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Aging Caucus Virtual Meeting

Be a part of the HIV movement

Tuesday, April 4, 2023 1:00PM-2:30PM (PST)

Agenda and meeting materials will be posted on http://hiv.lacounty.gov/Meetings

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Password: AGING

The Aging Caucus is committed to addressing aging across the lifespan. We welcome your ideas and feedback. If you are unable to attend the meeting, you may still share your thoughts by emailing them to hivcomm@lachiv.org.

For information on HIV and aging, visit https://www.hiv.gov/hiv-basics/living-well-with-hiv/taking-care-of-yourself/aging-with-hiv

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AGING CAUCUS VIRTUAL MEETING AGENDA

TUESDAY, APRIL 4, 2023 1:00 PM – 2:30 PM TO JOIN BY WEBEX, CLICK:

https://lacountyboardofsupervisors.webex.com/lacountyboardofsupervisors/j.php?MTID=m090cd952 478e14d848a6485ebd4b8a9f

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Meeting Number and Access Code: 2592 018 0490 Password: AGING

1. Welcome & Introductions 1:00pm-1:10pm 2. Co-Chairs' Report 1:10pm-1:30pm a. Planning for National HIV/AIDS and Aging Awareness Day | Update *Determine date in September, presentation/panel objectives, speakers, and format.* b. Conference Updates i. Conference on Retroviruses and Opportunistic Infections (CROI) National AIDS Treatment Advocacy Project -Aging, Comorbidities And HIV CROI Updates ii. American Society on Aging 3. Division of HIV and STD Programs (DHSP) Report 1:30pm-1:40pm 4. DISCUSSION: Comprehensive HIV Plan and Aging-related Strategies 1:40pm-2:00pm a. Strategy 2H- Expand capacity to provide whole-person care to PLWH who are age 50 and older and long-term survivors b. Identify 1 priority activity to accomplish for 2023 5. Executive Director/Staff Report 2:00pm-2:10pm a. Pandemic Response and Recovery Task Force Board Motion 6. Next Steps and Agenda Development for Next Meeting 2:10pm-2:15pm a. **NEXT MEETING:** June 6, 2023 **Caucus members to decide if in-person or virtual at 4/4/23 meeting** 7. Public Comments & Announcements 2:15pm-2:25pm 8. Adjournment 2:30pm



AGING CAUCUS February 7, 2023 Virtual Meeting Summary

In attendance:

Kevin Donnelly (Co-Chair)	Paul Nash (Co-Chair)	Al Ballesteros
Alasdair Burton	Viviana Criado	Joseph Green
Shawn Griffin	Lee Kochems	Pamela Ogata (DHSP)
Hector Silva	Zorik	Cheryl Barrit (COH Staff)
Catherine Lapointe (COH	Lizette Martinez (COH Staff)	Jose Rangel-Garibay (COH
Staff)		Staff)

CHP: Comprehensive HIV Plan
COH: Commission on HIV

DHSP: Division of HIV and STD Programs DPH: Department of Public Health

1. Welcome & Introductions

Kevin Donnelly and Paul Nash, Co-Chairs, welcomed attendees and led introductions.

2. Co-Chairs' Report

- a. Planning for September 14 Commission Meeting | National HIV/AIDS and Aging Awareness Day (Commemorated on Sept. 18)
 - * Determine theme, presentation/panel objectives, speakers, and volunteers. *
 The Caucus began discussing possible themes, objectives, speakers, and volunteers in preparation for National HIV/AIDS and Aging Awareness Day on September 18, 2023. The panel would be a part of the Commission meeting on Sept. 14 Alasdair Burton suggested topics such as self-advocacy and addressing isolation in older adults. Joe Green recommended tying in the four pillars of the Ending the HIV Epidemic (EHE) Initiative (diagnose, treat, prevent, respond). Al Ballesteros suggested the topic of training medical staff in the Ryan White Program (RWP) on how to work with older adults.

3. LISTEN AND LEARN: Aging and Living with HIV Testimony

* Hear from long-term survivors/older adults living with HIV to understand and compel the community to act with urgency in addressing the needs of older adults living with HIV. *

Commissioner A. Ballesteros invited several individuals with lived experience to speak to the Aging Caucus about their experiences navigating the housing system as an older adult living with HIV. Speakers were given the chance to tell their story and share how they have been struggling to maintain secure housing after being forced to leave their apartments. The listen and learn session highlighted the need for easy access to care and information, less bureaucracy and paper work burden, medical care, educational sessions, mental health

services, consistency with information given by case managers, and housing resources for older adults living with HIV.

4. Division of HIV and STD Programs (DHSP) Report

a. Aging Workgroups Update

Pamela Ogata informed the Caucus that the DHSP workgroups have not met yet, but more information will be sent out soon regarding meeting times. P. Ogata invited Caucus members to contact Cheryl Barrit if they would like to volunteer for a workgroup. The following Caucus members were assigned to the following workgroups:

- Add gerontology training to AOM, OH, MCC, and MH services Paul Nash, Viviana Criado
- Acknowledge and support nontraditional family relationships Alasdair Burton
- Seek out mental health specialists who can treat both HIV and age-related conditions – Kevin Donnelly, Joe Green
- Examine housing inventory to ensure that it provides safe and welcoming environments for seniors – Arlene Frames

b. Aging-related Directives Update – Refer to directives #16 and #17

P. Ogata reported that DHSP is working with community partners on a peer support program for older adults living with HIV. More details will be shared once the contract is finalized.

c. Other efforts to address HIV and aging

P. Ogata reported that DHSP is reviewing the medical care coordination (MCC) assessment and will further discuss the need for increased trainings and gerontologists. DHSP is also reviewing the home-based case management standards and recommended meeting with the Standards and Best Practices (SBP) Committee to add gerontologists to the standards.

