

Putnam County Evidence-Based Falls Prevention Grantee



Goals, Strategies, and Activities

The overall purposes of this 3-year grant are to:

- **Goal 1:** Through robust partnerships, develop a result-based, comprehensive strategy for reducing falls and falls risk among older adults and adults with disabilities living in your community; and
- **Goal 2:** Significantly increase the number of older adults and adults with disabilities who participate in evidence-based falls prevention programs, while concurrently pursuing the sustainability of these programs beyond the end of the grant period.

The Putnam County Office for Senior Resources (PCOSR) and its partners will:

- Engage 1,100 participants in evidence-based fall prevention programs in 5 counties of the Lower Hudson Valley.
- Develop partnerships with area hospital systems and insurance companies to improve care coordination.
- Increase usage of the STEADI toolkit as screening tool for fall prevention efforts.
- Build business acumen for sustaining programs beyond the grant period.

Proposed Interventions

- A Matter of Balance
- Bingocize

Partnerships

To achieve the goals of the grant, PCOSR will collaborate with the following key partners:

- Dutchess County Office for the Aging
- Orange County Office for the Aging
- Rockland County Office for the Aging
- Ulster County Office for the Aging
- County Departments of Health in Putnam, Dutchess, Orange, Rockland, Ulster
- Garnet Health
- Hudson Valley Health Centers
- Lower Hudson Valley Fall Prevention Network
- MVP Healthcare
- New York State Bureau of Occupational Health and Injury Prevention
- New York State Office for Aging
- Northwell Health
- Nuvance Health
- Westchester Medical Network

Prevention and Public Health Fund 2021, effective May 1, 2021



Anticipated Results

The PCOSR and its partners propose to achieve the following results:

- Increased participation in evidence-based strategies for fall prevention by engaging 1,100 participants in AMOB and Bingocize
- Improved sustainability for fall prevention interventions by aligning SDOH and medical systems
- Reduced health care costs for older New Yorkers.

Contact:

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For more information:

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