

County of Los Angeles Quality and Productivity Commission

565 Kenneth Hahn Hall of Administration 500 West Temple Street Los Angeles, CA 90012

Telephone: (213) 974-1361

(213) 974-1390

(213) 893-0322

Website: qpc.lacounty.gov

Chair

William B. Parent First Vice Chair Will Wright **Second Vice Chair** Dion Rambo

Immediate Past Chair Nichelle M. Henderson

Chairs Emeriti

Jacki Bacharach Rodnev C. Gibson. Ph.D. J. Shawn Landres. Ph.D. Edward T. McIntyre

Viggo Butler Teresa Dreyfuss Nancy G. Harris Derek Hsieh Huasha Liu Marsha D. Mitchell E. Scott Palmer Jeffrey Jorge Penichet Mark A. Waronek

Executive Director Jackie T. Guevarra, CPA

Program Manager Laura Perez

Program Support Tammy Johnson

EXECUTIVE OFFICE



COUNTY OF LOS ANGELES

"To enrich lives through effective and caring service"

Los Angeles County Quality and Productivity Commission NOTICE OF REGULAR MEETING

Monday, March 18, 2024, 10:00 a.m. Kenneth Hahn Hall of Administration, Room 374A 500 West Temple Street, Los Angeles, CA 90012

Members of the public may participate remotely or listen to the meeting via telephone at:

> Call in Number: (669) 900-9128 Meeting ID: 832 0191 6500 Passcode: 808180 Join Zoom Meeting https://bos-lacounty-

gov.zoom.us/j/83201916500?pwd=Qzk2MUMwTjdGMFBCaW8zVXU1YmtaU

T09

Written Public Comment may also be submitted to Jackie Guevarra by Sunday, March 17, 2024 (received by 4:00 p.m.):

iquevarra@bos.lacounty.gov

*Any information received from the public by Sunday, March 17, 2024 at 4:00 p.m. will become part of the official meeting record.

MEETING AGENDA

1.	Call to OrderCommissioner Parent
2.	Land Acknowledgment*Commissioner Parent
3.	Assembly Bill 2449Commissioner Parent
4.	Approval of the January 22, 2024 meeting minutes
5.	Presentation of a Productivity Investment Fund (PIF) proposal (for discussion and possible action) and Fund Balance Report, as of Fiscal Year 2023-24, 3rd Quarter, and PIF Annual and Final Reports
	• 24.12 – Public Health, for Park Rx Los Angeles County Initiative (Park Rx LAC), \$598,500 Grant. PIB Recommends a \$598,500 Grant. Commissioner Landres to present.
6.	Chair's Report: Administrative Items, Department Visits, Ad Hoc Committee Status (5 minutes)

7. Productivity Managers' Network Chair's Report: General Meeting and Training (2 minutes)......Heidi Oliva

8. Executive Director's Report: Commission Events Update, Calendar of

Events, Deadlines, Administrative Items (2 minutes)......Jackie Guevarra

- 11. Strategic Learning Report Ad Hoc Committee Report (2 minutes)......Commissioner McIntyre

- 14. Commissioner Announcements regarding conferences, meetings, and gatherings of interest to the Commission (2 minutes) *For Discussion Only*
- 15. Commissioner Discussion on goals, ideas, future projects, and/or direction of the Commission (2 minutes) For Discussion Only
- 16. Matters not on the Posted Agenda (3 minutes) to be presented and placed on a future agenda. For Discussion Only
- 17. Public Comment (3 minutes for each speaker)
- 18. The next full Commission meeting will be held on Monday, April 22, 2024, at 10:00 a.m.

LOBBYIST REGISTRATION

Any person who seeks support or endorsement from the Commission on any official action may be subject to the provisions of Los Angeles County Code, Chapter 2.160 relating to lobbyists. Violation of the lobbyist ordinance may result in a fine and other penalties. For more information, call (213) 974-1093.

ACCOMMODATIONS

Accommodations, American Sign Language (ASL) interpreters, or assisted listening devices are available with at least 3-business days notice before the meeting date. Agendas in Braille and/or alternate formats are available upon request. Please telephone (213) 974-1431 (voice) or (213) 974-1707 (TDD), from 8:00 a.m.-5:00 p.m., Monday through Friday.

SUPPORTING DOCUMENTATION

Supporting documentation can be obtained at the Quality and Productivity Commission Office, 565 Kenneth Hahn Hall of Administration, 500 West Temple Street, Los Angeles, CA 90012 or jguevarra@bos.lacounty.gov.

PUBLIC COMMENT

Commission meetings are open to the public. A member of the public may address the Commission on any Agenda item. In addition, during the General Public Comment item on the agenda, a member of the public has the right to address the Commission on items of interest that are not on the agenda but are within the subject matter jurisdiction of the Commission. A request to address the Commission must be submitted to Commission Staff prior to the item being called. Comments are limited to a total of six (6) minutes per speaker per meeting, at up to two (2) minutes per item. The Commission may further limit public input on any item, based on the number of people requesting to speak and the business of the Commission.

Quality and Productivity Commission March 18, 2024 Page 3 of 3

*LAND ACKNOWLEDGEMENT

ON NOVEMBER 1, 2022, THE BOARD OF SUPERVISORS ADOPTED A FORMAL LAND ACKNOWLEDGMENT FOR THE COUNTY. (STATEMENT OF PROCEEDINGS)

"The County of Los Angeles recognizes that we occupy land originally and still inhabited and cared for by the Tongva, Tataviam, Serrano, Kizh, and Chumash Peoples. We honor and pay respect to their elders and descendants -- past, present, and emerging -- as they continue their stewardship of these lands and waters. We acknowledge that settler colonization resulted in land seizure, disease, subjugation, slavery, relocation, broken promises, genocide, and multigenerational trauma. This acknowledgment demonstrates our responsibility and commitment to truth, healing, and reconciliation and to elevating the stories, culture, and community of the original inhabitants of Los Angeles County. We are grateful to have the opportunity to live and work on these ancestral lands. We are dedicated to growing and sustaining relationships with Native peoples and local tribal governments, including (in no particular order) the: Fernandeño Tataviam Band of Mission Indians, Gabrielino Tongva Indians of California Tribal Council, Gabrieleno/Tongva San Gabriel Band of Mission Indians, Gabrieleño Band of Mission Indians - Kizh Nation, San Manuel Band of Mission Indians, San Fernando Band of Mission Indians. To learn more about the First Peoples of Los Angeles County, please visit the Los Angeles City/County Native American Indian Commission website https://lanaic.lacounty.gov/."



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EXECUTIVE OFFICE



COUNTY OF LOS ANGELES

"To enrich lives through effective and caring service"

Los Angeles County QUALITY AND PRODUCTIVITY COMMISSION

MINUTES OF THE MEETING OF JANUARY 22, 2024, at 10:00 a.m.

Kenneth Hahn Hall of Administration, Room 374A 500 West Temple Street, Los Angeles, CA 90012

Members of the public may participate remotely (virtual meeting) or listen to the meeting via telephone at:

Call in Number: (669) 900-9128 Meeting ID: 886 4726 1344 Passcode: 920389 Join Zoom Meeting

https://bos-lacountygov.zoom.us/i/88647261344?pwd=Y3hHZ2czYUh5TIBFRXhXMEIrNIUvdz09

CALL TO ORDER

Commissioner Parent, Chair, called the meeting of the Quality and Productivity Commission to order at 10:01 a.m.