5. DISCUSSION: Comprehensive HIV Plan and Aging-related Strategies

K. Donnelly briefly reviewed the Comprehensive HIV Plan (CHP) and aging-related strategies; see meeting packet. The Caucus decided to table this discuss for a future meeting to allow for a more in-depth conversation.

6. Next Steps and Agenda Development for Next Meeting

- The Caucus decided to cancel their March meeting and will reconvene in April. There was agreement to meet every other month to allow time for the DHSP internal workgroups to convene and report back to the Caucus.
- At their April meeting, the Caucus have a presentation on vaccines for older adults.

7. Public Comments & Announcements

Shawn Griffin invited attendees to participate in the What We Think Project conducted by the Los Angeles County Department of Mental Health – LGBTQIA2-S USCC subcommittee. The purpose of the project is to gain more insight on the needs of Black gay men in LAC. Those who are interested can contact S. Griffin at (213) 642-5292 or shawngriffLA@gmail.com.

8. Adjournment

The meeting was adjourned by K. Donnelly.



LOS ANGELES COUNTY COMMISSION ON HIV AGING CAUCUS 2023 WORKPLAN (REVISION DATES: 1/3/23)

Created 12.12.22; 12.19.22 ADOPTED 1/3/23

Task Force Adoption Date: Co-Chairs: Kevin Donnelly & Paul Nash TASK/ACTIVITY **STATUS/NOTES/OTHER COMMITTEES DESCRIPTION TARGET** COMPLETION **INVOLVED** DATE Review and refine 2022 workplan, as needed Ongoing Ensure service standards are reflective of and Provide feedback on service standards **Develop Transitional Case Management** address the needs of PLWH 50+ for older PLWH transitioning out of Ryan White into Medicare (completion date to be determined by SBP) Update Universal Standards of Care for training requirements and documentation addressing mental health and HIV and aging in general. Infuse aging lens in the multi-year Use Aging Caucus recommendations and care Ongoing service ranking and funding allocations framework to inform Ryan White allocations exercise conducted by PP&A Continue to work with DHSP to implement Ongoing Maintain ongoing communication with Dr. recommendations and HIV care framework for Green and W. Garland to assess what is PLWH 50+ realistic for DHSP to implement. Participate in internal DHSP HIV and Aging Examine housing inventory to Ongoing workgroups and monitor progress in ensure that it provides safe and implementing identified 4 priorities. welcoming environments for seniors 2. Add gerontology training to Ambulatory Outpatient Medical, Oral Health. Medical Care Coordination and Mental Health services providers to improve awareness and understanding of age-related inequities in care and

treatment



LOS ANGELES COUNTY COMMISSION ON HIV AGING CAUCUS 2023 WORKPLAN (REVISION DATES: 1/3/23)

Created 12.12.22; 12.19.22 ADOPTED 1/3/23

		 3. Acknowledge and support nontraditional family relationships that nurture well-being and social connection 4. Seek out mental health specialists who can treat both HIV and agerelated conditions 		
6	Monitor, learn and understand HIV and aging- specific evidence-based research activities to improve HIV/STD prevention and care programs for PLWH 50+ and long-term survivors (LTS).		Ongoing	
7	Plan and implement a special panel/speaker for the September Commission meeting in commemoration of National HIV/AIDS and Aging Awareness Day	Identify panel/presentation objectives Identify panelists/speakers Agendize for Sept. 14 Commission meeting or sometime in Sept.		National HIV/AIDS and Aging Day is September 18 Opportunity to advance Aging Caucus' recommendations, recruit more partners, and hold the County and agencies to be more accountable for addressing the needs of older adults living with HIV.

Excerpts from the Comprehensive HIV Plan 2022-2026 where the Aging Caucus and/or PLWH 50+ were mentioned:

Pillar II: Treat

Goal: Treat people with HIV rapidly and effectively to reach sustained viral suppression

2C.5: Develop transitional case management service standards that help PLWH transition from RWP into Medi-Cal, Medicare and CalAIM, and develop case management service standards that can monitor if care and support services are meeting the needs of PLWH post-transition. COH- Aging

Strategy 2H: Expand capacity to provide whole-person care to PLWH who are age 50 and older and long-term survivors ⁴				
Activity	Responsible Party	Performance Measure	Timeframe	
2H.1: Identify, implement, and evaluate models of care that meet the needs of	DHSP; COH Aging	Written findings	By 2023	
people with HIV who are aging and ensure quality of care across services ⁴	Caucus			



LOS ANGELES COUNTY COMMISSION ON HIV AGING CAUCUS 2023 WORKPLAN (REVISION DATES: 1/3/23)

