VHQI
QIN-QIO for Maryland and Virginia
August 4, 2015
1. VHQC Overview
2. Overview of Quality Improvement Initiatives
3. Everyone with Diabetes Counts (EDC) Initiative
4. Alignment with the Living Well Program
5. Funding Opportunity
1. Private, nonprofit healthcare consulting firm

2. Served as QIO for Virginia since 1984

3. Health IT Regional Extension Center
## QIN-QIO Aims

<table>
<thead>
<tr>
<th>Better Health</th>
<th>Better Care</th>
<th>Lower Costs</th>
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<tr>
<td>• Improving cardiac health &amp; reducing cardiac disparities</td>
<td>• Reducing healthcare-associated infections</td>
<td>• Quality improvement through physician value-based modifier</td>
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<td>• Reducing disparities in diabetes care</td>
<td>• Reducing healthcare-acquired conditions</td>
<td>• Local QIO projects</td>
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<td>• Coordinating prevention through HIT</td>
<td>• Coordinating care to reduce readmits &amp; adverse drug events</td>
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<td>• Adult Immunization</td>
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Support a continuously evolving network of dedicated and committed experts in quality improvement, working together in partnership with multiple entities, patients and families to improve health care, support the creation of healthy people in healthy communities and lower costs through improvement.

“To change a nation…”
1. Assist providers in reporting on and monitoring outcomes for patients with diabetes.
   • HbA1c
   • Lipids
   • Eye exams
   • Blood Pressure
   • Lower extremity amputations
2. Increase the number of beneficiaries with self-management diabetes training.
EDC Alignment with Maryland’s Living Well Program

1. Utilizes Stanford self-management program
2. Evidence based, self-management workshop
   - Free six-week course
3. Partnership to increase provider referral to and beneficiary knowledge of Program
4. Data support
   - Pre/post class diabetes knowledge
   - Clinical data pre/post class
EDC: Participants

1. Healthcare workers
   • Providers/practitioners
   • Certified Diabetes Educators
   • Community Health Workers

2. Organizations with focus on diabetes population
   • Faith-based organizations
   • Senior centers
   • Community health centers
   • Public health departments

3. Academic and teaching institutions
Foundational Elements

Disparities

- Social determinants
- Racial/ethnic minorities risk factors
- Strategies to minimize risk factors

Patient & Family Engagement

- Involvement in QIO-QIN projects
- Serve as advisors
- Involvement in provider QI projects

Learning Networks

- Online community forum
- Opportunities to share success, best practices, lessons learned
- Webinars/teleconferences
- Supported by advisory committees
Partnership with the Center for Excellence

1. Diabetes Self-Management Program (DSMP) workshops
2. Limited number of Chronic Disease Self-Management Program (CDSMP) workshops
3. Target/qualified population
   - Medicare beneficiaries
     - Medicare Advantage Plans and dual eligibles
   - Pre-diabetic or diabetic
   - Rural setting or minorities in urban settings
1. Patient activation surveys
   - DSMP - $75
   - CDSMP - $50
     - Registration/demographic form
     - Pre/post workshop survey

2. Medical release form - $5
Additional VHQC Support

1. Reminder calls to registered participants
2. Outreach materials promoting workshops
   • Physicians
   • Community
   • Pharmacies
3. Submission of medical release form to physician
Questions and Answers
Stay Connected

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