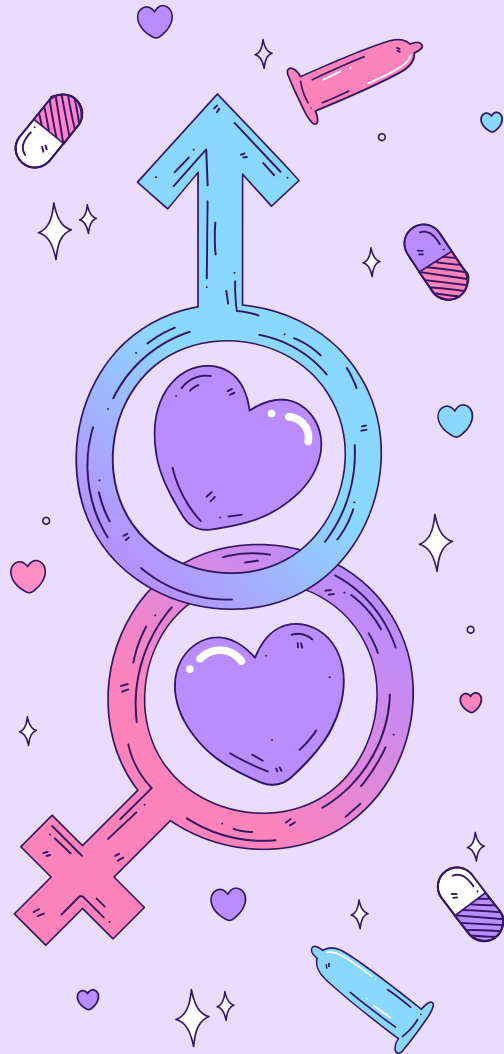


# The Power In Pleasure

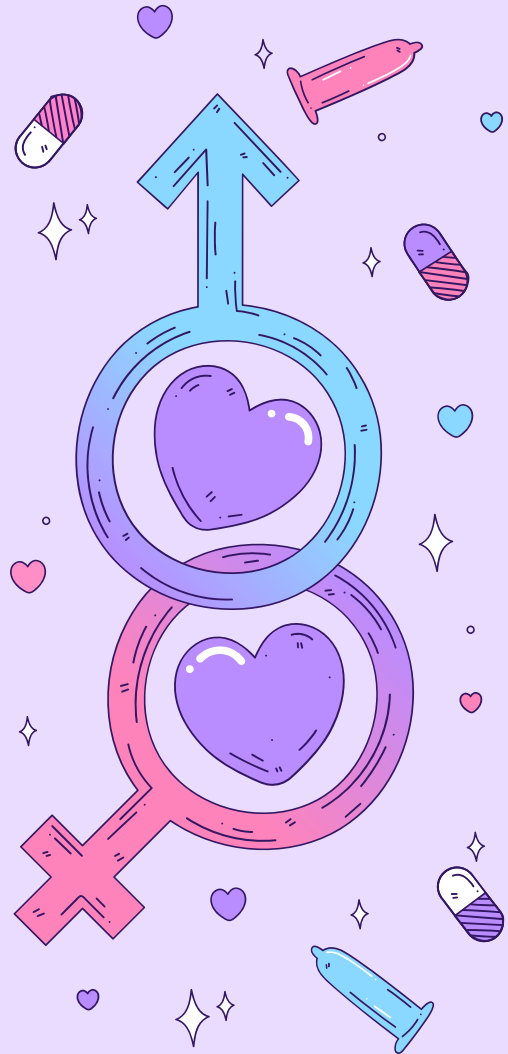
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Welcome to the inclusive sex education  
for LGBTQ+ youth



# Credits:

Significant contributions for this presentation by Ethan Molina.