Created 12.12.22; 12.19.22 ADOPTED 1/3/23

2H.2: Identify and implement best practices related to addressing psychosocial and behavioral health needs of older PLWH and long-term survivors including	DHSP; research partners;	Identification of best practices and efforts to	2022-2026
substance use treatment, mental health treatment, and programs to decrease social isolation ⁴	providers	implement	
2H.3: Review/update diagnostic screenings to include age-related conditions	Providers; Clinics;	Screening tools	By 2024
(i.e. screen for loneliness, ACEs, depression, anxiety, experiences of	COH Aging Caucus	developed and utilized	
discrimination), using Commission on HIV's Aging Task Force recommendations			
as a guide			
2H.4: Screen patients for comprehensive benefits analysis and financial	Providers; Clinics;	Screening tools	By 2024
screening; and assess access to caregiving support	COH Aging Caucus	developed and utilized	
2H.5: Review Home-Based Case Management service standards for alignment	COH – SBP	Documented review	By 2023
with OT and PT assessments	Committee		

⁴ Adapted from the NHAS, 2022-2025

Activity 2C.4: Leverage and monitor CalAIM to ensure their programs are appropriate and effective for PLWH

Activity 2C.5: Develop transitional case management programs that help PLWH transition from Ryan White Program into Medi-Cal, Medicare and CalAIM, and develop case management services that can monitor if care and support services are meeting the needs of PLWH post-transition.

Activity 2C.6: Expand the use of street medicine for unhoused PLWH and at-risk for HIV

Strategy 2D: Expand the promotion of Ryan White Program services to increase awareness, access to, and utilization of available medical care and support services for PLWH

Activity 2D.1: Assess how clients are currently learning about available RWP services. Identify existing and new resources to assist with promotion and educational outreach including, but not limited to, print materials and online resources

Strategy 2E: Develop and fund a housing service portfolio that provides rental subsidies to prevent homelessness among PLWH

Activity 2E.1: Determine processes and program operations for housing assistance that are aligned with federal funding guidance and restrictions

Activity 2E.2: Identify potential housing partners positioned to serve PLWH and implement an expanded housing program.

Strategy 2F: Explore the impact of conditional financial incentives to increase adherence to treatment for high acuity out-of-care PLWH

Activity 2F.1: Develop processes and program operations for a pilot program that is acceptable to clients and is aligned with federal funding guidance and restrictions

Activity 2F.2: Identify potential clinical sites, train staff on pilot processes, and implement program

Activity 2F.3: Develop a robust evaluation plan to determine continued use of financial incentives and potential for expansion to other populations

Strategy 2G: RFP: EHE Priority Populations Interventions

Activity 2G.1: Develop and release RFP to fund 7-10 contracts for identified interventions

Strategy 2H: Expand capacity to provide whole-person care to PLWH who are age 50 and older and long-term survivors⁵⁹

Activity 2H.1: Identify, implement, and evaluate models of care that meet the needs of people with HIV who are aging and ensure quality of care across services⁶⁴

Activity 2H.2: Identify and implement best practices related to addressing psychosocial and behavioral health needs of older PLWH and long-term survivors including substance use treatment, mental health treatment, and programs designed to decrease social isolation⁵⁹

Activity 2H.3: Review/update diagnostic screenings to include age-related conditions (i.e. screen for loneliness, ACEs, depression, anxiety, experiences of discrimination), using LA County Commission on HIV's Aging Task Force recommendations as a guide

Activity 2H.4: Screen patients for comprehensive benefits analysis and financial screening; and assess access to caregiving support

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⁶⁴ Adapted from the NHAS, 2022-2025

Activity 2H.5: Review Home-Based Case Management service standards for alignment with OT and PT assessments

Key Partners: RWP-supported HIV service providers, HIV medical providers outside of RWP network, FQHCs and Community Health Centers, HIV and STD Testing Providers, HOPWA, CA Dept. of Healthcare Services; LAC DHS Housing for Health program, LAC Homeless Services Authority (LAHSA), additional housing and homeless service providers, immigrant rights groups, public and private health plans, LAC DMH, LAC DHS, and City of Long Beach and City of Pasadena Health Departments.

Potential Funding Resources: HRSA EHE; HRSA CARES; HRSA RWP Part A; HRSA RWP Part B; HRSA RWP Minority AIDS Initiative; CDC Medical Monitoring Project; EHE funding to FQHCs, Academic Institutions/Research, and AIDS Education and Training Centers.

Outcomes:

- Increased rapid linkage to HIV medical care
- Increased early initiation of ART
- Increased support to providers for linking, retaining, and re-engaging PLWH to care and treatment
- Increased capacity to serve PLWH 50 and older and long-term survivors
- Increased utilization of RWP core services among PLWH
- Increase viral suppression among PLWH

Monitoring Data Source: HIV Casewatch, DHSP HIV Surveillance (eHARS), Medical Monitoring Project (MMP)

Expected Impact on HIV Care Continuum: Increase the percentage of PLWDH who are linked to HIV care within 90 days by 19% & and who are linked to HIV care within 7 days by 11%. Increase viral suppression rate by 34% (from 61% to 95%).

