

Chronic Conditions and Falls Risk: Heart Disease

Learn the link between heart disease and falls, and which falls prevention program is right for you.

Common Types



- Arrhythmia
- Atrial Fibrillation
- Coronary Heart Disease
- Health Failure
- Myocardial Infarction

Falls Risk Factors



- Low body weight & muscle strength
- Dizziness or fainting from low blood pressure
- Low vision & hard of hearing

Solutions



- Exercise to maintain muscle volume
- Discuss medicine changes with your doctor
- Make sure home is clutter-free

Falls Prevention Program Options



Contact Information