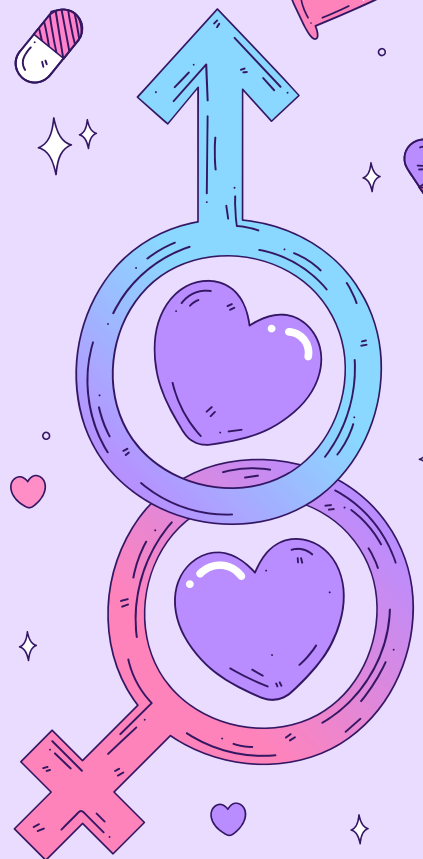
**Rory Hayes**



**Hazel Balmain**



**Ethan Molina**



# Disclaimer

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**We will be talking about sexual topics,  
along with serious topics of LGBTQ+  
sexual health oppression.**



# Disclaimer

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**This workshop serves to inform transgender allies of holistic ways to address sexual health within transgender communities.**



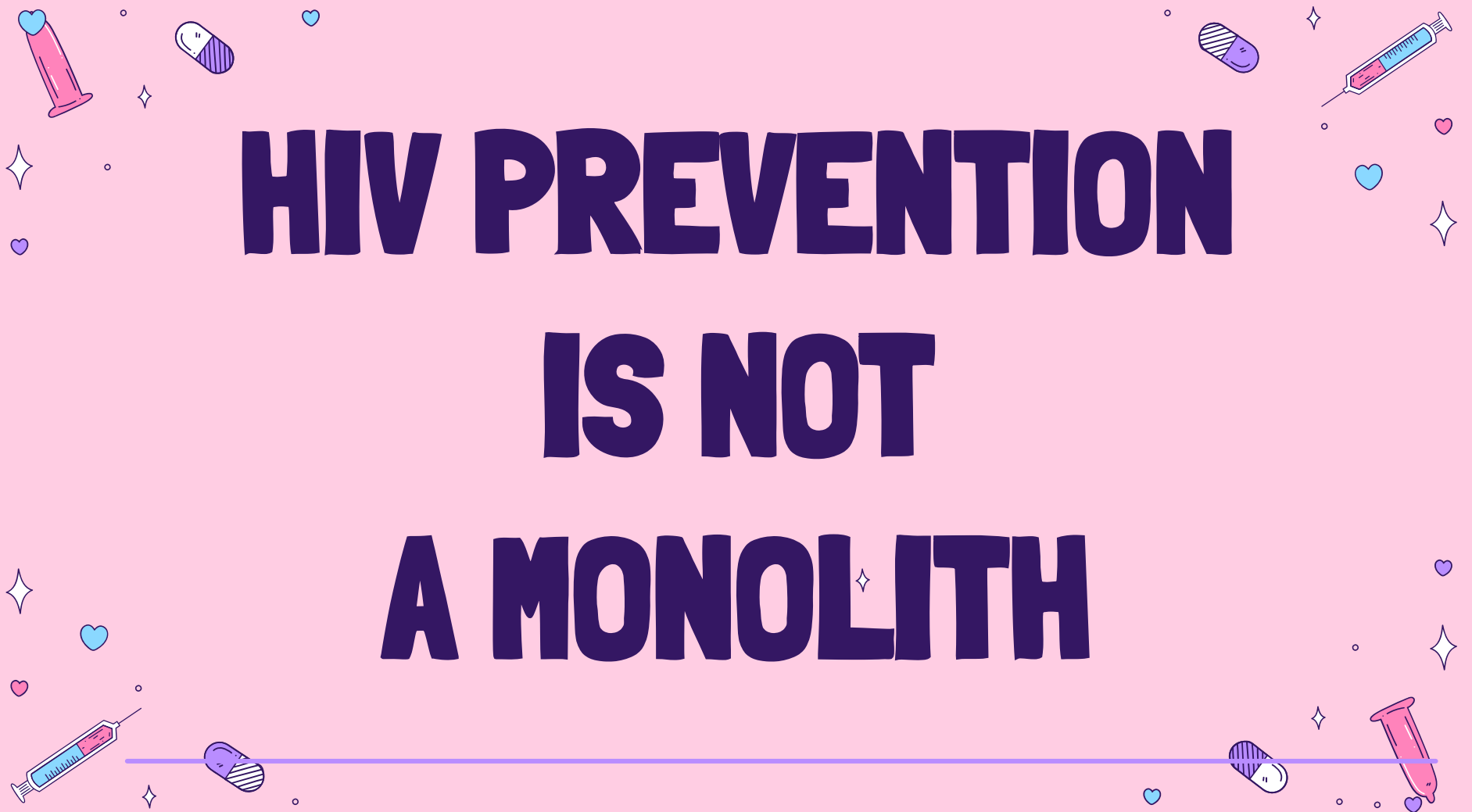
The background is a light blue color with various medical and health-related icons scattered around. These include a pink condom, a purple and white pill, a blue heart, a white star, a purple heart, a blue heart, a purple and white pill, a blue syringe, a purple heart, a white star, a purple heart, a blue heart, a purple and white pill, a blue syringe, a purple heart, a white star, a purple heart, a blue heart, a purple and white pill, and a blue syringe. The word "Groundrules" is written in a large, bold, dark purple font in the center of the page.