Alignment with NHAS Goals:

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Achieve Integrated, Coordinated Efforts that Address the HIV Epidemic among All Partners & Interested Parties



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March 13, 2022

To: Michael Green, PhD, MHSA, Chief Planning, Development and Research, Division

of HIV and STD Programs, Department of Public Health, County of Los Angeles

Jesus "Chuy" Orozco, HOPWA Program Manager, City of Los Angeles Housing

Department

From: Kevin Donnelly and Dr. Paul Nash, Aging Caucus Co-Chairs

Re: Housing for Older Living with HIV

As reported at the March 9, 2023 Commission on HIV meeting, the Aging Caucus heard from two long-term survivors/older adults living with HIV who shared challenges they experienced with aging and accessing housing services. We are providing a summary of their testimonies to bring to your attention the barriers clients face when accessing housing services. While these testimonies focused on the experiences of two individuals, we believe they reflect larger system issues that prevent PLWH, especially older adults, from accessing critical support services such as housing, in a timely and efficient manner.

- Both speakers spoke about having to talk to multiple case managers with different
 information about housing eligibility and related services—they talked about not having
 a clear road map of what the housing application process entails and were not provided
 a specific timeline for securing the services they need or information about waiting lists
 associated with housing programs. One speaker spoke to five case managers, the other
 with two.
- At the time of their attendance at the February 7 Aging Caucus meeting, there was no plan in place for long-term housing while they were in interim housing. Consequently, they were likely to be in the streets again after a few weeks of being in temporary or emergency housing.
- These two individuals have been able to maintain stable housing for over 25 years but lost their housing due to rising rents and being evicted by developers/investors. They never thought they would be in this predicament (homeless, living on the streets) as older adults living with HIV.
- Driving long distances to see their medical provider could be a challenge depending on where they find housing (temporary and/or permanent).
- Cost of living and housing affordability are major issues affecting their survival.

- They spoke about not knowing whom to talk to or where to go for mental health and other services.
- Conducting research on available services on their own was overwhelming.
- Their stories underscore that the safety net does not have a way to catch older adults with HIV when they lose stable housing. They are often given the option to live in Skid Row which does not serve their needs or may exacerbate their health conditions.
- They would like to see educational workshops on services in all places where HIV and seniors programs are offered.
- The clients expressed that it is also difficult to get proper nutrition when they do not have access to a kitchen or refrigeration, which is often the case with temporary motel housing.
- One speaker was told there is a 3 month wait for an appointment to see a psychiatrist.

We remain committed to working with you on addressing the housing crisis for people living with HIV (PLWH) and its profound impact on older adults living with HIV.

cc: Bridget Gordon Luckie Fuller



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AGING CAUCUS VOLUNTEERS

Division of HIV and STD Programs (DHSP) Workgroups - Alignment of Los Angeles County's Ryan White Program with the California Master Plan on Aging (Updated 2.8.23)

#	Activity Description	Commission/Aging Caucus Volunteers
1	Examine housing inventory to ensure that it provides safe and welcoming environments for seniors	Arlene Frames frames.arlene1@yahoo.com Joseph Green joseph.green.ca@gmail.com
2	Add gerontology training to Ambulatory Outpatient Medical, Oral Health, Medical Care Coordination and Mental Health services providers to improve awareness and understanding of age-related inequities in care and treatment	Paul Nash pnash@usc.edu Viviana Criado VCriado@ph.lacounty.gov
3	Acknowledge and support nontraditional family relationships that nurture well-being and social connection	Alasdair Burton alasdairburton@gmail.com
4	Seek out mental health specialists who can treat both HIV and age-related conditions	Kevin Donnelly kevinjdonnelly.lacchoh@gmail.com Joseph Green joseph.green.ca@gmail.com

- A DHSP consultant is training DHSP staff and providing psychosocial and mental health services for women enrolled in the LRP program
- It would be helpful to obtain more specific information on the programmatic design of these psychosocial services from the COH
- 16. Leverage and build upon Medical Care Coordination Teams & Ambulatory Outpatient Medical Program and integrate the HIV and Aging care framework developed by the Aging Task Force. This framework seeks to facilitate medical wellness examinations and offers a flexible and adaptable guide to customizing care for older adults with HIV. The suggested list of assessments may be used for younger PLWH, as deemed appropriate by the medical care team, especially in communities of color, who experience aging-related issues earlier in life (before age 50). See Attachment C for the HIV and Aging Framework.

DHSP Response:

- A DHSP workgroup will be developed to review this directive. A progress update will be provided to the Aging Caucus in January 2023.
- 17. Integrate a geriatrician in medical home teams and establish a coordination process for specialty care services for older adults living with HIV.

DHSP Response:

• DHSP is currently reviewing Homebased Case Management Services with the intent of developing a new RFP.

Ensuring the LA County Pandemic Response and Recovery Meets the Need of Immunocompromised Individuals and People with Disabilities

The latest surge has been especially alarming for people who are more susceptible to severe outcomes from COVID-19, including people who are immunocompromised and people with disabilities of all ages. People with disabilities and chronic illnesses have disproportionately higher rates of hospitalizations and death due to COVID-19. Community stakeholders from the disability community recently expressed extreme disappointment and frustration with the Centers for Disease Control and Prevention's (CDC) "dismissal and devaluation of people with disabilities" throughout the pandemic. As a best practice in Los Angeles County (County), the Los Angeles County Department of Public Health (DPH) reviews new CDC guidance to check that adequate protections remain in place for higher risk populations. Even as cases are on a decline, the County must ensure that its public health resources and healthcare delivery systems meet the needs of the most vulnerable populations, including people with conditions that compromise their immune system and people with disabilities.

