

New York State Office for the Aging Chronic Disease Self-Management Education Program Grantee



Goals, Strategies, and Activities

The overall purposes of this 3-year Sustainable Systems grant are to:

- **Goal 1:** Significantly increase the number of older adults and adults with disabilities who participate in and complete evidence-based chronic disease self-management education (CDSME) and support programs to improve their confidence in managing their chronic condition(s).
- **Goal 2:** Implement new and innovative funding arrangements, including contracts and collaborations with multiple sustainability partners, to support evidence-based self-management education and support programs during and beyond the grant period. Additionally, embed programs into an integrated, sustainable evidence-based prevention program network via centralized, coordinated processes.

The New York State Office for the Aging (NYSOFA) and its partners will:

- Support maintenance of statewide CDSME delivery infrastructure while increasing capacity and participant reach in two target regions with rural populations;

- Build a new online data management portal for evidence-based interventions to facilitate sustainability and collaboration with state partners; and
- Advance two integrated, sustainable delivery networks for evidence-based programs (one new and one existing).

Proposed Interventions

- Better Choices, Better Health®
- Chronic Disease Self-Management Program
- Chronic Pain Self-Management Program

Partnerships

To achieve the goals of the grant, NYSOFA will collaborate with the following key partners:

- Adirondack Health Institute
- Bassett Healthcare
- Clinton County Office for the Aging
- Erie County Department of Senior Services
- Independent Health
- New York State Department of Health
- St. Lawrence Health Initiative Inc.
- University of Vermont Health Network
- Western New York Integrated Care Collaborative, Inc.

Prevention and Public Health Fund 2019, effective May 1, 2019



Anticipated Results

NYSOFA and its partners propose to achieve the following results:

- Engage 2,100 older adults and persons with disabilities in rural areas with the education needed to effectively manage pain and one or more chronic conditions;
- Achieve a participant completion rate of 70%; and
- Implement an innovative peer-to-peer mentoring/collaborative approach to develop and enhance integrated delivery networks in two regions of the state.

Contact:

Erin Verdile

New York State Office for the Aging

Email: Erin.Verdile@aging.ny.gov

For more information:

Administration for Community Living

U.S. Department of Health and Human Services

Washington, DC 20201

<http://www.acl.gov>

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