

# 5<sup>th</sup> Annual Older Adult Mental Health Awareness Day Symposium Partner Sharing Toolkit

Thank you for helping us spread the word about this year's event! Below are suggested social media posts and email text for you to share on your platforms.

## **FACEBOOK**

#mentalhealth is critical to #wellbeing at every age. Attend a free virtual event on May 16 to get the latest tools to help #olderadults in your community. Sponsored by @NCOAging @ACLgov @HRSAgov @samhsa and E4Center. Register today! <a href="https://bit.ly/3udlfBE">https://bit.ly/3udlfBE</a>

#### **TWITTER**

Join @NCOAging @ACLgov @HRSAgov @samhsagov and E4Center to discover best practices to improve #olderadult #mentalhealth. Register for free: <a href="https://bit.ly/3qeF4bH">https://bit.ly/3qeF4bH</a>

### LINKEDIN

If you serve older adults, don't miss this free virtual event with the latest info to improve their #mentalhealth. Sponsored by @NCOAging @ACLgov @HRSAgov @samhsa and E4Center. Register today! https://bit.ly/3qeoOHI

#### **EMAIL**

Register for the 5<sup>th</sup> Annual Older Adult Mental Health Awareness Day Symposium Mental health is critical to well-being at every age. Join a free virtual event on May 16 that will empower professionals with the latest tools to improve the lives of older adults in their communities. The all-day symposium is sponsored by the National Council on Aging, U.S. Administration for Community Living, Substance Abuse and Mental Health Services Administration, Health Resources and Services Administration, and E4 Center of Excellence for Behavioral Health Disparities in Aging. Register today! <a href="https://bit.ly/3wioR94">https://bit.ly/3wioR94</a>