THE FOLLOWING COMMISSIONERS WERE PRESENT (TAKEN BY **ROLL CALL):**

Jacki Bacharach J. Shawn Landres Viggo Butler **Edward McIntvre** Teresa Dreyfuss Marsha D. Mitchell Rodney Gibson William B. Parent Nichelle M. Henderson Jeffrey J. Penichet

Dion Rambo Derek Hsieh (Virtual)

ABSENT

Nancy G. Harris Huasha Liu E. Scott Palmer William R. Wright

PRODUCTIVITY MANAGERS' NETWORK (PMN)

Heidi Oliva, Chair (Virtual)

OPENING REMARKS

Commissioner Parent welcomed everyone to the Commission's in-person meeting, and noted the meeting is being recorded. He announced that members of the public could send their questions or comments to Jackie Guevarra during the meeting via email at jquevarra@bos.lacounty.gov or via the chat feature. Please inform Jackie Guevarra via email or the chat feature which item(s) you have a comment on. Any information received will become part of the official meeting record.

Quality and Productivity Commission January 22, 2024 Page 2

Members of the public were also given the opportunity to send their comments and questions to Jackie Guevarra by January 21, 2024, 4:00 p.m. No written comments were received.

He also announced that each Commissioner will have the opportunity to speak on any agenda item and vote on the items will be taken by roll call.

LAND ACKNOWLEDGEMENT (AGENDA #2)

On November 1, 2022, the Board of Supervisors adopted a formal Land Acknowledgement for the County. Commissions are to open their public meetings with a Land Acknowledgement, as follows below. Commissioner Henderson announced that the Commission will start each Brown Act meeting by reading the Land Acknowledgement.

"The County of Los Angeles recognizes that we occupy land originally and still inhabited and cared for by the Tongva, Tataviam, Serrano, Kizh and Chumash Peoples. We honor and pay respect to their elders and descendants -- past, present, and emerging -- as they continue their stewardship of these lands and waters. We acknowledge that settler colonization resulted in land seizure, disease, subjugation, slavery, relocation, broken promises, genocide, and multigenerational trauma. This acknowledgment demonstrates our responsibility and commitment to truth, healing, and reconciliation and to elevating the stories, culture, and community of the original inhabitants of Los Angeles County. We are grateful to have the opportunity to live and work on these ancestral lands. We are dedicated to growing and sustaining relationships with Native peoples and local tribal governments, including (in no particular order) the: Fernandeño Tataviam Band of Mission Indians, Gabrielino Tongva Indians of California Tribal Council, Gabrieleno/Tongva San Gabriel Band of Mission Indians, Gabrieleño Band of Mission Indians - Kizh Nation, San Manuel Band of Mission Indians, San Fernando Band of Mission Indians. To learn more about the First Peoples of Los Angeles County, please visit the Los Angeles City/County Native American Indian Commission website lanaic.lacounty.gov

ASSEMBLY BILL 2449 (AGENDA #3)

Commissioner Parent announced that AB 2449 became effective on January 1, 2023. Provisions of this bill permit members of a legislative body of a local agency to participate remotely and to not identify their location.

Commissioner Parent announced that Commissioner Hsieh was attending the meeting remotely under AB2449 (for just cause). Commissioner Hsieh confirmed that no person over 18 years old was present as a member of the public at his respective location.

APPROVAL OF THE DECEMBER 18, 2023, MINUTES (AGENDA #4)

Commissioner Bacharach moved to approve the minutes of December 18, 2023, seconded by Commissioner Dreyfuss. The minutes were approved by the following vote (taken by roll call):

Yes: Commissioners Bacharach, Butler, Dreyfuss, Gibson, Henderson, Hsieh, Landres,

McIntyre, Mitchell, Parent, Penichet, and Rambo

No: None Abstain: None

PRESENTATION ON PREPARING LOS ANGELES COUNTY FOR THE 2028 OLYMPIC AND PARALYMPIC GAMES (AGENDA#5)

Commissioner Parent introduced and welcomed John Cooke, Assistant Chief Executive Officer (Asset Management, Chief Executive Office), Kristin Sakoda, Director (Arts and Culture), Kelly LoBianco, Director (Economic Opportunity), Norma Garcia, Director (Parks and Recreation). They gave a presentation on preparing Los Angeles County for the 2028 Olympic and Paralympic Games. Anji Gaspen-Milanvoc and Megan Moret from Arts and Culture also attended the presentation. Commissioners were briefed on the following topics (a PowerPoint accompanied their presentation):

- Preparing Los Angeles County in Advance of the 2026 Men's FIFA World Cup and 2028 Olympic and Paralympic Games Board Motion (July 11, 2023)
- County Service Priorities in Alignment to the 2028 Games
- Preparations for the FIFA World Cup
- Unincorporated Areas and Contract Services Near Venues
- Working with City of Los Angeles and Metro
- Access and equity for communities Countywide
- Engage youth through arts education
- Job Creation and sustainability
- Transportation and logistics (regional coordination)
- Infrastructure
- Digital Divide
- Youth at Work Program
- Frank G. Bonelli Regional Park hosting the Mountain Bike Olympic games
- Current Activities and Next Steps

PROCUREMENT AD HOC COMMITTEE REPORT UPDATE (AGENDA #6)

Commissioner Butler made the following report:

- The Procurement Board Motion started 18 months ago; members of the ad hoc Committee met with the City of New York to discuss their procurement transformation efforts
- As of today, Gartner has conducted Current State Discovery sessions and interviews in December and January, with 11 County departments (Assessor, Auditor-Controller, Chief Executive Office, County Counsel, Economic Opportunity, Health Services, Internal Services, Mental Health, Public Works, Registrar-Recorder/County Clerk and Sheriff)
- Select members of the ad hoc Committee met with Gartner, Chief Executive Office, Internal Services, Auditor-Controller and County Counsel on January 10, 2024, for a Current State Validation session
- Gartner conducted a secondary Current State Validation session with the remaining County departments on January 17, 2024
- The preliminary report validates the challenges the Commission heard from interviews with County departments in 2022
- Mona Kamdjou, Managing Partner, Gartner Inc., gave Commissioners an update on the following:
 - Summary engagement status

Quality and Productivity Commission January 22, 2024 Page 4

- Project timeline and work product status
- Project risks and issues
- Project meeting overview
- Project approach, workshop and interview scheduling

<u>CHAIR'S REPORT: ADMINISTRATIVE ITEMS, DEPARTMENT VISITS, AD HOC</u> COMMITTEE (AGENDA #7)

Commissioner Parent, reported the following:

- He thanked and acknowledged Commissioner Henderson for her service as Chair in 2022 and 2023
- The next regular Commission meeting is scheduled for Monday, March 18, 2024
- The PIB Advisory Committee will meet on Wednesday, January 17, 2024, to review three (3) PIF projects received for the 3rd Quarter of Fiscal Year 2023-2024
- The next PIB meeting is scheduled for Monday, February 26, 2024
- Commission staff will schedule a New Commissioners' Orientation meeting with Marsha Mitchell (2nd District) and incoming Commissioner Mark Waronek (4th District)
- Commission staff are also working to schedule the bi-annual meeting with Fesia Davenport, Chief Executive Officer
- Thanked and acknowledged Celia Zavala, Executive Officer, Board of Supervisors on her retirement on January 27, 2024. The Commission appreciates her support, especially during the Commission's transition from the Chief Executive Office to the Executive Office of the Board of Supervisors. Jeff Levinson will serve as Interim Executive Officer until the Board of Supervisors appoints a replacement

PMN CHAIR'S REPORT: GENERAL MEETING AND TRAINING (AGENDA #8)

Jackie Guevarra reported the following on behalf of Heidi Oliva, Chair, PMN:

