**NCOA CDSME Toolkit**

**Sample Text Messages**

***Sample Text Message 1***

Take control of your chronic condition and aging journey! Sign up for a FREE CLASS to learn how to feel and live better. Find out more... [grantee website/contact info]

***Sample Text Message 2***

Living with a chronic condition? Don’t worry, get educated! Sign up for a FREE class to learn tips for better health, whatever your diagnosis. Learn more... [grantee website/contact info]

***Sample Text Message 3***

Chronic condition? You’re not alone. Join a supportive community and learn how to improve your health. Classes are FREE! Sign up today... [grantee website/contact info]

***Sample Text Message 4***

Most adults 65 and over have a chronic condition — don’t face yours alone! Sign up for a FREE class and take control of your health. Discover classes today... [grantee website/contact info]