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Information and Resource Updates: Sustaining the HIV Movement Amidst the COVID-19 Public Health Emergency (May 19, 2020)

Please check our <u>website</u> and <u>HIV Connect</u> for information and resources. Thank you. Remember to read past bulletins on the Commission's dedicated COVID-19 site.

- May 19 is <u>National Asian and Pacific Islander HIV/AIDS Awareness Day</u>. It is a day to break
 the silence and end the shame about HIV and AIDS in Asian and Pacific Islander
 communities and encourage individuals to get tested for HIV.
- Grab your lunch and join the Commission on HIV for the <u>Virtual Lunch and Learn Series</u>.
 Hear from community partners in sharing challenges, successes, lessons learned and rebuilding our HIV movement together in the face of COVID-19.
- May is Mental Health Awareness Month. Here are resources available for free to celebrate mental health and continue our social connections as a community.
 - WE RISE 2020: Virtual May: A virtual month-long festival of art, music and creative expression. Go to werise.la for a full list of the free programming and be part of this important conversation about mental health and wellbeing for all.
 - A free subscription to Headspace, a digital guide to mindfulness, meditation and more for all 10 million L.A. County residents.
 - There is no substitute for talking to somebody. Speak to a trained counselor with the new L.A. County Wellbeing Line by calling (800) 854-7771 or visiting https://dmh.lacounty.gov/covid-19-information/.
- Los Angeles County Roadmap to <u>Recovery</u>: <u>Click here</u> for an infographic of the Department
 of Public Health's Roadmap to Recovery. This provides goalposts for reopening as safely as
 possible.
- COVID-19: GIS Dashboards: From park closures to confirmed cases of COVID-19, these GIS tools and dashboards map Los Angeles County's response to the COVID-19 pandemic.
- Want to learn more about <u>face coverings</u>? Check out this resource from the <u>CDC</u>.
- Are you <u>staying connected</u> and taking time for emotional health? Check out <u>AARP's</u> link "Connect2affect" resource site for useful resources and tools.

- Whether you are living alone or with extended family, whether you are an essential worker
 or lost your job, whether you are struggling with your mental health or finances or both,
 this resource is for you. Search MoveOn's database of national resources, tools, and aid to
 help you take care of yourself, your friends and family, and your community during the
 COVID-19 pandemic.
- Emergency Rental Assistance Program to assist renters with limited means impacted by COVID-19 applications are accepted through May 31, 2020. Emergency rental assistance grants are rental payments made on behalf of an income-eligible household, up to \$1,000 per month, for three months to maintain housing and/or to reduce rental payment delinquency in arrears. Over \$3.7 million has been made available to residents living in the unincorporated areas of the First, Second, Fourth, and Fifth Supervisorial Districts. Residents can receive assistance by contacting 211 L.A. via phone at 2-1-1 or through their website at 211 La. org/covid-rental-help. To be considered for this program, applications must be received by May 31, 2020.
- The Commission on HIV will resume standing and full body meetings beginning June 1,
 2020. All meetings will be conducted virtually via WebEx to comply with the stay at home orders and social distancing requirements. As a reminder, our regular meeting schedule is as follows:
 - o June 1 (1 pm to 3 pm) Public Policy every first Monday of the month
 - June 2 (10 am to 12 noon) Standards and Best Practices every first Tuesday of the month
 - o June 11 (9 am to 12 noon) **Commission** every second Thursday of the month
 - June 16 (1 pm to 3 pm) Planning, Priorities and Allocations every third Tuesday of the month
 - o June 25 (10 am to 12 noon) **Operations** every fourth Thursday of the month
 - o June 25 (1 pm to 3 pm) **Executive** every fourth Thursday of the month
 - Caucus, task force and work group meetings are in process of being scheduled and Commission staff will provide notification accordingly

Remember to read past bulletins on the Commission's dedicated <u>COVID-19 site</u>. Follow us on Facebook and Twitter.