- The PMN Holiday Reception was held on December 6, 2023, at Rancho Los Amigos National Rehabilitation Center (RLANRC) in Downey. She thanked Patricia Soltero Sanchez, Productivity Manager, for hosting the reception. There were approximately 43 Productivity Managers and Commissioners in attendance. The Network Managers also donated many toys for patients at RLANRC. The following were announced at the reception:
 - The Network voted to have a hybrid schedule in 2024. The February and August meetings, as well as the Holiday reception will be held in-person, and the May and November meetings will be held virtually
 - The Network unanimously voted for the 2024 slate of officers: Heidi Oliva (Chair), Keisha Belmaster (1st Vice-Chair), Arman Depanian (2nd Vice-Chair), Patricia Soltero Sanchez (PQA Chair), Connie Salgado Sanchez (Training and Education Chair), and Stephanie Maxberry and Jennifer Coultas (Executive Advisors)
- The PMN Executive Committee's first meeting of the year was held on January 10, 2024. The Committee discussed and planned the PMN General Meeting and Training scheduled for February 14, 2024 at 9:30 a.m. The meeting will be held at Belvedere Community Regional Park in East Los Angeles. Training topics to be provided will be the Productivity Investment Fund, and a secondary presenter from the Department of Human Resources to provide training on Effective Communication and Difficult Conversations. Commissioners are welcome to attend all PMN meetings.

- She welcomed back Commissioners Scott Palmer and Derek Hsieh, as QPC-PMN Liaisons to the Network. The Network Managers look forward to working with them throughout the year and appreciate all their support
- A New Managers' Orientation meeting is scheduled for February 8, 2024; there are approximately 13 new Network Managers
- Fiscal Year 2023-2024, 3rd quarter PIF proposals were due on January 5, 2024; three proposals were received from the Departments of Public Health (1) and Military and Veterans Affairs (2). The PIB Advisory Committee will meet on January 17, 2024 to provide feedback to departments

EXECUTIVE DIRECTOR'S REPORT: COMMISSION EVENTS UPDATE, CALENDAR OF EVENTS, DEADLINES, ADMINISTRATIVE ITEMS (AGENDA #9)

Jackie Guevarra, Executive Director, reported the following:

- Staff have been working on and/or preparing for various meetings:
 - Working on the Winter Quarterly Newsletter, sent out on January 12, 2024. Next is the Spring 2024 Quarterly Newsletter due out by March 31, 2024
 - 2023 Annual Report, which includes the Operational Trends Report
 - o Productivity Investment Fund (PIF) Tracking Replacement Project
 - Updates to the Commission website (i.e., the 2024 ad hoc Committee Chairs and Committee members as of January 1, 2024); reviewed website and letterheads to ensure it reflects the new Board Chair, Supervisor Lindsey P. Horvath
- Board of Supervisors and Supervisor Lindsey P. Horvath priorities include:
 - Homelessness
 - Climate Change/Sustainability
 - Mental health
- Gender-based Violence Prevention Countywide priorities:
 - o ARDI
 - Homelessness
 - Information Security/Cybersecurity
 - Prevention Infrastructure a new Prevention and Promotion Coordination and Implementation Team
 - Women and Girls Initiative
 - Expanding EPIC LA will permit and developed processes
 - Expanding Preparing Los Angeles for County Employment (PLACE).
 - Language Access for equity across diverse populations
 - Sustainability
- Looking for speakers for the April 22, 2024, Commission meeting
- Asked Commissioners to respond to the Demographics Survey coming out shortly
- AB 817 is coming before the legislature this month for consideration to allow some flexibility for remote participation for eligible subsidiary body members. Commission staff is working with County Counsel to determine if QPC is a "Subsidiary Body" in accordance with AB 817. This bill will allow the Commissioners to continue meeting remotely without putting their address on the agenda from the location they are working from. Additional information will be provided in the future
- Scroll presentations will resume in person beginning January 30, 2024 (one per Board office)
- Executive Office is building a press/media box in the Board Hearing Room

Quality and Productivity Commission January 22, 2024 Page 6

- Room 140 availability will possibly be open March or April 2024
- Working on recruitment to backfill for Tammy' Johnson's position

DEPARTMENT VISIT AD HOC UPDATE (AGENDA #10)

Jackie Guevarra made the following report on behalf of Will Wright, Chair:

- The ad hoc met on Tuesday, January 9, 2024, and decided on the following:
 - Although, the ad hoc Committee prefers and recommends in-person visits, County departments will have the option for a virtual and/or hybrid visit to accommodate schedules and different work locations
 - Ad hoc Committee wants to ensure that departments are candid and open about their challenges. Therefore, the Director's will be remined that the visit is a safe place to discuss what keeps them awake at night matters.
 - Question #5 of the Department Visit Summary was revised to address departmental barriers:
 - From: State the major department quality and productivity challenges (e.g., County processes, State and federal regulations, etc.) and what actions are being taken.
 - To: State the major department quality and productivity challenges (e.g., County processes, State and federal regulations, etc.) What specific county led resources and/or actions would be helpful to address these barriers?
- First Department Visit is scheduled on March 6, 2024 with the Department of Children and Family Services
- Commission Policy 2.0 requires Commissioners to attend at a minimum of three Department Visits per year

STRATEGIC LEARNING REPORT AD HOC COMMITTEE UPDATE (AGENDA #11)

Commissioner McIntyre made the following report:

- The ad hoc Committee met on January 10, 2024, to discuss preliminary topics and trends, including:
 - Navigator Program
 - Robotic Process Automation (RPA)
 - Lived Experience
 - County Hiring Practices and Retention
- The ad hoc Committee will next meet on March 4, 2024, to finalize the report

LEADERSHIP CONFERENCE AD HOC COMMITTEE UPDATE (AGENDA #12)

Commissioner Rambo made the following report:

- The ad hoc Committee met on January 8, 2024
- The event will be held at the Music Center on Thursday, June 20, 2024, from 9:00 a.m. 11:30 a.m. Staff is waiting for the Music Center to confirm date
- Preliminary topics and themes include:
 - LA 2028 Olympics Games "Partnering for the World Stage: Productivity, Inclusion, & Prosperity"
- The ad hoc Committee will next meet on Monday, February 5, 2024, at 10:00 a.m.

COUNTYWIDE CRIMINAL JUSTICE COORDINATION COMMITTEE (CCJCC) UPDATE (AGENDA #13)

Quality and Productivity Commission January 22, 2024 Page 7

Commissioner McIntyre made the following report:

- The CCJCC met on January 10, 2024 (In Person)
- The meeting covered the following agenda items:
 - IV. LOS ANGELES COUNTY ANNUAL REPORT ON HATE CRIMES BRIEFING
 - Presentation of the Commission on Human Relations 2022 Annual Report on Hate Crimes. Partnership to expand the reach of the LA vs. Hate initiative and other antihate strategies
 - V. ENHANCING SERVICES FOR JUSTICE-INVLOVED VETERANS
 - Overview of committee convened by the Department of Military and Veterans Affairs (MVA) to promote services for justice-involved veterans
 - o Discussion of collaboration opportunities with CCJCC and member agencies
- Next meeting is February 14, 2024

COMMISSIONER ANNOUNCEMENTS REGARDING CONFERENCES, MEETINGS, AND GATHERINGS OF INTEREST TO THE COMMISSION - FOR DISCUSSION ONLY (AGENDA #14)

Commissioner Bacharach stated that the South Bay Cities Council of Governments' 24th General Assembly, "Artificial Intelligence Friend or Foe" will be held on Thursday, March 28, 2024, from 9:00 a.m. – 3:00 p.m. This event is free and open all the Commissioners to attend. Keynote Speaker is Ted Lieu, 36th District Congressmember. For more information on the event or to register, please visit: https://southbaycities.org/event/24th-annual-general-assembly

Commissioner Rambo stated that Telehealth Van is hosting a free event for and training for small business owners on February 17, 2024, at the Westin Hotel Ballroom.