# Groundrules

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**Please be respectful**  
**No Sex Shaming**  
**Be mindful of triggers**

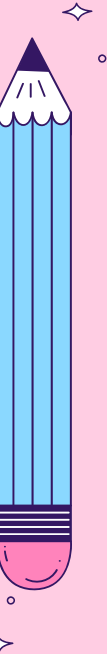
**HIV PREVENTION  
IS NOT  
A MONOLITH**



# AGENDA

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- Shaming & Consent
- Kink Education
- Desirability
- THE FACTS
- Comprehensive use of Terminology
- Breakout Sessions





# SHAMING & CONSENT

IT'S OK TO HAVE  
SEX

All consensual and safe forms of sexual practice  
between adults should be supported

# SHAMING & CONSENT

# IT'S OK NOT TO HAVE SEX

It is your personal right to  
choose if and when you have  
sex



# SHAMING & CONSENT

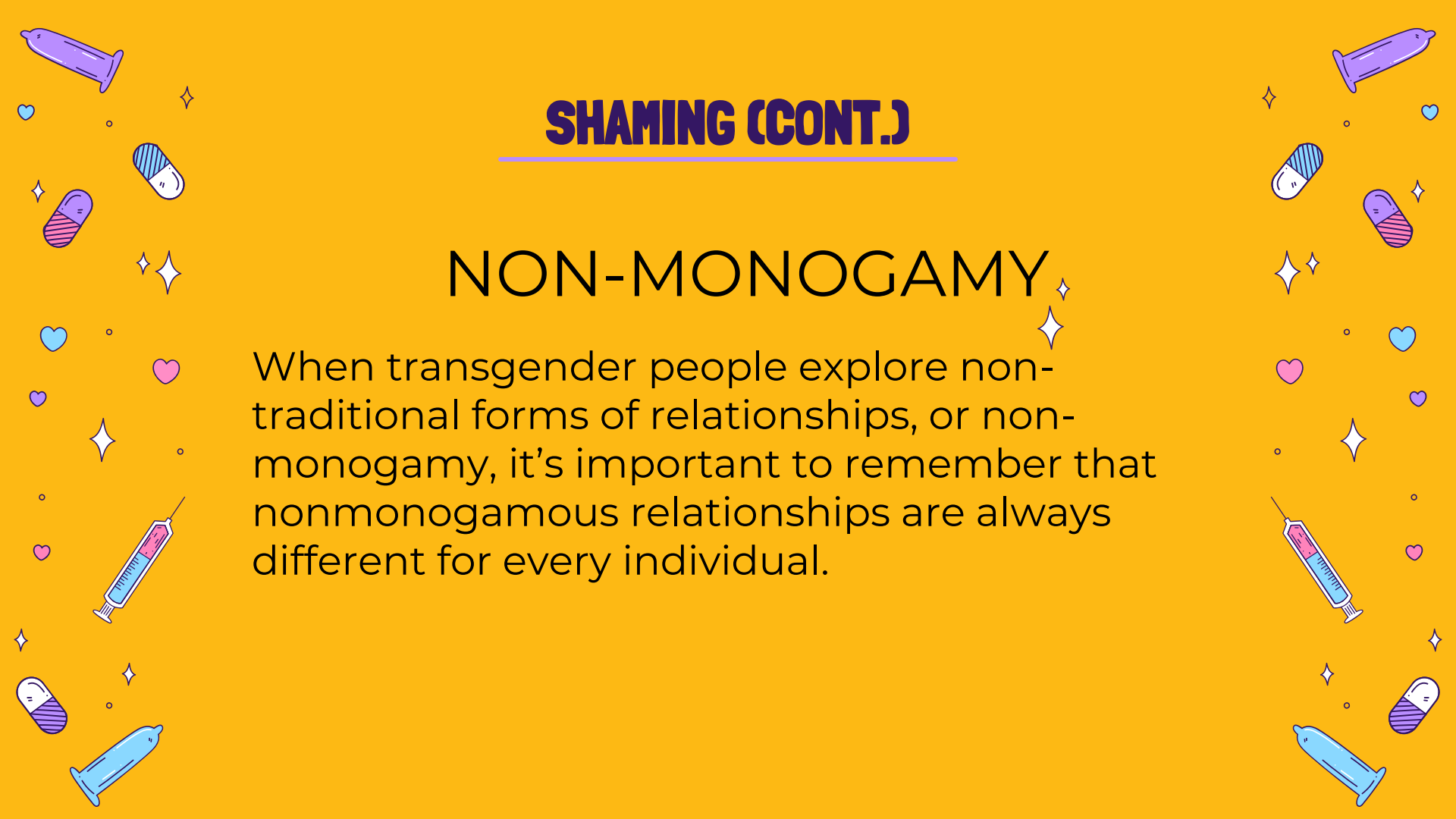
IT'S NOT OK TO INSULT  
ANOTHER PERSON FOR  
THEIR SEXUAL PRACTICE

What a person chooses to do with their body is between that person and their consenting partner. Your judgement is not necessary and not wanted.

## SHAMING (CONT.)

# NON-MONOGRAMY

When transgender people explore non-traditional forms of relationships, or non-monogamy, it's important to remember that nonmonogamous relationships are always different for every individual.



# SHAMING (CONT.)

## NON-MONOGRAMY

- Not always centered around group sex
- Is always consensual on both parts(or more)
- Different approaches to non-monogamy should be respected

**KINK**

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**Let's talk  
about KINK**



# WHAT IS KINK?

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## Sex that is Culturally Proficient & Transformative

Consensual, non-traditional sexual, sensual, and intimate dynamics/behaviors.

