

CAPABLE Visits In-Person vs Virtual

Johns Hopkins Guidance During Pandemic

OT Visits - *Minimum*

- In-Person: #1, #2 -evaluation of person & environment
- In-Person or Virtual: #3, #4, #5 depending on client and goals—need to determine if can be successfully done virtually. Instruction DME/AD, client ability to engage virtually, what goals he/she set, etc.
- Recommend final visit #6 to be in-Person. If not, determine how to complete the OT final visit and conclusion of CAPABLE with fidelity, and collect Participant Experience Survey, and final measures.

RN visits - *Minimum*

- In-Person: #1 -evaluation of person & cues from environment
- In-Person or Virtual: #2-3 depending on client ability to engage virtually and goals set, determine if can be done successfully virtually or requires in person.
- Recommend final visit #4 to be in-Person. If not, determine how to complete the RN CAPABLE visits with fidelity, and collect final measures.

Please NOTE: We encourage you to engage with each participant and consider your own infection/safety control processes and to track/measure progress with the participant to determine if the virtual visits are effective. Virtual visits have not been tested in our studies of CAPABLE, so we are in uncharted waters, to some extent. Going forward, it is best to figure out how to do your visits in person, if possible.

Considerations

Your ability as a clinician to develop rapport, conduct evaluation, perform motivational interviewing, and facilitate brainstorming with the participant and his/her ability to engage, set goals, and be able to take action on those goals is what should drive you/your organization on how to weave in virtual visits.

Additional considerations include:

- Available/proper PPE for clinicians & handy workers & face masks worn by clients - what, when, how
- Hand washing, sanitizers other disinfectant processes - when, what
- Action Plans in writing - how/when delivered
- Client equipment/supplies - how/when delivered
- Working from home, technology access, other support, and how/when to access office and other supplies
- Reviewing training materials & instructions- when, how
- Client access to virtual audio/visual technology - (if just verbal phone call, this limits what can be done) - what options
- Providing clients with COVID-19 resources