COMMISSIONER DISCUSSION ON GOALS, IDEAS, FUTURE PROJECTS, AND/OR DIRECTION OF THE COMMISSION (AGENDA #15) - FOR DISCUSSION ONLY None

MATTERS NOT ON THE POSTED AGENDA TO BE PRESENTED AND PLACE ON A FUTURE AGENDA (AGENDA #16) - FOR DISCUSSION ONLY

None

PUBLIC COMMENT (AGENDA #17)

None

ADJOURNMENT

Commissioner McIntyre moved to adjourn the meeting, seconded by Commission Butler. The meeting adjourned at 12:45 p.m. The next full Commission meeting will be on Monday, March 18, 2024.



BARBARA FERRER, Ph.D., M.P.H., M.Ed. Director

MUNTU DAVIS, M.D., M.P.H. County Health Officer

ANISH P. MAHAJAN, M.D., M.S., M.P.H. Chief Deputy Director

313 North Figueroa Street, Suite 806 Los Angeles, CA 90012 TEL (213) 288-8117 • FAX (213) 975-1273

www.publichealth.lacounty.gov

February 14, 2024

Commissioner Nichelle Henderson, Chair Quality and Productivity Commission Hall of Administration, 500 Temple Street, Room 585 Los Angeles, CA 90012

Dear Commissioner Henderson:

I am pleased to submit a Productivity Investment Fund Grant Proposal for *Park Rx Los Angeles County* (Park Rx LAC) for \$598,500 from the Department of Public Health, Bureau of Health Promotion, Chronic Disease and Injury Prevention Division.

This proposal seeks two-year funding to pilot Park Rx LAC at Olive View-UCLA Medical Center and Los Angeles General Medical Center clinics, support structured fitness programming at local parks, and establish a field experience where kinesiology students from local community colleges and universities can train as physical activity specialists.

A leading risk factor for chronic conditions such as diabetes, hypertension, and obesity, physical inactivity has increased during and following the COVID-19 pandemic, especially among under-resourced, high-need communities. The Park Rx LAC pilot would be modeled after nationwide Park Prescription programs designed to reduce health inequities. Park Prescription empowers healthcare providers to prescribe park visits, specifying exercise programs that can enhance physical and emotional well-being, and help people meet recommended physical activity levels.

Our grant request is the result of our long-term collaborations with the Department of Health Services, local parks, institutions of high education, and JUMPP Coalition member organizations. We have received strong endorsements from the Department of Health Services, which is reflected in the attached letters of support.

We extend our gratitude for the Commission's consistent support of our Department's initiatives to enhance and improve the effectiveness and quality of the services we provide to all Los Angeles County community members.

Sincerely.

Barbara Ferrer, Ph.D., M.P.H., M.Ed.

BF:eg:tk



BOARD OF SUPERVISORS

Hilda L. Solis First District Holly J. Mitchell Second District Lindsey P. Horvath Third District Janice Hahn Fourth District Kathryn Barger Fifth District



Los Angeles County Board of Supervisors

Hilda L. Solis First District February 5th, 2024

Holly J. Mitchell Second District

Barbara Ferrer, Ph.D., M.P.H., M.Ed. Director, Los Angeles County Department of Public Health 313 North Figueroa Street, Suite 806 Los Angeles, CA 90012

Lindsey P. Horvath
Third District

Janice K. Hahn Fourth District

Kathryn Barger

Fifth District

RE: Letter of Support for *Park Rx Los Angeles County Initiative* Productivity Investment Fund Application

Dear Dr. Ferrer,

Konita Wilks, DDS Chief Executive Officer

Benjamin Waterman, MD Chief Medical Officer

Kimmalo Wright, RN, MSN Chief Nursing Officer

> 14445 Olive View Drive Sylmar, CA 91342

> > Tel: (747) 210-XXXX

The Olive View-UCLA Medical Center Department of Medicine enthusiastically supports the "Park Rx Los Angeles County Initiative" (Park Rx LAC) under the Productivity Investment Fund (PIF) Project by the Los Angeles County Department of Public Health.

OVMC remains committed to assisting patients in managing chronic conditions. Despite the COVID-19 pandemic delaying our Olive View Medical Center Weight Management Program's Park Rx LA County pilot, the need for free and safe physical activity resources has grown. We are dedicated to developing a model for physical activity referrals that can be replicated countywide.

We look forward to collaborating with the 3 WINS Fitness Program, Department of Public Health, Department of Parks and Recreation, and Department of Health Services. Our support involves identifying clinicians to provide park prescriptions within our primary care clinics, engaging at least 200 patients over three years, establishing a sustainable clinic workflow, ensuring patient compliance, and participating in Park Rx LAC evaluation activities.

We eagerly anticipate collaborating on this innovative endeavor.

For inquiries or further discussion, please contact me at 747-210-3205 or via email at swali@dhs.lacounty.gov

"To contribute to the health of Los Angeles County and the communities we serve by providing high quality, patient-centered care that we would want for our loved ones"

Best regards,

Soma Wali, MD, MACP, FRCP Chair of Medicine, Olive View-UCLA Vice-Chair- UCLA for Affiliated Hospitals Professor of Clinical Medicine David Geffen School of Medicine at UCLA

Los Angeles General

Medical Center

Exceptional Care. Healthy Communities.

Los Angeles County Board of Supervisors

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Holly J. Mitchell Second District

Lindsey P. Horvath
Third District

Janice HahnFourth District

Kathryn BargerFifth District

Los Angeles General Medical Center Leadership

Jorge Orozco

Chief Executive Officer

Brad Spellberg, MDChief Medical Officer

Edgar Solis, RNChief Operations Officer

Nancy Blake, PhD, RN, NEA-BC, FAAN Chief Nursing Officer

2051 Marengo Street Los Angeles, CA 90033

> Tel: (323) 409-2800 Fax: (323) 441-8030

To provide world-class care and education for all in our community.

Health Services www.dhs.lacounty.gov



February 12, 2024

Barbara Ferrer, Ph.D., M.P.H., M.Ed. Director, Los Angeles County Department of Public Health 313 North Figueroa Street, Suite 806 Los Angeles, CA 90012

RE: Letter of Support for Park Rx Los Angeles County Initiative Productivity Investment Fund Application

Dear Dr. Ferrer,

The Los Angeles General Medical Center enthusiastically supports the "Park Rx Los Angeles County Initiative" (Park Rx LAC) under the Productivity Investment Fund (PIF) Project by the Los Angeles County Department of Public Health. The Primary Care Medical Director at Los Angeles General, Dr. Manuel Campa, and I, remain fully committed to supporting programming that will help our highest risk patients, manage their chronic diseases, prevent morbidity and mortality, and encourage them to thrive.

A Park Rx program compliments our current efforts with The Wellness Center, such as the produce prescription, healthy cooking, physical activity, and mental health support programs. Our community of Boyle Heights has a great need for opportunities to exercise and we are dedicated to developing a model for physical activity referrals that can be replicated countywide.

We look forward to collaborating with the 3 WINS Fitness Program, Department of Public Health, and local parks. Our support involves identifying clinicians to refer for park prescriptions, engaging at least 200 patients over three years, establishing a sustainable clinic workflow, and participating in Park Rx LAC evaluation activities.

