

# Kansas Department of Health and Environment

## *Chronic Disease Self-Management Education Program Grantee Profile, Fiscal Year 2024*

### Goals

This 4-year grant aims to:

- Develop capacity to increase the number of older adults and adults with disabilities who participate in evidence-based chronic disease self-management education (CDSME) programs and self-management support programs to empower them to better manage their chronic conditions.
- Identify and implement one or more robust strategies that will promote the sustainability of evidence-based self-management education and self-management support programs.

### Activities

The grantee and its partners will:

- Engage older adults and adults with disabilities in Kansas, especially in rural and medically underserved counties in four Kansas regions covering 43 counties.
- Advance and improve the sustainability of existing CDSME and support programs by building the infrastructure for systematic delivery.
- Increase the knowledge and education of the health care providers in rural communities to refer to CDSME programs for their client.
- Identify the insurance providers in Kansas that reimburse for CDSME programs and develop a referral and promotion process across Kansas.

### Interventions

- Chronic Disease Self-Management Program (CDSMP) (in-person and remote)
- Chronic Pain Self-Management Program (CPSMP) (in-person and remote)
- Diabetes Self-Management Program (DSMP) (in-person and remote)
- Walk With Ease (WWE) (in-person and remote)

### Partners

To achieve the goals of this project, the grantee will collaborate with these key partners:

- East Central Kansas Area Aging on Aging
- Kansas Department of Aging and Disability Services

- Kansas Department of Health and Environment
- Kansas Foundation for Medical Care Health Improvement Partners
- Kansas Healthcare Collaborative
- Mid-America Regional Council
- North West Kansas Area Agency on Aging
- Southeast Kansas Area Agency on Aging
- Wyandotte/Leavenworth Area Agency on Aging

## Outcomes

The grantee anticipates the following results from this project.

- Engage with 438 participants in CDSMP, CPSMP, and DSMP at 90% completion rate.
- Engage with 460 participants in WWE.
- Increase the number of healthcare providers who participate in active bidirectional referral from 0 to 12.
- Work with a partnering organization to create a billing/reimbursement pathway.

## Grantee Contact

Lainey Faulkner, Director, Bureau of Health Promotion: [Lainey.faulkner@ks.gov](mailto:Lainey.faulkner@ks.gov)