

# Wyoming State Department of Health Chronic Disease Self-Management Education Program Grantee



## Goals, Strategies, and Activities

The overall purposes of this 3-year Sustainable Systems grant are to:

- Significantly increase the number of older adults and adults with disabilities who participate in evidence-based self-management education and support programs to improve their confidence in managing their chronic condition(s); and
- Implement innovative funding arrangements to support the proposed programs, while embedding the programs into an integrated, sustainable program network.

The Wyoming Department of Health (WDH) and its partners will:

- Increase the number of older adults, adults with disabilities, and adults in frontier and rural areas who participate in Chronic Disease Self-Management Education (CDSME);
- Implement innovative funding arrangements to support evidence-based self-management education;
- Create a CDSME marketing campaign that reaches 45,000 Wyomingites; and

- Establish one branded CDSME implementation entity in Wyoming called *Healthy U* which will centralize the coordination and certification of all CDSME training.

## Proposed Interventions

- Chronic Disease Self-Management Program
- Chronic Pain Self-Management Program
- Diabetes Self-Management Program

## Partnerships

To achieve the goals of the grant, WDH will collaborate with the following key partners:

- Wyoming Center on Aging
- Wyoming Medicaid
- Wyoming Primary Care Association

## Anticipated Results

The WDH and its partners propose to achieve the following results:

- Engage 1,958 participants and 1,468 completers in CDSME;
- Achieve a 75% participant retention rate;
- Create nine referral partnerships;



- Develop three new innovative funding arrangements to support CDSME programs; and
- Obtain Wyoming Medicaid reimbursement for CDSME.

**Contact:**

Hannah Herold  
Wyoming Department of Health  
[hannah.herold@wyo.gov](mailto:hannah.herold@wyo.gov)

**For more information:**

Administration for Community Living  
U.S. Department of Health and Human Services  
Washington, DC 20201  
<http://www.acl.gov>

This project is supported by the Prevention and Public Health Fund 2018.