We eagerly anticipate collaborating on this innovative endeavor. For inquiries or further discussion, please contact me or Dr. Manuel Campa at (323) 409-4835 or mcampa@dhs.lacounty.gov

Best regards,

Jorge Orozco Chief Executive Officer

JO:MC:kg

Manuel Campa, MD Primary Care Medical Director

Manuel Campa

Los Angeles General

Medical Center

Exceptional Care. Healthy Communities.

Los Angeles County Board of Supervisors

> Hilda L. Solis First District

Holly J. Mitchell Second District

Lindsey P. Horvath

Third District

Janice HahnFourth District

Kathryn Barger Fifth District

Los Angeles General Medical Center Leadership

Jorge Orozco

Chief Executive Officer

Brad Spellberg, MDChief Medical Officer

Edgar Solis, RNChief Operations Officer

Nancy Blake, PhD, RN, NEA-BC, FAAN

Chief Nursing Officer

2051 Marengo Street Los Angeles, CA 90033

> Tel: (323) 409-2800 Fax: (323) 441-8030

To provide world-class care and education for all in our community.

Health Services www.dhs.lacounty.gov

February 7, 2024

Barbara Ferrer, Ph.D., M.P.H., M.Ed. Director, Los Angeles County Department of Public Health 313 North Figueroa Street, Suite 806 Los Angeles, CA 90012

RE: Letter of Support for Park Rx Los Angeles County Initiative Productivity Investment Fund Application

Dear Dr. Ferrer,

Los Angeles General Medical Center and The Wellness Center enthusiastically support the "Park Rx Los Angeles County Initiative" (Park Rx LAC) under the Productivity Investment Fund (PIF) Project by the Los Angeles County Department of Public Health.

We remain committed to assisting patients in managing chronic conditions. Over the course of the COVID-19 pandemic, the need for free and safe physical activity resources among our East Los Angeles and Boyle Heights community has grown. We are dedicated to developing a model for physical activity referrals that can be replicated countywide.

We look forward to collaborating with the 3 WINS Fitness Program, Department of Public Health, and local parks. Our support involves identifying clinicians and or health navigators to provide park prescriptions, engaging at least 200 patients over three years, establishing a sustainable clinic workflow, and participating in Park Rx LAC evaluation activities.

We eagerly anticipate collaborating on this innovative endeavor.

For inquiries or further discussion, please contact me at (323) 397-8080 or via email at kgonzalez5@dhs.lacounty.gov.

Best regards,

Kan Bu

Karla Gonzalez, MD, MPH.

Medical Director, Urgent Care, Los Angeles General Hospital

Medical Director, The Wellness Center at the Historic General Hospital

323-409-6318

Kgonzalez5@dhs.lacounty.gov





CITY COUNCIL

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MARY SOLORIO

February 15, 2024

Barbara Ferrer, Ph.D., M.P.H., M.Ed. Director, Los Angeles County Department of Public Health 313 North Figueroa Street, Suite 806 Los Angeles, CA 90012

SUBJECT: Letter of Support for Park Rx Los Angeles County Initiative Productivity Investment Fund Application

Dear Dr. Ferrer:

The City of San Fernando Department of Recreation & Community Services (RCS) is pleased to convey its enthusiastic endorsement to the Los Angeles County Department of Public Health for the proposed Productivity Investment Fund (PIF) "Park Rx Los Angeles County Initiative" (Park Rx LAC) grant application.

The San Fernando Department of Recreation and Community Services (RCS) is committed to enhancing the quality of life for individuals and families in our community. We provide a diverse range of offerings that cater to all ages and interests which includes the 3 WINS Fitness Program. The 3 WINS Fitness program was started in the City of San Fernando 12 years ago. We witnessed the connections and strong community bond that this program created. This program is characterized by its affordability, accessibility, and sustainability and has effectively guided participants toward meeting national Physical Activity Guidelines. In fact, the municipal authorities of San Fernando have been greatly impressed by the community's enthusiastic embrace of the 3 WINS Fitness Program, leading them to formally incorporate the program as an integral component of the city's ongoing programming initiatives.

We are enthusiastic about the potential collaboration with the Park Rx Los Angeles County pilot program to advance our mutual objective of enhancing physical activity levels among our community members. Furthermore, we anticipate fostering broader partnerships with local colleges and universities to empower students and facilitate sustained community involvement in our 3 WINS programming.

This effort supports the City's Strategic Goals, especially goal **1.4** – **Focus on Community First**; Explore opportunities to expand recreation and community service programs, senior programs, and healthy lifestyle initiatives. RCS is eager to engage in joint efforts with the Department of Public Health, the Department of

ADMINISTRATION DEPARTMENT

117 MACNEIL STREET SAN FERNANDO CALIFORNIA 91340

OFFICE OF THE CITY MANAGER (818) 898-1202

PERSONNEL DIVISION (818) 898-1220

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BARBARA FERRER, Ph.D., M.P.H., M.Ed.

Letter of Support for Park Rx Los Angeles County Initiative Productivity Investment Fund Application Page 2 of 2

Health Services, and local higher education institutions. Together, our aim is to promote a scalable solution that enhances opportunities for physical activity throughout Los Angeles County. Our commitment involves implementing 3WINS Fitness programming at Recreation Park for patients referred by the Department of Health Services, as well as actively participating in Park Rx LAC evaluation activities.

Sincerely,

Nick Kimball City Manager DEPARTMENT OF RECREATION AND PARKS

BOARD OF COMMISSIONERS RENATA SIMRIL PRESIDENT

> LUIS SANCHEZ VICE PRESIDENT

> FIONA HUTTON MARIE LLOYD BENNY TRAN

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CATHIE SANTO DOMINGO ASSISTANT GENERAL MANAGER

BELINDA JACKSON ASSISTANT GENERAL MANAGER

BRENDA AGUIRRE ASSISTANT GENERAL MANAGER

(213) 202-2633

February 11, 2024

Barbara Ferrer, Ph.D., M.P.H., M.Ed. Director, Los Angeles County Department of Public Health 313 North Figueroa Street, Suite 806 Los Angeles, CA 90012

RE: Letter of Support for Park Rx Los Angeles County Initiative Productivity Investment Fund Application

Dear Dr. Ferrer,

The City of Los Angeles Department of Recreation and Parks (RAP) offers this letter of support to the Los Angeles County Department of Public Health (County) for County's "Park Rx Los Angeles County Initiative" (Park Rx LAC) grant application in connection with its proposed Productivity Investment Fund (PIF) Project.

RAP anticipates working with the County in its Park Rx Los Angeles County pilot program (Program) to advance our mutual objective of encouraging increased physical activity across all skill levels. As RAP currently understands it, the Program consists of the County providing a "3 WINS Fitness program" at Hazard Park in Boyle Heights. The 3 WINS program is a physical activity program delivered in underserved community parks and led by kinesiology students. The program provides 1-3 weekly free 1-hour physical activity sessions for patients referred by the County's Department of Health Services (DHS) and will be open to all community members. It is our understanding that the County will provide at its sole cost all necessary equipment and instructors for the provision of the program at Hazard Park.

Through our support, we will offer park space at Hazard Park to facilitate 3 WINS Fitness' physical activity programs for patients referred by the Department of Health Services, and we will assist in Park Rx LAC evaluation activities. Access and use of the park shall be governed by customary terms and provisions for right of entry and use of City park property.

