An estimated 1,400 Native patients have directly or indirectly benefited from the LCTHC Diabetes Wellness Programs

**Building community Awareness**

In the beginning (2014) there was a vague awareness most feel DM was a local problem but there was not motivation to do anything about it.  
Now in 2019, there is clear recognition of the problem with activities supported by administration and community & staff are trained and experienced.

**Improving Self-Management Complications**

More Native Diabetic patients are in good control of their ABC bundle (A1C, blood pressure & cholesterol) preventing kidney disease, eye problems, amputations and nerve damage -- Saving millions of dollars in health cost.

<table>
<thead>
<tr>
<th>2015</th>
<th>2019</th>
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<td>9</td>
<td>28</td>
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**Achieved Recognition**

*The American Diabetes Association Recognizes this education service as meeting the National Standards for Diabetes Self-Management Education and Support.*

**Door-to-Door Peer-to-Peer DSMES Workshops**

In 2019, 82% of active DM patients (140 patients) have attended at least 1 DSMP workshop compared with 10 patients (5%) before DSMES in 2014

**Community Empowerment**

Hinth’el Diabetes Action Council (HDAC) creates strategic plan. Youth HDAC mentors 15 youth leaders

**88%**

The percentage of DSMES participants that are confident they can manage their diabetes compared to 59% before taking a DSMES workshop.