

Kansas Department of Health & Environment

Falls Prevention Program Grantee Profile, Fiscal Year 2024

Goals

This 4-year grant aims to:

- Develop capacity to increase the number of older adults and adults with disabilities who participate in evidence-based falls prevention programs to empower them to reduce falls and/or their risk of falls.
- Identify and implement one or more robust strategies that will promote the sustainability of evidence-based falls prevention programs.

Activities

The grantee and its partners will:

- Increase number of Master Trainers for Stepping On and Matter of Balance throughout Kansas.
- Engage older adults and adults with disabilities, especially in rural, frontier counties.
- Deliver Stepping On and MOB remote or in-person.
- Increase falls risk tool usage among healthcare providers, first responders, and community health workers community health workers.

Interventions

- A Matter of Balance (in-person and virtual)
- Stepping On (in-person and virtual)

Partners

To achieve the goals of this project, the grantee will collaborate with these key partners:

- Kansas Department of Health and Environment
- Kansas Older Adult Falls Prevention Coalition
- Northwest Kansas Area Agency on Aging
- Southeast Kansas Area Agency on Aging
- Southwest Kansas Area Agency on Aging
- University of Kansas Institute for Health and Disability Policy Studies

Outcomes

The grantee anticipates the following results from this project.

- Serve 1,000 participants over the four-year project period (200 Stepping On, 800 MOB).
- Increase access to in-person and remote evidence-based FP programs.
- Create an active network for FP dedicated to resource development, data, and education.
- Inform healthcare workers of falls risk screening tools and increase referrals to FP programs.
- Educate older adults with disabilities that falls are preventable.

Grantee Contact

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