If you have any questions or would like to discuss further, please don't hesitate to contact me at (818) 552-3689 or via email at anita.meacham@lacity.org

Best regards,

anita Meach Anita Meacham

City of Los Angeles Recreation and Parks





February 29, 2024

Barbara Ferrer, Ph.D., M.P.H., M.Ed. Director, Los Angeles County Department of Public Health 313 North Figueroa Street, Suite 806 Los Angeles, CA 90012

RE: Letter of Support for Park Rx Los Angeles County Initiative Productivity Investment Fund Application

Dear Dr. Ferrer,

Cal State LA extends this letter of support to the Los Angeles County Department of Public Health for the proposed Productivity Investment Fund (PIF) Project, specifically the "Park Rx Los Angeles County Initiative" (Park Rx LAC) application.

Cal State LA takes pride in being the premier comprehensive public university in the heart of Los Angeles and is dedicated to engagement, service, and the public good. We are ranked number one in the United States for the upward mobility of our students. The Park Rx LAC Initiative aligns with our mission to empower our undergraduate and graduate Kinesiology students through hands-on experience and networking opportunities and to foster community engagement by increasing physical activity across the county.

Cal State LA also enthusiastically endorses student-led, park-based physical activity programs, such as the 3 WINS Fitness Program, to help participants meet the National Physical Activity Guidelines. The park-based program's utilization of Kinesiology student-led physical activity programming through volunteerism or academic internships positively impacts both Kinesiology students and community members. Cal State LA has delivered 3 WINS Fitness programming in the past and enthusiastically anticipates reestablishing this feature of our School of Kinesiology.

We look forward to developing a successful collaboration with the Department of Public Health, the Department of Health Services, and local city parks. Our support will involve participation in establishing a sustainable Kinesiology internship program aligned with park-based physical activity programs, active involvement in the learning collaborative, and engagement in the Park Rx LAC evaluation activities.

For any inquiries or further discussion, please feel free to reach me at 323-343-4650 or alarson2@calstatela.edu.

Best regards,

anne larson

Dr. Anne Larson Professor and Associate Director, Cal State LA, School of Kinesiology



COUNTY OF LOS ANGELES DEPARTMENT OF PARKS AND RECREATION

"Parks Make Life Better!"

Norma E. García-González, Director

Alina Bokde, Chief Deputy Director

March 5, 2024

Members of the Quality and Productivity Commission Quality and Productivity Commission Kenneth Hahn Hall of Administration, Room 585 500 Temple Street Los Angeles, CA 90012

Dear Commissioners:

DEPARTMENT OF PUBLIC HEALTH'S PARK RX LOS ANGELES COUNTY PRODUCTIVITY INVESTMENT FUND APPLICATION

The Los Angeles County Department of Parks and Recreation (DPR) was consulted regarding the Department of Public Health's (DPH's) "Park Rx Los Angeles County" (Park Rx LAC) grant proposal request for the Productivity Investment Fund (PIF).

DPR believes that parks are a key resource to improve and maintain healthy communities and support their Park RX application. We understand that DPH's proposal is a 2-year pilot project to be implemented in parks at the City of San Fernando and the City of Los Angeles to assess the effectiveness of the Park Rx LAC model.

We look forward to following the pilot's progress and outcomes.

Sincerely -

Norma Edith García-González

Director

NEGG AO:ee

March 11, 2024

Barbara Ferrer, Ph.D., M.P.H., M.Ed. Director, Los Angeles County Department of Public Health 313 North Figueroa Street, Suite 806 Los Angeles, CA 90012

RE: Letter of Support for Park Rx Los Angeles County Initiative Productivity Investment Fund Application

Dear Dr. Ferrer,

We are pleased to provide a letter of support to the Los Angeles County Department of Public Health for the proposed Productivity Investment Fund (PIF) Project, specifically the "Park Rx Los Angeles County Initiative" (Park Rx LAC) application.

Los Angeles City College (LACC) strives to promote accessible and equitable learning to benefit the diverse local and global communities we serve. We empower our students to achieve their educational and career goals by providing pathways to support their completion of transfer requirements, career and technical education, and foundational skills programs.

The Park Rx LAC Initiative presents an invaluable path for our undergraduate Kinesiology students to obtain hands-on experience, career networking, and opportunity to create a positive change in underserved communities in the County. We strongly support structured, student-led, park-based physical activity fitness programs such as the 3 WINS Fitness Program, which aims to help the community meet the National Physical Activity Guidelines. The park-based program's utilization of kinesiology student-led physical activity programming through volunteerism or academic internships positively impacts both kinesiology students and community members.

We are excited to join the collaboration with the Department of Public Health, the Department of Health Services, and local city parks. Our support will involve participation in establishing a sustainable kinesiology internship program aligned with park-based physical activity programs, active involvement in the learning collaborative, and engagement in the Park Rx LAC evaluation activities.

For any inquiries or further discussion, please feel free to reach me at (323) 954-4000 ext. 2855 or via email at parasipd@laccd.edu.

Sincerely,

Peter D. Parasiliti, M.S., C.S.C.S.*D, EIM-II

Assistant Professor of Kinesology

Kinesiology Career Technical Education Progam Coordintor

Los Angeles City College

Peter Parasiliti



County of Los Angeles Quality and Productivity Commission

PRODUCTIVITY INVESTMENT FUND PROPOSAL

(Please submit the proposal with a cover letter signed by the department head)

Last Updated: May 10, 2023

Department: Department of Public Health

Date: February 13, 2024

Project Name: Park Rx Los Angeles County (Park Rx LAC)

PURPOSE OF FUNDING (50 words). Describe how the PIF funding will be used.

Funding will be used to (1) pilot Park Rx LAC at clinics from two Los Angeles County ("County") medical centers; (2) support structured fitness programming at local parks (destination for patient referrals); and (3) establish a field experience where kinesiology students from community colleges/universities can train as physical activity specialists.

SUMMARY OF PROJECT, INCLUDING BENEFITS (300 words). Describe benefits and potential multi-departmental or countywide adaptation.

Park prescription programs nationwide are effective for reducing health inequities. These initiatives support healthcare providers with processes to prescribe park visits, specifying exercise programs as a strategy for patients to enhance physical and emotional well-being by meeting recommended physical activity (PA) levels. A leading risk factor for chronic conditions (i.e., diabetes, hypertension, overweight/obesity), physical inactivity increased during and following the COVID-19 pandemic, especially in under-resourced, high-need communities.

The Department of Public Health (DPH) worked with park staff and member-organizations of the Join Us in Moving People to Play (JUMPP) Coalition to develop an initiative that promotes PA. This initiative, Park Rx Los Angeles County (Park Rx LAC), has the potential to increase park access and participation in free PA opportunities across the county.

DPH proposes a pilot at Olive View-UCLA and Los Angeles General Medical Center (OVMC & LAGMC) clinics. These County clinic sites serve high-need populations, with LAGMC region having disproportionately high health inequities. Partners will include local parks, the JUMPP Coalition, and local kinesiology student-led structured PA programs.

The pilot will:

- (i) Establish Park Rx LAC at OVMC & LAGMC outpatient clinic settings—providers will prescribe structured free PA programming at local parks to patients with chronic conditions.
- (ii) Support fitness programing at parks to provide free high-quality resources for patients referred through Park Rx LAC. Local parks already host a variety of community-oriented PA programs where graduate/undergraduate kinesiology students can gain field experience while learning about and supporting public health. One such program in the San Fernando Valley averages ~1,000 visits/month.
- (iii) Develop future workforce by convening local community colleges and universities (learning collaborative) to promote fitness programs at parks as field experience for kinesiology students to train as community PA specialists and replicate Park Rx LAC opportunities at other County sites.