	<u>MOTION</u>
SOLIS	
KUEHL	
HAHN	
BARGER	
MITCHELL	

Early in the pandemic, the County's Commission on Disabilities, the Personal Assistance Services Council, and other disability community stakeholders advocated for more accessible vaccination sites with Access transportation lanes and mobile vaccination teams to assist homebound people of all ages. In response, the County's Workforce Development, Aging & Community Services (WDACS), Department of Public Social Services (DPSS), and DPH worked collectively to assist homebound people and people with disabilities. Examples of these collaborations include vaccine outreach to In-Home Supportive Services (IHSS) workers and their clients; outreach to disabled and older adults that required home vaccinations; Access Services transportation lanes at mega vaccine sites; and prioritization of Quarantine and Isolation housing referrals for people with disabilities or other risk factors. Also, DPH worked with the Los Angeles City Fire Department and other local jurisdictions to create an expansive network of in-home vaccination teams that assist homebound residents. Recently, DPH's in-home vaccination program lost some of its partnering agencies, which resulted in response time delays. Even as the economy reopens and partner agencies return to their regular activities, the County must continue to ensure that services and resources for higher-risk populations are prioritized and improved upon.

People who are immunocompromised often find themselves in a terrifying position of navigating everyday activities like going to a grocery store, as well as determining whether to delay essential, lifesaving, crucial care, or becoming infected with COVID-19. In addition, they often face economic barriers to access delivery services for foods, medicines, and other essentials. Additionally, for people with disabilities there are barriers

to access personal protective equipment, such as face masks with see-through window panels for people who are deaf and hearing impaired who rely on lip reading for communication. Furthermore, COVID-19 tests are not accessible to the people with low vision. The County must take steps to first acknowledge these barriers that people of different abilities face and then work with stakeholders, partners, and the disability community to develop, implement, and sustain a support network of resources for all persons with disabilities.

I, THEREFORE MOVE that the Board of Supervisors:

- 1. Instruct the Department of Public Health (DPH), the Department of Health Services (DHS) and Department of Public Social Services (DPSS), to consult regularly with the Commission on Disabilities, the Executive Director of Aging and Community Services and relevant community partners to ensure the County's pandemic response and recovery efforts are meeting the needs of people who are immunocompromised and people with disabilities;
- 2. Direct DPH to integrate strategies that assist people who are immunocompromised and people with disabilities, including access to rapid antigen, in-home vaccinations, appropriate personal protective equipment (e.g. face coverings with clear see-through windows), and COVID-19 educational materials in formats that accommodate people who are hard of hearing, deaf and low vision, and report back with a summary of actions in 120 days.
- Direct DHS to improve access to Polymerase Chain Reaction (PCR) testing for people with disabilities, incorporate COVID-19 educational materials in formats that people who are hard of hearing, deaf and low vision into patient outreach

efforts, and report back with a summary of actions in 120 days.

I, FURTHER MOVE that the Board of Supervisors direct the Commission on Disabilities to work with the Executive Director of Aging and Community Services on the feasibility of creating a task force that would aim to review how the County's COVID-19 pandemic response and recovery can better meet the needs of individuals who are immunocompromised and people with disabilities. The Commission on Disabilities and the Executive Director of Aging and Community Services should include the appropriate County departments that would be involved in this task force, recommendations on the task force structure/organization, and the timeline in which a task force can convene and compile a report with recommendations. The first convening of the task force should occur within 180 days.

#

JH:kb/mk



HIV and Aging: Opportunities and Challenges for the United States

January 25, 2023

Harold J. Phillips, MRP
Director
White House Office of National AIDS Policy

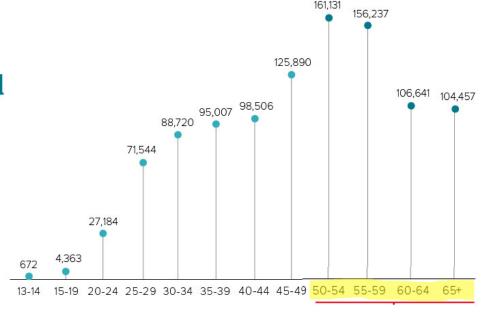


HIV and Older Adults

Adults and Adolescents with Diagnosed HIV in the US and Dependent Areas by Age, 2018

Over half of people with diagnosed HIV were aged 50 and older.

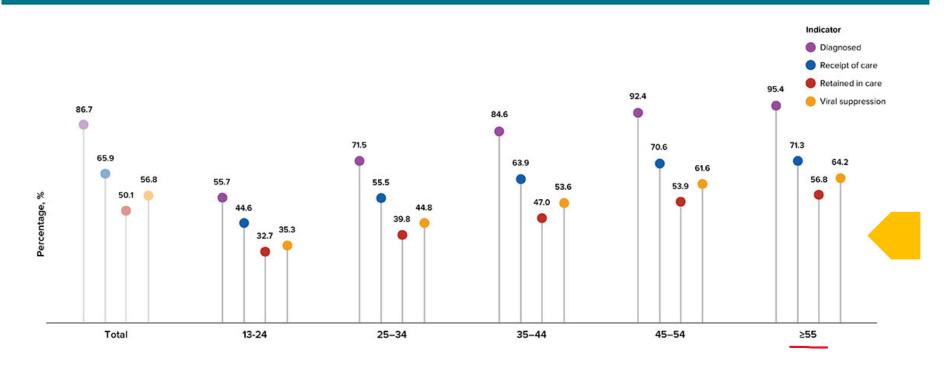




Source: CDC. Diagnoses of HIV infection in the United States and dependent areas, 2018 (updated). HIV Surveillance Report 2020;31.



