired transgender staff, provided gender affirming care and hormone treatments onsite, and offered mental health support to patients.</p>	<p>Poster presentation: OUTCOMES OF A TRANSGENDER HEALTH PROGRAM INTEGRATED INTO HIV PREVENTION AND CARE (targethiv.org)</p> <p>Rutgers Infectious Disease Practice: Gender-Affirming and Transgender Care – Infectious Diseases Practice (rutgers.edu)</p>	Retrieved from the Target HIV Best Practices Compilation: Best Practices Compilation TargetHIV
2	Optimizing HIV Prevention and Care for Transgender Adults	<p>Highlights the recent acknowledgement of transgender women as an important risk group in HIV research and care. Describes epidemiological profile for HIV among transgender communities</p> <p>Describes social and structural contexts of HIV prevention and care. Discusses metabolic interactions between ART, FHT, and HIV.</p> <p>Calls for the development of HIV prevention interventions designed to address the behavioral and biological risks for HIV infection encountered by transgender men and women.</p>	Optimizing HIV Prevention and Care for Transgender Adults (nih.gov)	Resource for identifying areas for further research
3	Best Practices for Trans HIV Prevention and Care: Addressing Social Determinants of Health	<p>California HIV/AIDS Policy Research Centers (CHPRC) convened statewide group of stakeholders to discuss best practices for HIV prevention and care within transgender communities in California.</p> <p>Key Recommendations:</p> <ol style="list-style-type: none"> 1. Create a hub or community at multiple geographic centers placing the needs of the most impacted transgender people 2. Expand existing efforts to increase economic empowerment of transgender individuals 3. Reimagine funding 	CHPRC-Think-Tank-Transgender-Populations-Summary-Draft_Final.pdf	<p>Focus was on addressing social determinants of health</p> <p>Highlights implementation-related barriers to delivery of HIV prevention and treatment programs for transgender people across California</p>

4	Additional Resources for Health Care Providers	HIV Prevention and Care for Transgender People	Additional Resources For Health Care Providers Transforming Health Clinicians HIV CDC	
5	HIV Resource Library: Consumer Info Sheets	Collection of factsheets with basic information on HIV, PEP, PrEP, Safer Sex for HIV, HIV Testing, Living with HIV, HIV Treatment Can Prevent Sexual Transmission, HIV, and Injecting Drugs, How to Clean Your Syringes, HIV Consultation and Referral Services, HIV Content Syndication, HIV Social Media Resources, and HIV Web Resources	Consumer Info Sheets Resource Library HIV/AIDS CDC	
6	HIV Basics: Living with HIV	Contains information on the topics such as: Newly Diagnosed with HIV, Understanding Care, HIV Treatment, AIDS and Opportunistic Infections, Telling Others, Protecting Others, Stigma and Mental Health, Healthy Living with HIV, Family Planning, Traveling with HIV, Resources for People with HIV, and a link to site where you can download “Living with HIV” materials.	Living With HIV HIV Basics HIV/AIDS CDC	Link to site where you can download “Living with HIV” materials: Resources for Persons Living with HIV Living With HIV HIV Basics HIV/AIDS CDC
7	A Guide to Consumer Involvement: Improving the Quality of Ambulatory HIV Programs	Collaboration between the New York State Department of Health AIDS Institute and the HRSA HIV/AIDS Bureau Published in August 2006. Opportunity to develop training modules to promote and enhance consumer involvement.	FINALconsumer08_24_06.indd (ucsf.edu)	Consumer involvement programs should be designed to increase the involvement of consumers in decision-making and to provide input into the quality improvement process within an agency Consumer involvement strategies and practices
8	Engaging People with HIV in Quality Improvement: Best Practices to Meaningfully Engage and Involve	Presentation learning objectives: At the end of this session, participants will: <ul style="list-style-type: none"> • Understand the importance of people with HIV participation in clinical quality management program activities • Learn effective strategies to overcome common barriers in engaging consumers in quality improvement activities 	PowerPoint Presentation (mnhivcouncil.org)	Missouri Ladder: Used as a guide to support consumer decision-making in involvement structures as well as an assessment of current involvement for improvement activities -Consumer involvement matrix

		<ul style="list-style-type: none"> • Know where to access resources to improve participation of people with HIV in quality improvement efforts • Develop hands-on strategies for receiving meaningful input by people with HIV to improve HIV care 		<p>-Highlight the impact support groups have on consumer involvement and engagement</p> <p>-Focus on Quality Improvement</p>
9	<p>US PLHIV Caucus Consumer Engagement Consumer Involvement Denver Principles Self-Empowerment</p>	<p>Outline a series of rights and responsibilities for healthcare professionals, people with AIDS and all who are concerned about the epidemic. It was the first time in the history of humanity that people who shared a disease organized to assert their right to a political voice in the decision-making that would so profoundly affect their lives.</p>	<p>Denver Principles - US PLHIV CAUCUS</p>	
10	<p>AIDS United Consumer Involvement Meaningful Involvement Resources</p>	<p>A collection of resources that share best practices to incorporate MIPA/mechanisms for greater involvement of people living with HIV</p> <p>Related Webinar: MIPA and Young Adults: Focusing on Ageism and Adulthood Webinar</p>	<p>Meaningful Involvement of People with HIV/AIDS (MIPA) - AIDS United</p>	<p>Embodying Meaningful Involvement of People Living with HIV: Putting the Pieces Together- Guide includes history and lessons learned from the community</p> <ul style="list-style-type: none"> • MIPA Fact Sheet (available in English/Spanish/French)