County of Los Angeles Quality and Productivity Commission

PRODUCTIVITY INVESTMENT FUND PROPOSAL

(Please submit the proposal with a cover letter signed by the department head)

Last Updated: May 10, 2023

EVALUATION/PERFORMANCE MEASURES, (300 words) Describe what specific outcomes are to be achieved and how the project will enhance quality and/or productivity.

Park Rx LAC will focus on pilot implementation and making progress towards two public health priorities: PA promotion and workforce development. A multipronged assessment will collect information on key measures, with a focus on community context, participant experience, and workforce development—i.e., developing a pipeline of PA specialists from recruited pool of kinesiology students.

Performance Measures

County Clinics: This pilot will develop tools (Rx protocols, clinic workflow) for healthcare providers who want to recommend PA to their patients but feel overwhelmed by time constraints during office visits. The pilot will recruit at least 2 clinicians and key clinic staff at OVMC and LAGMC, develop protocols for the Park Rx workflow, and enroll 200 patients over 2 years. Collectively, these milestones signal successful establishment of Park Rx LAC at OVMC and LAGMC. Data collection will include the number of Park Rx prescriptions issued, feedback on workflow processes from clinic staff, and participant data for blood pressure, weight and blood sugar if they are available.

Fitness Programming at Local Parks: This pilot will provide field experience for 5 kinesiology students who will deliver free structured fitness programming as 1-hour sessions 1-3 times/week. The program intends to serve ~200 visits/week (800/month). Data collection will include the number patients who attended, pre/post-step counts, social support measures, and program logistics feedback from students and park staff.

Workforce Development: This pilot will establish a college/university Learning Collaborative (LC) to support peer learning, networking, and sharing of lessons learned/best practices for replication of PA programming. At least 2 community colleges/universities will be recruited by the end of Year 2. Each institution will contribute to PA specialist workforce development by training 2-3 kinesiology students to implement Park Rx LAC. Data collection will include the number of participating colleges/universities and kinesiology students, and process feedback from LC participants.

Is this an Information Technology project? If yes, please obtain endorsement and sign off from your department's CIO/IT manager and answer question 5 on page 3 below. Yes No N/A If you answered yes, please check with the Chief Executive Office, Chief Information Office, to see if you are eligible for Information Technology Funds.	Amount Requested: Loan \$0	<u>Grant</u> \$598,500	<u>Total</u> \$598,500
Cost Analysis Summary. Attach detail for A and B, including staff, equip	ment, supplies, etc.		
Cost Analysis Summary. Attach detail for A and B, including staff, equip	Ment, supplies, etc. Project Year 1	Project Year 2	
Cost Analysis Summary. Attach detail for A and B, including staff, equip A. Annual Cost of Current Process:		Project Year 2 \$0.00	
	Project Year 1		

Funds Flow Summary: Indicate	the amount of funds need	ed during implementation b	y period (fiscal year and quarter)
FY 23-24 Q3: \$0 FY 24-25 Q1: \$282,924 FY 25-26 Q1: \$315,576	FY 23-24 Q4: \$0 FY 24-25 Q2: \$0 FY 25-26 Q2: \$0	FY 24-25 Q3: \$0 FY 25-26 Q3: \$0	FY 24-25 Q4: \$0 FY 25-26 Q4: \$0

Quality and Productivity Manager (Print and Sign) Jane Lam	Project Manager (Print and Sign) Rebecca Reeves
Jane Lam	RReeves
Telephone Number (213) 628-5127	Telephone Number (213) 351-0394
E-mail jlam3@ph.lacounty.gov	E-mail rreeves@ph.lacounty.gov
Department CIO/IT Manager (Print and Sign)	Budget/Finance Manager (Print and Sign) Rebecca Reeves Chewas
Telephone Number	Telephone Number (213) 351-0394
E-mail	E-mail rreeves@ph.lacounty.gov
Department Head (Print and Sign) Barbara Ferrer, PhD, MEd, MPH	Telephone Number (213) 288-8117
E-mail bferrer@ph.lacounty.gov	NOV.

^{**} Electronic, Original, or Scanned Signatures Are Accepted

QUESTIONS

1. Has this proposal been submitted before for a Productivity Investment Fu		
	loan or grant? Yes	No
	If so, when (date)?	
2.	Was this proposal included in the	department's current budget request?
	Yes No	If no, why not?
	The Park Rx Los Angeles County (Pa	ark Rx LAC) initiative is at the start-up stage as
	a pilot. The initiative fills an unmet ne	eed that is not currently included in the annual
	Department budget.	
3.	How many years will it take for the	loan to be paid back (3 years maximum
	without special approval)? Where	will the funds come from to repay the loan?
	Not applicable. Public Health is requ	esting grant funding only.
	Hard Dollar Savings	Cost Avoidance
	Revenue Generation	Other (please explain)

4. Discuss potential for revenue increase, service enhancement, future cost avoidance and/or cost savings. Does it reduce net County cost?

Although there are no immediate increases in revenue, Park Rx LAC can enhance preventive care and management of chronic conditions at the Department of Health Services (DHS) and the Department of Public Health (DPH), resulting in potential cost savings for direct medical care, costs that would otherwise be required to treat conditions like hypertension and obesity, and their associated complications (i.e., heart disease, diabetes, stroke). For example, the annual direct medical costs of

caring for heart disease and diabetes in the U.S. total \$294 billion and \$190 billion, respectively (1). If a hospital could avert even 50 diabetes-associated lower leg amputations per year (mean cost ~\$46,802/procedure), it could save about \$2.3 million in direct medical costs, not to mention the hardship (intangible costs) the patient and their families would have to endure if the procedure had been required (2).

- (1) Appold K. Industry Analysis. The Only Direction is Up. The Future Cost of Five of the Most Common Diseases. Managed Healthcare Executive. March 2020.
- (2) Nilsson A, Willis M, Neslusan C. A review of the costs of lower limb amputations in patients with diabetes in the US. Value in Health. May 2018;21(Suppl 1):S73.
- 5. (300 words) How does this proposal extend, amplify, or complement existing cross-County best and shared practices (including, if applicable, technology or sustainability practices, and equity impact whom does this benefit and/or burden); describe the proposed solution in terms of its innovative use of technologies to achieve desired business outcomes, and/or Department strategic goals and objectives?

Park Rx LAC is an inter-agency project creating new innovative workflows for the sharing of information among DPH, DHS, other County departments, and community partners to meet the shared goal of improved patient-community health connectivity via increased physical activity. This pilot leverages existing County resources (e.g., primary care, parks, academic programs) to maximize their potential to improve community health. DPH will co-create the Park Rx LAC program workflows with DHS to encourage outpatient DHS clinicians to refer patients to local park resources as a medical intervention. Additionally, the new interagency workflows will include the first-ever HIPAA-compliant feedback to clinicians regarding patients' use of park resources to improve chronic disease and emotional wellbeing management. Once established, these workflows will provide long-term sustainability of the Park Rx LAC

program. Park Rx LAC will be a collaboration between DPH, DHS, local parks and colleges/universities, and members of the JUMPP Coalition. The pilot will develop a model of practice for addressing health inequities by targeting patients with disproportionately high chronic disease burden in the San Fernando Valley and Southeast Los Angeles County areas.

6. (150 words) Is the proposal a pilot project? If so, what are the conditions for further expansion or development?

