

Rhode Island Department of Health

Falls Prevention Program Grantee Profile, Fiscal Year 2024

Goals

This 4-year grant aims to:

- Develop capacity to increase the number of older adults and adults with disabilities who participate in evidence-based falls prevention programs to empower them to reduce falls and/or their risk of falls.
- Identify and implement one or more robust strategies that will promote the sustainability of evidence-based falls prevention programs.

Activities

The grantee and its partners will:

- Increase availability of A Matter of Balance (AMOB), offering in-person and remote classes.
- Deliver falls prevention programming at 10 housing authorities sites throughout Rhode Island.
- Provide a total of 16 AMOB classes and 12 Tai Ji Quan: Moving for Better Balance (TJQMBB) classes by 2028.
- Provide community health worker training to 10 new and existing AMOB/TJQMBB trainers.

Interventions

- A Matter of Balance (AMOB)
- Tai Ji Quan: Moving for Better Balance (TJQMBB)

Partners

To achieve the goals of this project, the grantee will collaborate with these key partners:

- CareLink
- Office of Healthy Aging (OHA)
- RIDOH Center for Chronic Care and Disease Management
- Rhode Island Emergency Medical Services
- Rhode Island Geriatric Education Center

Outcomes

The grantee anticipates the following results from this project.

- Increase the number of sites offering FP programs.
- Increase the number of older adults who engage in FP programs.
- Increase the number of community health workers and community organizations trained in FP programs.
- Increase the number of underserved or disabled older adults engaged in FP programs.
- Deliver evidence-based FP programs to 372 total participants.

Grantee Contact

Tara Cooper, Chief, Center for Health Promotion: Tara.Cooper@health.ri.gov