

Open Hand Atlanta

Chronic Disease Self-Management Education Program Grantee



Goals, Strategies, and Activities

The overall purposes of this 3-year Capacity-Building grant are to:

- Develop capacity in areas with no or limited evidence-based program infrastructure to introduce, deliver, and expand the reach of chronic disease-self-management education and self-management support programs within underserved geographic areas and/or populations; and
- Develop sustainability strategies to support the proposed programs during and beyond the grant period.

Open Hand Atlanta (OHA) and its partners will:

- Establish a coordinated referral network to teach people how to manage their chronic conditions;
- Improve health outcomes among participants;
- Reduce transportation barriers and improve awareness of the service by conducting classes in community settings;
- Increase the number of health care providers offering Chronic Disease Self-

Management Education classes in the Atlanta area; and

- Develop a sustainable path forward for the program's future financial and stakeholder support.

Proposed Intervention

- Chronic Disease Self-Management Program (CDSMP)

Partnerships

To achieve the goals of the grant, OHA will collaborate with the following key partners:

- Atlanta Regional Commission
- Emory Healthcare
- Grady Hospital
- Local senior centers

Anticipated Results

OHA and its partners will strive to achieve the following results:

- Engage 405 low-income, underserved older adults with the education needed to effectively manage one or more chronic conditions;
- Achieve a participant completion rate of 60%;



- Implement a pilot of 5 CDSMP workshops in Year 1 and additional workshops in Years 2 and 3 based on demand;
- Achieve improved health outcomes in at least 50% of those served; and
- Increase community awareness of class availability.

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