

# National Coming Out Day

October 11, 2024

National Coming Out Day is a day to celebrate the courage and strength it takes for anyone to come out as LGBTQ+. It is not a day to shame people who aren't out, or to force people to come out – it's a celebration for those who feel comfortable, to talk about who they are and celebrate true identity. National Coming Out Day can provide a safe space for people to be seen for who they are and to increase visibility.