Figure 17. Prevalence-based HIV Care Continuum for Persons Aged ≥13 Years Living with HIV Infection (Diagnosed or Undiagnosed) at Year-end 2019, by Age —United States



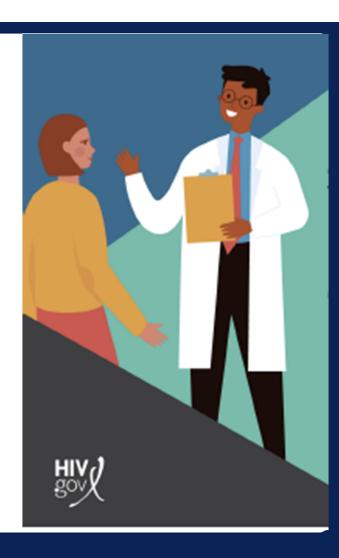
Note. See Guide to Acronyms and Initialisms, Data Tables, and Technical Notes for more information on Definitions and Data Specifications.



CDC. Monitoring selected national HIV prevention and care objectives by using HIV surveillance data—United States and 6 dependent areas, 2019. *HIV Surveillance Supplemental Report* 2021;26(No.2). https://www.cdc.gov/hiv/library/reports/hiv-surveillance.html. Published May 2021.

Challenges & Concerns

- Although they visit their doctors more frequently, older people and their providers are less likely to discuss sexual or drug use behaviors.
- Estimated 18,800 people >50 years old with undiagnosed HIV
- Older people in the United States are more likely than younger people to have late-stage HIV infection at the time of diagnosis.
- Stigma
- Special challenges for preventing other diseases







Implementing the National HIV/AIDS Strategy: HIV and Aging

NHAS QoL Indicator Listening Session

National HIV/AIDS Strategy (2022-2025)

Reflects President Biden's commitment to reenergize and strengthen a whole-of-society response to the epidemic while supporting people with HIV and reducing HIV-associated morbidity and mortality.





Elements of the National HIV/AIDS Strategy

- 1 vision
- 4 goals
 - 21 objectives
 - 78 strategies
- 8 priority populations
- Indicators of progress
 - 9 core indicators
 - 8 disparity indicators
 - 1 developmental indicator

NATIONAL HIV/AIDS STRATEGY

for the **United States 2022–2025**



Goal 2: Improve Health Outcomes for People with HIV

Objective 2.5 Expand Capacity to provide wholeperson care to older adults

with HIV and

long-term

survivors

- 1. Identify, implement and evaluate models of care that address aging-related issues
- 2. Identify and implement best practices to address behavioral health and psycho-social needs
- 3. Increase capabilities of providers of social services used by older adults such as senior services, housing services, and disability services to support older people with HIV
- 4. Promote research into aging-related conditions in people with HIV of all ages
- 5. Encourage multi-agency, multi-sector collaborations to support the ability to age with HIV





NHAS Federal Implementation Plan

NHAS FEDERAL IMPLEMENTATION PLAN

Overview

• Details actions to be taken by **10 federal departments** to implement the NHAS between 2022-2025

- Department of Agriculture
- Department of Defense
- Department of Education
- Department of Health and Human Services
- Department of Housing and Urban Development
- Department of the Interior
- Department of Justice
- Department of Labor
- Department of Veterans Affairs
- Equal Employment Opportunity Commission







- >380 action items span programs, policies, research, and other activities
- Many involve multiple agencies



NHAS QoL Indicator Listening Session

NHAS Federal Implementation Plan – Agency Action Items to Implement Strategies

The NHAS details 21 objectives and 78 strategies for federal and nonfederal stakeholders to implement to achieve the Strategy's goals.

National HIV/AIDS Strategy

Goals: Broad aspirations that enable a plan's vision to be realized

Objectives: Changes, outcomes, and impact a plan is trying to achieve

Strategies: Choices about how best to accomplish objectives

Federal Implementation Plan

Action Steps: Specific activities that will be performed to implement the strategies and achieve the goals of the plan

Progress Reports: Reports on progress, successes, and challenges

NHAS Federal Implementation Plan will detail the action steps that Federal Departments and agencies will take to implement the strategies and achieve the goals of the NHAS.



Actions for the NHAS Objective 2.5

Expand
Capacity to
provide wholeperson care to
older adults
with HIV and
long-term
survivors

- Approximately 20 federal actions dedicated to expanding capacity to care for older adults with HIV
- Actions have been proposed by HUD, ACL, VA, HRSA, DOD, NIH, and other agencies.





New Quality of Life Indicators

NEW QUALITY OF LIFE INDICATORS

Quality of Life Indicator Development

 NHAS committed to developing new indicator on quality of life among people with HIV

"Quality of life for people with HIV was designated as the subject for a developmental indicator, meaning that data sources, measures, and targets will be identified and progress monitored thereafter."

