

Puerto Rico Department of Health

Chronic Disease Self-Management Education Program Grantee Profile, Fiscal Year 2024

Goals

This 4-year grant aims to:

- Develop capacity to increase the number of older adults and adults with disabilities who participate in evidence-based chronic disease self-management education (CDSME) programs and self-management support programs to empower them to better manage their chronic conditions.
- Identify and implement one or more robust strategies that will promote the sustainability of evidence-based self-management education and self-management support programs.

Activities

The grantee and its partners will:

- Form a CDSME advisory committee to enhance support for underserved older adults.
- Improve the technological infrastructure for remote program delivery.
- Develop a pilot project for referral and reimbursement.
- Train and certify 52 leaders in CDSME programs.

Interventions

- Manejo Personal de la Diabetes [Spanish Diabetes Self-Management Program (DSMP)] (In-person and remote)
- Tomando Control de su Salud [Spanish Chronic Disease Self-Management Program (CDSMP)] (In-person and remote)
- PREPARE - PREPARE for your Care/PREPARE su cuidado (In-person and remote)

Partners

To achieve the goals of this project, the grantee will collaborate with these key partners:

- AARP Puerto Rico

- Acción Social
- Alianza para el Control de Enfermedades Crónicas
- Esperanza para la Vejez
- Municipality of Coamo
- Oficina Del Procurador De Persona De Edad Avanzada (OPPEA) State Aging Agency
- Sociedad De Educacion y Rehabilitacion (SER) de Puerto Rico
- University of Puerto Rico Medical Sciences Campus Endowment Center
- Waves Ahead

Outcomes

The grantee anticipates the following results from this project.

- Reach 2500 participants with CDSME programs.
- Expand access to CDSME programs in underserved areas.
- Build a sustainable model for ongoing CDSME program delivery.

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