This is a pilot project (Park Rx LAC) to establish a model for partnerships between local health care providers, regional park agencies, and community colleges/universities to implement programs that can address chronic disease by promoting physical activity (PA) at parks. A prior RAND study had assessed Park Rx's feasibility, describing key supports for implementation (3). For this pilot, we intend to document its process, progress and milestones, and any facilitators or challenges encountered. Through this experience we hope to apply lessons learned to inform further use of park prescriptions in LAC; in particular we are planning to work with providers such as members of the American College of Lifestyle Medicine and those working in outpatient LAGMC and OVMC clinics to advance this model of practice.

- (3) Cohen et al. Park Prescription in Los Angeles County: Evidence, Perceptions, and Feasibility. RAND Health. December 2018.
- 7. (300 words) What current County processes or functions will be eliminated or streamlined via this productivity enhancement(s) and/or quality improvement(s)?

Not applicable.

8. (300 words) Does this proposal relate to a specific Countywide Strategic Plan goals and Board priorities? (To view the County's strategic plan, click here: https://ceo.lacounty.gov/strategic-plan-and-goals/. To view the Board's priorities, click here: (Chief Executive Office | County of Los Angeles (lacounty.gov). C:\Users\e685230\Downloads\Board Priorities | If yes, please explain.

The Park Rx LAC proposal relates directly to the Chief Executive Office Strategic Plan Goal I (Make Investments That Transform Lives) and Goal II (Foster Vibrant and Resilient Communities).

The pilot relates to Goal I, Strategy I.2.2 (Streamline Access to Integrated Health Services) by creating a Park Rx LAC program that seamlessly connects people to parks through clinical providers. The pilot will establish a first-of-its-kind streamlining of services/information offered and shared by DHS (clinical care), local parks (fitness programming location), and DPH (evaluation and convening). Medical providers play a vital role in influencing patients' PA levels. Park Rx LAC aims to develop the tools medical providers need—referral protocols, clinic workflows, and decision-support for "filling" Park Rx—to help patients better manage their health. Keeping with core functions on policy development and assurance, DPH will evaluate the pilot to provide data that local parks and DHS can use to improve services. Building out a pipeline of future PA specialists for County departments, DPH will convene a learning collaborative, recruiting colleges/universities with kinesiology training programs. This collaborative also supports the future expansion of Park Rx to other LAC communities.

The pilot aligns with Goal II, Strategy II.2.2 (Expand Access to Recreational and Cultural Opportunities) and Strategy II.2.4 (Promotes Active and Healthy Lifestyles), enhancing access to PA programs and providing an avenue to social support and cultural opportunities via local parks. Fostering park-based PA opportunities that can be culturally tailored, Park Rx LAC transcends mere exercise routines, offering a

gateway to community engagement and shared experiences that are critical for underserved/underrepresented communities. It helps dismantle barriers, facilitating empowerment and social cohesion among affected populations. Limited access to PA resources can also perpetuate disparities, often hindering people's ability to engage fully in society, signaling inequities in community health that should be addressed.

9. (150 words) Does this proposal enhance the County image and/or improve relationships with the County's constituents? Please explain.

Yes, the Park Rx LAC pilot could enhance the County image and bring positive public relations to the institution. Promotion of the effectiveness and collaboration between DPH, DHS, and local parks would show solidarity and give constituents/residents the positive message that LAC provides valuable, seamless services and resources that can keep them safe and healthy, improve their emotional well-being, prevent chronic diseases, and their related complications.

10.(150 words) How might this proposal promote interdepartmental cooperation including, if applicable, data sharing and program design?

This pilot is an innovative partnership between the County Departments of Health Services (DHS) and Public Health (DPH), local parks, and local institutions of higher education to provide feedback to DHS and other health centers regarding patient use of local parks. This Park Rx LAC pilot will train medical providers, park staff, and graduate/undergraduate kinesiology students on park prescription implementation. The pilot will have two ways to track patients' attendance. One will be electronic such as via the use of QR codes at the local park program sites where enrolled patients can scan this code using their smartphones. Another will be paper-based for those who do not have smartphone access. Relevant attendance and program data will be shared with OVMC and LAGMC providers, program implementers, and

approved partners (in compliance with HIPAA) to assist with quality improvement at OVMC, LAGMC, parks, and academic partners.

11. (150 words) Where did the original idea for this project come from?

Park Rx LAC evolved out of DPH efforts in 2013 to equip DHS providers with a resource list of parks with outdoor fitness equipment across the County. Providers used this list to refer patients for PA at local parks, but the system was informal and lacked a feedback component for clinicians. Medical providers understand their crucial role in influencing patients' PA levels and requested a way to refer to parks by zip code and other filters for a more personalized patient experience. However, they faced many challenges, such as limited time with patients, competing priorities, and a lack of easy access to free PA referral options, especially for low-income patients. This Park Rx LAC pilot seeks to create new clinic-based protocols at OVMC and LAGMC that will enable clinicians to prescribe free PA programming at nearby parks to improve chronic disease management and support emotional well-being.

12. When will the funds be needed? Please indicate the amount needed by fiscal year <u>and</u> quarter:

2023-24	<u>2024-25</u>	2025-26
1 st Quarter \$	1 st Quarter \$282,924	1 st Quarter \$315,576
2 nd Quarter \$	2 nd Quarter \$	2 nd Quarter \$
3 rd Quarter \$	3 rd Quarter \$	3 rd Quarter \$
4 th Quarter \$	4 th Quarter \$	4 th Quarter \$

IMPLEMENTATION PLAN

KEY MILESTONES	START DATE	FUNDS NEEDED	FUNDS REPAID
(Major steps in the project development)	(Estimated date for each project step)	(Amount and quarter funds will be needed)	(Amount and quarter funds will be repaid)
Initiate procurement process for contracts with consultants for parks fitness programming	April 2024	\$0	n/a
Establish interagency agreements with DHS and local parks to establish their role in Park Rx LAC	April 2024	\$0	n/a
Establish contract with the college/university to offset kinesiology staff at 25%	June 2024	\$0	n/a
Onboard health care providers and hire program coordinator, train park staff	July 2024	\$282,924	n/a
Launch fitness programming at local Parks Enroll patients in Park Rx LAC and refer to programming	October 2024	\$0	n/a
Conduct quality evaluation of Park Rx LAC pilot and related programming; document processes	April 2025	\$0	n/a
Refine and restructure processes	July 2025	\$315,576	n/a
Recruit members to join the college/university Kinesiology learning collaborative	September 2025	\$0	n/a
Establish schedule for regular learning collaborative meetings	December 2025	\$0	n/a
Provide technical assistance to learning collaborative members on partnering with DHS healthcare providers to implement Park Rx LAC at local parks	December 2025	\$0	nle
Assess pilot progress through quality improvement measures to determine feasibility of scaling Park Rx LAC in other areas of Los Angeles County	January 2026	\$0	n/a
Write Final Report	March 2026	\$0	n/a

LINE ITEM BUDGET DETAIL

(Work with your Budget Analyst)

Services and Supplies

List all services and supplies here

Total services and supplies	\$598,500
Project Coordinator (non-County contracted staff)	\$183,333
Project Consultant (non-County contracted staff)	\$183,333
College/University Staff Time	\$44,000
Meeting Facilitation	\$2,000
Programming Supplies	\$10,000
Communications	\$34,924
Evaluation	\$130,909
	Project Coordinator (non-County contracted staff) Project Consultant (non-County contracted staff) College/University Staff Time Meeting Facilitation Programming Supplies Communications

Other Charges

List all other charges here

(b) Total other charges	\$ 0
-------------------------	------

Fixed Assets

List all equipment and other fixed assets here

(c) Total fixed assets \$ (

TOTAL COSTS (a+b+c) \$ 598,500