- ONAP tasked workgroup of federal subject matter experts to listen to community input and identify options for possible measures, data sources, and targets
- Ultimately adopted 5 new indicators, rather than just a single one, to better assess the multiple dimensions of quality of life for people with HIV
- All indicators apply to people aging with HIV



NEW QUALITY OF LIFE INDICATORS

5 New Quality of Life Indicators

Indicator 9: Increase the proportion of people with diagnosed HIV who report **good or better health** to 95% from a 2018 baseline of 71.5%.

Indicator 10: Decrease by 50% the proportion of people with diagnosed HIV who report an unmet need for services from a **mental health** professional from a 2017 baseline of 24.2%.

Indicator 11: Decrease by 50% the proportion of people with diagnosed HIV who report ever **being hungry** and not eating because there wasn't enough money for food from a 2017 baseline of 21.1%.

Indicator 12: Decrease by 50% the proportion of people with diagnosed HIV who report being **out of work** from a 2017 baseline of 14.9%.

Indicator 13: Decrease by 50% the proportion of people with diagnosed HIV who report being **unstably housed or homeless** from a 2018 baseline of 21.0%.





Federal Activities on HIV and Aging

RWHAP HIV and Aging Initiative

- Initiative will strengthen the evidence base for clinical and psychosocial services that improve the lives and health outcomes of people with HIV who are aging.
- \$4,500,000 per year for three years from August 1, 2022, through July 31, 2025 years)
- Initiative has three components:
 - Capacity-building provider one recipient
 - Demonstration sites 10 recipients
 - Evaluation provider one recipient

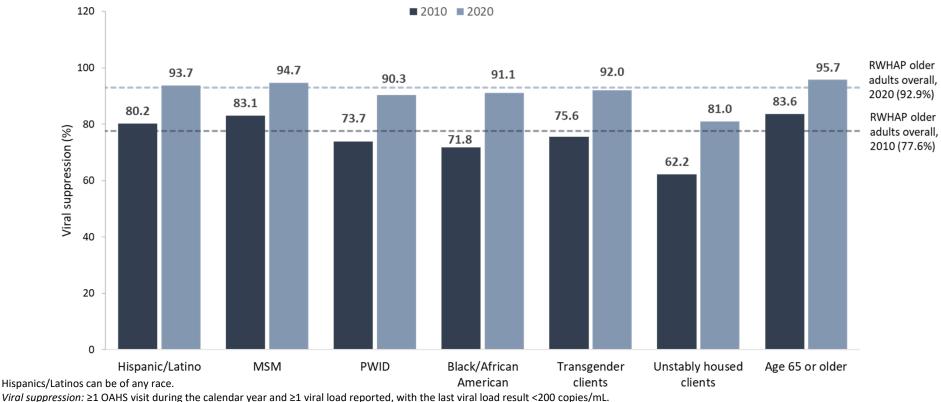
Each demonstration site will involve people aging with HIV in the implementation, refinement, evaluation, and dissemination of the emerging strategies.

Initiative Activities:

- Implement emerging strategies that comprehensively screen and manage comorbidities, geriatric conditions, behavioral health, and psychosocial needs of people 50 years and older with HIV;
 - <u>Evaluate</u> the impact of the emerging strategies; and
- <u>Document and disseminate</u> the emerging strategies.

Applications were due January 25, 2022!

Older Adults Aged 50 Years and Older - Viral Suppression among Key Populations Served by the Ryan White HIV/AIDS Program, 2010 and 2020—United States and 3 Territories^a



Viral suppression: ≥1 OAHS visit during the calendar year and ≥1 viral load reported, with the last viral load result <200 copies/mL. ^a Guam, Puerto Rico, and the U.S. Virgin Islands.



Source: HRSA. Ryan White HIV/AIDS Program Data Report (RSR) 2020; Does not include AIDS Drug Assistance Program data

HRSA HAB

Technical Expert Panel

Considerations for Providing HIV Medical, Psychosocial, and Support Services to People Aging with HIV

- Diversity among people aging with HIV
 - Age-related differences (50s vs. 60s vs. 70s)
 - Long-term survivors
 - · Newly diagnosed
- Isolation, Loneliness, and Lack of a Social Support Network
- Workforce
- Geriatric Multidisciplinary Approach to Health Care

<u>Optimizing HIV Care for People Aging with HIV: Incorporating New Elements of Care</u>

Optimizing HIV Care for People Aging with HIV: Putting Together the Best Health Care Team





The Health Resources and Services Administration (HRSA) HIV/AIDS Bureau (HAB), which oversees the Ryan White HIV/AIDS Program (RWHAP), convened a Technical Expert Panel in November 2020. It explored the health care and social support needs of RWHAP's aging population, with a focus on the barriers to and strategies for providing services. Twenty panelists representing people with lived experience, federal partners, state and local health departments, health care providers, researchers, and peer support organizations took part

Addressing the Health Care and Social Support Needs of People Aging with HIV

Technical Expert Panel Executive Summary

This Technical Expert Panel (TEP) Executive Summary includes the following sections:

- Considerations for providing HV medical, psychosocial, and support services to people aging with HV:
- Opportunities for improving health care services and social support for people aging with HIV;
- · How RWHAP recipients can improve services for people aging with HA; and
- Workforce Issues

The Ryan White HIV/AIDS Program: Serving People Aging with HIV

- in 2019, almost half (46.8 percent) of RWHAP clients were aged 50 and older, the majority of these clients were aged 50–59 years, 28.5 percent of all RWHAP clients. Nearly 10.0 percent of RWHAP clients were aged 50–64, and 8.5 percent were aged 65 and older.
- The majority of older RIMHAP cilents are male, approximately 71.0 percent of cilents aged 50 years and older.
- Almost 70.0 percent of these clients are from racial and ethnic minority populations, the wast majority being Black/African American.

