



FOR PLANNING PURPOSES

September 26, 2024

Event for Seattle-Area Older Adults Will Offer Tips and Expert Advice on Home Modifications to Help Maintain Independence and Safety

Event Will Take Place During [Falls Prevention Awareness Week](#) and will include live interpretation in Cantonese and Mandarin

SEATTLE, WA – Older adults from across the Seattle area will gather on Thursday, September 26 for a community event to learn about home safety modifications that can reduce the risk of falls around the home. A panel of experts will offer tips for home safety modifications. Participants will also have the opportunity to complete a personalized falls risk assessment. The event is a collaboration between [Age Friendly Seattle](#), [Kin On](#), [Sound Generations](#), the [King County Fall Prevention Coalition](#), and the [National Council on Aging](#).

Falls are not a normal part of aging, and they can be prevented. However, more than [one in four](#) Americans age 65+ falls each year, and falls are the leading cause of fatal and nonfatal injuries for older Americans. The issue is particularly pressing in King County, where [nearly half](#) of all injury-related deaths among residents age 65+ are due to unintentional falls. This event prioritizes culturally sensitive programming designed to help reduce disparities in access to health information among different communities, and will include live interpretation in Cantonese and Mandarin.

WHAT: A community event to provide home safety modification and falls prevention information to Seattle-area older adults and community members

WHEN: Thursday, September 26, 2024 from 10:30am - 11:30am PDT

WHERE: [Kin On](#), 4416 S. Brandon Street, Seattle, WA 98118

WHO: The following people are available for interviews during and/or after event:

- **Faye (Yuk-Fun) Chien**, Director of Community Wellness and Social Services, Kin On
- **Eldad Mekuria**, Human Services Coordinator, Aging and Disability Services, City of Seattle Human Services Department

- **Paige Denison**, Director of Health, Wellness & Project Enhance, Sound Generations
- **Hayat Essa**, Program Specialist, Center for Healthy Aging, National Council on Aging

MORE INFO

- [Click here](#) to learn about the King County Fall Prevention Coalition, and [click here](#) for more information on falls and falls prevention.

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