Kink includes but is not limited to:

- sadomasochism
- domination
- submission
- erotic roleplaying
- fetishism
- erotic forms of discipline



# WHAT ISNT KINK?

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## Sex that is Culturally Proficient & Transformative

- 50 Shades of Gray/non-consensual trope
- Extreme domination & submission
- Conflated with abuse or domestic violence
- Taboo / Intimidating / Scary / Overwhelming
- Only for freaks or sexual deviants
- It's always sexual / sex is the main goal
- Only done in darkness, behind closed doors or in a dungeon



## DESTIGMATIZING KINK (Cont.)

### Sex that is Culturally Proficient & Transformative

- reclamation of self body, and relationships
- the wave of catharsis after a scene
- playful innocence at its core
- getting needs and wants voiced and met
- supports the need for direct communication and boundaries
- healing from traumas
- a community of people who are compassionate and friendly
- the joy of being able to safely engage in scenes with another/others
- the labor of the sex workers who have historically been ignored and devalued is honored and appreciated

CONSENT IS:



CONSENT IS NOT:



## CONSENT IS:



- Informed
- Freely-given
- Coherent
- Ongoing
- Sober
- Enthusiastic
- Clear
- Specific
- Essential
- Comfortable
- Active
- Reversible / Changeable
- Based on equal power
- Breaking away from gender “rules”!

## CONSENT IS NOT:



- Flirting
- Silence
- Dressing sexy
- The absence of “no”
- Being in a relationship
- Accepting a ride or a drink, etc.
- If you have to convince them
- Having had sex with the individual
- Saying yes (or saying nothing) while under the influence of drugs or alcohol
- Saying yes or giving in to something because you feel too pressured or too afraid to say no



# DESIRE

Desire dictates how communities are engaging in sex. The way populations are cared for, or the lack of care, increases riskier sexual practices. Often times hegemonic desire omits care for fat, disabled, neurodivergent, and other marginalized communities.

# DESIRE

## Higher Risk Practices Due To Structural Desire

Additionally, structural oppression like fatphobia, global anti-Blackness, and ableism intersect with one another and are compounded within medical/clinical settings. Dismantling anti-fat bias and fatphobia is part of our anti-racism work as non-black people of color. The work doesn't end until the fattest fat person is finally treated like a human being and is legally worthy of respect, medical care, jobs, housing, etc. Fat bodies existed before colonization and they will exist after.



# Fatphobia

- Fatphobia: The social-systemic discrimination of fat people.
  - uplifts and promotes weight stigma, idealizing the thin body, and body shaming.
- Fat bodies are constantly demonized in society;
  - Mainstream media
  - Exclusionary fashion industry
  - Fat tax
  - Medical industrial complex



# Fatphobia

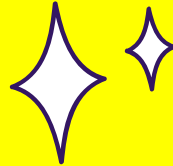
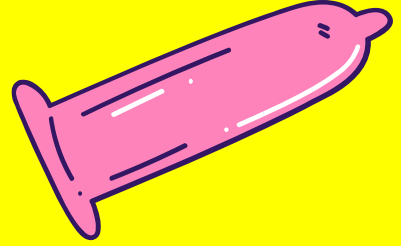
## Normalized Fatphobia

- The "obesity epidemic" AKA eugenics
- Diet culture
- Body shaming
- Exclusive seating
- Harassment and assault
- Believing fat people are deserving of less
- Policing and violent surveillance
- Objectification and sexualization
- Medical negligence & gaslighting



# Why Address Fatphobia in Inclusive Sex Education?

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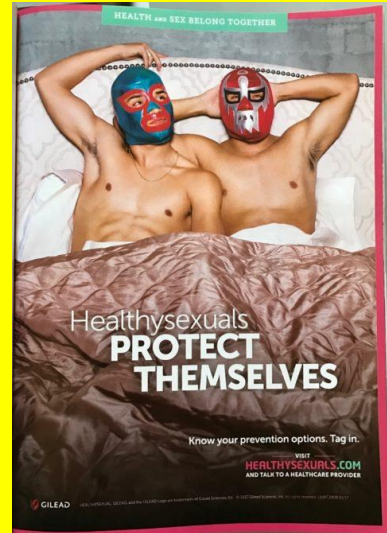




# Stigmas

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- **Stigmas in the LGBTQ+ community**
  - **(No Fats No Femmes )**
  - **HIV Prevention is just for Cis Men/ Cis People**
- **HIV AFFECTS EVERYONE**
  - **Little to no body diversity in mainstream marketing**
  - **“Acceptable fatness”**