Considerations for Providing HIV Medical, Psychosocial, and Support Services to People Aging with HIV

Panelists identified issues that relate to aging in general, aging issues specific to people with HM, and the provision of services to people aging with HM.

HIV-Related and Age-Related Stigma. Almost 40 years into the HIV/ADS epidemic, HIVrelated stigma is still a barrier to care for people with HIV. Sigma toward people who are older, also known as against, on the part of the general public and service providers can influence a person's willingness to access and remain in care. Negative preconceptions exist about older adults in terms of their ability to carry out the activities of daily life and their ability to make decisions related to their care and life.

Perceptions and Realities About Aging. Panelists discussed that to effectively serve older individuals, whether they are HV positive or not, christens must first understand each individuals suituate toward aging. Some people, no matter their age, resist accessing services for older patients. Their perception is that they do not feel old and do not want to be viewed as old. Clinicians and other service providers need to take into consideration patients' attitudes toward aging, as well as their physicals and mental health and social support needs, and not bears assessments strictly on age.

Increasing Demands for Care as the United States' Population Ages. Parelists emphasized that the United States lacks the capacity to meet the health and social somice needs of an aging population. Most significantly, there is a shratage of geniatricians. Primary care physicians lack the skills and time to address the needs of aging polishes and do not rousinely conduct the necessary screenings for this population. Panelists discussed that although some RIMMP clients do see a geniatrician, IMV and geniatric care may not be used coordinated. Also, people aging with HIV need access to additional specialists [e.g., cardiologists, endoorinologists, reusenstologists, incumatologists).



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Veterans Affairs

Serving Large Number of Veterans, Research Informing All



- Largest single system provider of HIV care in the country
- High viral suppression rates among veterans with HIV in care
- Veterans Aging Cohort Study (VACS)
 - Started in 1997
 - >40,000 HIV+ veterans in observational cohort
 - Objective: to understand the role of comorbid medical and psychiatric disease in determining clinical outcomes in HIV infection





HHS Administration on Community Living – Administration on Aging

New Guidance for State Aging Plans

- Older adults in greatest social need includes LGBTQ+
 - AoA supports technical assistance via <u>National Resource</u> <u>Center on LGBT Aging</u>
- Include plans and measures the state will use to demonstrate its progress towards serving older adults living with HIV/AIDS

https://acl.gov/sites/default/files/about-acl/2021-08/State%20Plan%20Guidance Plans%20Due%20Oct%202022%20-%20ACL%20SUA%20Directors%20Letter%20%2301-2021.pdf



Improving the Lives of Older Adults and People with Disabilities Through Services, Research, and Education

State Unit on Aging Directors Letter #01-2021

TO: State Unit on Aging Directors

FROM: Alison Barkoff

Alison Barkoff
Acting Assistant Secretary for Aging

White Barkoff

DATE: August 5, 2021

SUBJECT: Guidance for Developing State Plans on Aging

U.S. Department of Health and Human Services Informational Webinar

HIV and Aging Challenges: Urban and Rural for \$500,000 each





12/01/2022







Overview of HHS Challenges

- Not a "one-size fits all" approach
- OIDP and ACL **strategically designed two** national challenges to be separate and distinct. **(\$500,000 each)**
- Supported by the Minority HIV/AIDS Fund, each challenge seeks innovative efforts that help improve health outcomes for people aging with HIV and/or long-term survivors, with a focus on racial/ethnic minorities & LGBTQ+ populations, in either rural or urban communities.



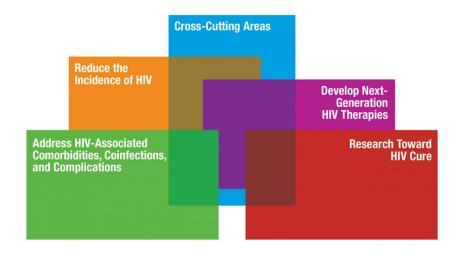


NIH

NIH's Strategic Plan for HIV Research

- Reduce incidence of HIV
- Develop next-generation HIV treatments
- · Conduct research toward an HIV cure
- Address HIV-associated comorbidities, coinfections, and complications
- Cross-cutting areas







NIH-Funded CFARs' Role in EHE and NHAS

- Provides a part of research base for EHE, which is an aligned component of NHAS
- Addresses research gaps and opportunities
 - Emphasis on implementation science and social determinants of health
- Promotes research among populations of interest, such as people aging with HIV
- Implementation of research findings necessary to end the epidemic





Call to Action for CFARs

Call to Action

The NHAS is a call to action for stakeholders from ALL sectors of society to engage in a more coordinated, re-energized national response to HIV.

The National HIV/AIDS Strategy and the NHAS Federal Implementation Plan can provide inspiration to all stakeholders, supporting their own efforts to identify and implement complementary actions that accelerate our efforts to end the HIV epidemic in the United States.

Now is the time for partners at CFARs to think about ways we can move evidence-based approaches into practice faster.



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