

Virginia Department for Aging and Rehabilitative Services Evidence-Based Falls Prevention Program Grantee



Goals

The overall purposes of this 3-year grant are to:

- **Goal 1:** Through robust partnerships, develop a result-based, comprehensive strategy for reducing falls and falls risk among older adults and adults with disabilities living in your community; and
- **Goal 2:** Significantly increase the number of older adults and adults with disabilities who participate in evidence-based falls prevention programs, while concurrently pursuing the sustainability of these programs beyond the end of the grant period.

The Virginia Department for Aging and Rehabilitative Services (DARS) and its partners will:

- Significantly increase the number of older adults and adults with disabilities who participate in evidence-based falls prevention programs.
- Increase partnerships with referral organizations and a health care funder.

- Improve the number of participants and program sites in counties with poor health outcomes.
- Increase the number of A Matter of Balance master trainers from 27 to 54 and Bingocize facilitators from 18 to 54.

Proposed Interventions

- A Matter of Balance
- Bingocize

Partnerships

To achieve the goals of the grant, the Virginia Department for Aging and Rehabilitative Services will collaborate with the following key partners:

- Area Agencies on Aging
- Brain Injury Services of Southwest Virginia
- Community Brain Injury Services
- Disability Resource Center of the Rappahannock Area
- The ENDependence Center of Northern Virginia
- Genworth Financial

Prevention and Public Health Fund 2021, effective May 1, 2021



- Independence Empowerment Center
- No Wrong Door Virginia
- The Virginia Department of Health

Anticipated Results

The Virginia Department for Aging and Rehabilitative and its partners propose to achieve the following results:

- Strengthened strategic partnerships between DARS and community-based referral organizations.
- Receive 1,500 referrals for falls prevention programs through No Wrong Door Virginia and a minimum of 500 consumer self-referrals from No Wrong Door Direct Connect.
- Recruit at least 960 participants from underserved areas with poor health outcomes.
- Reach 1,985 completers over the three-year period.

Contact:

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For more information:

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