### Profile of Food Insecure Older Adults

#### Gender
- **Men**: 38%
- **Women**: 66%

#### Race/Ethnicity
- **Black**: 42%
- **White**: 34%
- **Hispanic**: 21%

#### Marital Status
- **Unmarried**: 65%
- **Married**: 34%

#### Income
- **< $25,000 per year**: 66%
- **39% Retired**: 39%
- **32% Below Federal Poverty Level**: 32%

#### Health Status
- **54% Fair / Poor**: 54%
- **2.4 Chronic Conditions**: 2.4

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SOURCE: Food Insecurity Among Older Adults and the Role of the Supplemental Nutrition Assistance Program, National Council on Aging, July 2021
After the Great Recession, food insecurity and poverty more than doubled among older adults.

The Supplemental Nutrition Assistance Program (SNAP) plays an important role in reducing food insecurity and skipped meals among older adults, yet 85% of older SNAP users’ benefits were below the lowest USDA food budget.

Older adults who utilized SNAP during the recession had 42% lower odds of skipping meals.