# TERMINOLOGY

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**Terminology is important across people of all identities. For example, a trans man might prefer you to call his genitalia a penis rather than it being called a vagina . Words can help our trans community members alleviate gender dysphoria.**



# GENDER DYSPHORIA

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**Gender dysphoria: A concept designated in the DSM-5 as clinically significant distress or impairment related to a strong desire to be of another gender, which may include desire to change primary and/or secondary sex characteristics. – American Psychiatric Association**



# GENDER DYSPHORIA

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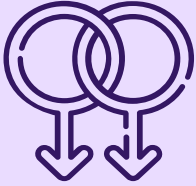
## BE INTENTIONAL WITH TRANS PATIENTS

- **HRT (Hormone Replacement Treatment)**
- **Refer trans community members to gender affirming therapists/free mental health resources**
- **Avoid unsolicited medical advice (Supplemental Hormones/Surgeries is not always the answer)**
- **Affirming community members in their journeys based on what they are sharing is safer**



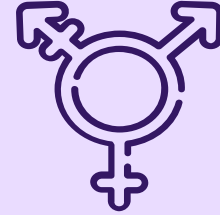
# Boy/boy SEX (trans inclusive), WHY NOT?

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## GAY Sex

1. Oral sex
2. Anal sex
3. Vaginal
4. TOPS AND BOTTOMS



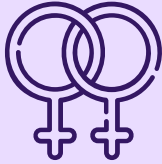
**Not all gay sex is two cis men**

**Trans men can get pregnant even on hormones**

**It is possible for a trans man and a cis man to concieve**

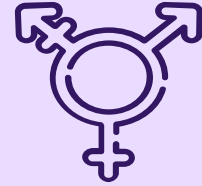
# Lesbian sex (trans inclusive ), WHY NOT?

---



## Lesbian Sex

1. Oral sex
2. Anal sex
3. Vaginal



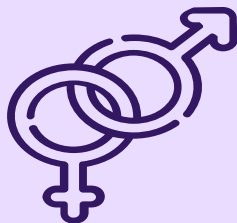
## Not all lesbian sex is cis

Trans girls can empregnante cis girls even on hormones

Do not assume all trans girls are of a certain position due to socialized trans identity

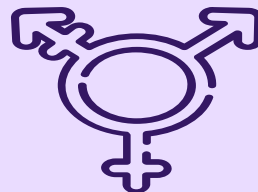
# Hetero sex (trans inclusive), WHY NOT?

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## Straight sex

1. Oral sex
2. Anal sex
3. Vaginal



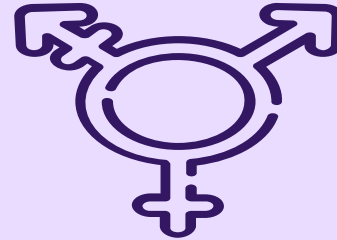
**Not all straight sex is two cis people**

**Two trans people can identify as straight**

**It is possible for two trans people to concieve**

# T4T sex , WHY NOT?

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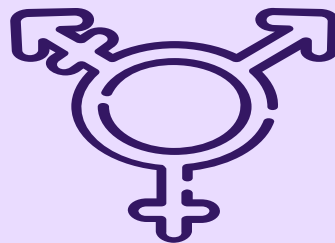
## T4T (queer slang)

- 1. Oral sex**
- 2. Anal sex**
- 3. Vaginal**

Sex between two transgender people can mean:

- **2+ trans girls**
- **2+ trans men**
- **straight trans people**
- **Nonbinary people are also included**





**WE ARE NOT YOUR FETISH**

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# How to be an Ally

- Rise Up for Trans folks
  - Yield your privilege and combat Transphobia
- Avoid Stigmatized Language
- Sharing Resources
- Empty your pockets



BREAK OUT ROOMS!



How can we de-stigmatize sexual health education within trans, gender varient, and intersex communities?

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# THANKS!

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Do you have any questions?

