

Sanford Health

Chronic Disease Self-Management Education Program Grantee



Goals, Strategies, and Activities

The overall purposes of the 3-year “Integrated Networks to Deliver and Sustain Evidence-Based Chronic Disease Self-Management Education Programs” grants are to:

- **Goal 1:** Strengthen integrated state or regional networks that address the social and behavioral determinants of health of older adults and adults with disabilities.
- **Goal 2:** Significantly increase the number of older adults and adults with disabilities who participate in chronic disease self-management education and self-management support programs.

Sanford Health and its partners will:

- Develop a sustainable chronic disease self-management education (CDSME) programming delivery network;
- Focus on remodeling care delivery to address social and behavioral determinants of health by developing community linkages; and
- Support a state-wide centralized web-based platform, the North Dakota Community Clinical Collaborative.

Proposed Interventions

- Chronic Disease Self-Management Program
- Diabetes Self-Management Program
- Chronic Pain Self-Management Program

Partnerships

To achieve the goals of the grant, Sanford Health will collaborate with the following key partners:

- Community-based organizations in target counties (i.e., Food access, education, health care, and housing)
- Innovations for Aging
- Local community advisory councils
- North Dakota Department of Health
- Quality Health Associates of North Dakota/Great Plains Quality Innovation Network
- Sanford Health Plan

Anticipated Results

Sanford Health and its partners propose to achieve the following results:

- Engage 985 participants in CDSME programs, with 655 completers.

Prevention and Public Health Fund 2020, effective August 1, 2020



- Increase participant referrals from community-based and health care organizations, as well as insurance systems to evidence-based programs; and
- Develop a business plan and strategies to sustain ongoing CDSME programming.

Contact:

Shelly Clauson
Sanford Health
shelly.clauson@sanfordhealth.org

For more information:

Administration for Community Living
U.S. Department of Health and Human Services
Washington, DC 20201
<http://www.acl.gov>

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